

MEMORIAL FAMILY  
MEDICINE RESIDENCY  
PROGRAM

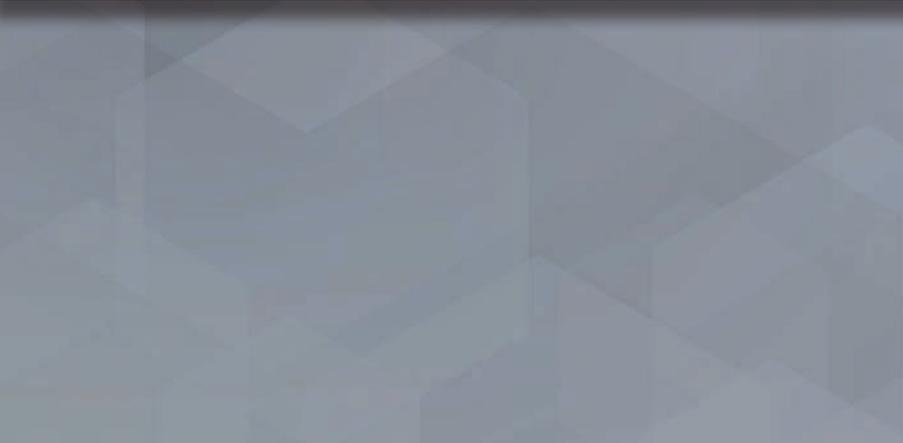
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MEMORIAL  
HOSPITAL

ANNUAL  
REPORT

2017-  
2018



# Letter from the Director

Hello from South Bend and Memorial Family Medicine Residency! It is with mixed emotions that I write what will be my last letter from the program director.

For the past 8 years I have had the honor of leading an outstanding residency program. I was fortunate to assume the position at a time that the program was thriving. With the continued support of Beacon Health System, we have grown from 24 to 27 residents and greatly expanded the family medicine center. The residents are learning in a state of the art facility with a simulation lab, expanded resident work area, and areas for exercise and rest. Our patients are being served in a beautiful clinic with radiology and advanced procedures on site.

While some things have changed, the continued pursuit of our mission has not. We continue to work to enhance the physical, mental and emotional wellbeing of the community. We focus on excellence in education and patient care. In this annual report, we would like to share some of the many important events of the past academic year and highlight some of our graduates and leaders.

A unique practice of entirely Memorial Family Medicine graduates is featured in our leadership profile. Although they graduated at quite different times from the residency, they continue to work together in Goshen to improve that community and serve their patients.

The residents have also maintained our tradition of excellence. They have provided patient care in South Bend, Honduras and Africa. They have excelled in the in-training exam, where again we have exceeded the national averages. We are very happy to have had a successful match and welcomed 9 new residents. They will join their colleagues in our clinic and the hospital to serve a large population and provide services that would otherwise be difficult for our patients to access.

We were also honored to receive the Baldwin Award this year. Memorial Hospital was recognized for excellence in residency education and humanism in education and patient care. While we don't strive to win awards, this recognition fits well with our core values and we are quite proud to have been recognized.

With the support of Memorial Hospital and Beacon Health System, the residency continues to prepare physicians to be outstanding family doctors and community leaders. It has been an honor and pleasure to serve as program director for the past 8 years. As I transition to the Vice President of Medical Affairs role at Memorial, I know that the program is well positioned for future success and look forward to supporting Dr. Kristine (Tina) Jennings as the new program director.

Thank you for your continued support of our program.



Dale A. Patterson, MD  
Program Director

## THE MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM FACULTY



Dale Patterson, MD  
Program Director



Janel Charlton, MD  
Senior Associate Director



Tucker Balam, DO  
Associate Director  
Director, OB Fellowship



Anton Crepinsek Jr., MD  
Associate Director



Tina Jennings, MD  
Associate Director



Marion Mahone, MD  
Faculty Hospitalist



Linda Mansfield, MD  
Director, Sports Medicine



Jason Marker, MD  
Associate Director  
Clinic Director



Gerald Morris Jr., MD  
Faculty



Gregory Pouliot, PhD  
Behaviorial Medicine  
Director



Matthew Reed, MD  
Faculty Hospitalist

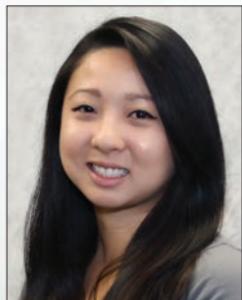


Emily-Rae Singh, MD  
Associate Director



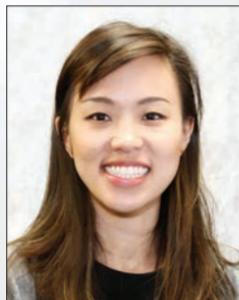
Randall Suttor, MD  
Associate Director

# Class of 2018 GRADUATES



**Amanda Booth, MD**

Amanda graduated from John Hopkins University and received her medical degree from Southern Illinois University School of Medicine. Amanda's biggest achievement during residency was the birth of her son, Lincoln. In her free time, Amanda enjoys hiking, watching animes and enjoying the ukulele. After graduation, Amanda and her husband, Luke, plan to move to Kansas City, Missouri where she then plans to go into solo practice.



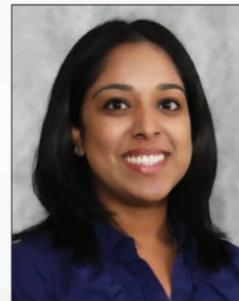
**Susan Cheng, MD**

Susan graduated from the University of California, San Diego and earned her medical degree from Ben-Gurion University of the Negev Faculty of Health Sciences. Susan's greatest residency accomplishment was starting the resident-run quarterly Clinic Newsletter where she served as the editor. Susan also had the opportunity to travel to Liberia, Africa where she performed and assisted on general and obstetrical surgeries, provided hospital-based and primary-based medical care in a resource limited setting. In her spare time, Susan loves traveling and learning new cultures. She notes that her favorite pastime is listening to all genres of music, playing music (piano and guitar), reading non-fiction books about the study of human social behavior and watching science fiction movies. Following graduation, Susan plans to move to back to Southern California where she plans to be a hospitalist.



**Thomas Erickson, MD**

Tommy graduated from Bethel University and received his medical degree from University of North Dakota School of Medicine and Health Sciences. Tommy's major accomplishment in residency finishing the program and finishing medicine! He would also like to give special attention to the delivery of his 100th baby and successfully renovating his kitchen over his three years of residency! In his spare time, Tommy enjoys furniture collecting and biking. Following graduation, Tommy will be starting an Obstetrics Fellowship with Memorial Hospital of South Bend, South Bend, Indiana.



**Angela Puthenveetil, MD**

Angela graduated from Kasturba Medical College of International Center, Manipal, India and earned her medical degree from American University of Antigua College of Medicine. One of Angela's biggest accomplishments of residency was being elected vice chief by her peers. Angela is especially proud of her contributions and development of the wellness committee that was started this year. Angela played a vital role as wellness chief and helped implement wellness into the residency. In her free time, Angela enjoys hiking, yoga and traveling with her fiancé Sameer. Following graduation, Angela will join an Integrative Medicine fellowship at the University of Arizona, Tucson, Arizona.



**Senaka Ratnayake, MD**

Senaka graduated from Dickinson College and received his medical degree from Indiana University School of Medicine. Senaka notes his biggest accomplishment during residency was obtaining perfect attendance and never missing a shift. In his free time, he enjoys triathlons and camping. Senaka and his fiancé, Chelsea, are planning a 2018 fall wedding. After graduation, Senaka will pursue a Health Services Management Fellowship with Memorial Family Medicine Residency of South Bend, South Bend, Indiana.



**Sergio Sean Salés, MD**

Sean graduated from Wheaton College and earned his medical degree from University of Illinois College of Medicine. Sean's biggest residency accomplishment was his ability to deliver care to his Spanish-speaking patients in their native language. He also gives recognition to his work as a resident delegate to the Indiana State Medical Association and serving on the Reference Committee that helped craft resolutions that resulted in recent legislation restricting use of prior authorizations in Indiana and requiring schools to allow students to wear sunscreen without a doctor's prescription. Sean also served as a trustee to the St. Joseph County Medical Society. His hobbies include history, the outdoors and genealogy. Sean gives special reconigion to his wife, Rebekah, and his two dogs, Canela and Dilly. Following graduation, Sean will enter a group practice with Southern Indiana Community Health Care in Paoli, Indiana.



**Rachel Schuster, DO**

Rachel graduated from Valparaiso University and earned her medical degree from Chicago College of Osteopathic Medicine of Midwestern University. Rachel's biggest accomplishment was being voted chief resident by her peers. In her spare time, Rachel enjoys sand volleyball, running, and yes, balancing her checkbook. Rachel also enjoys spending time with her husband, Randy, of three years. Following graduation, Rachel will stay with Memorial Family Medicine Residency of South Bend, South Bend Indiana for a Health Services Management Fellowship.



**Jonathan Vida, MD**

Jon graduated from the University of Michigan and earned his medical degree from Michigan State University College of Human Medicine. Jonathan notes his biggest accomplishment of residency was being able to deliver both of his children. He also notes that he managed to put on a remarkable thirty-pounds, he's not sure if the root cause is children or residency. In his spare time, Jon enjoys canoeing, playing video games and drinking his favorite hops inspired beverage. Following graduation, Jon will join the Memorial Hospital of South Bend hospitalist group, South Bend, Indiana.

# Class of 2019



Robert Cassidy, MD



Jonathan Ditty, MD



Ryan Enck, MD



Michael Fecher, MD



Benoit Herbert, MD



John Kelly, MD



Thomas McGinn, DO



Thomas Pechin III, MD



Alexander Porte, MD

# Class of 2020



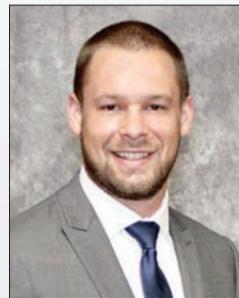
Jonathan Aubry, MD



Kimberly Azelton, MD



Katharine Callaghan, MD



Mitchell Daugherty, MD



Timothy Day, MD



Johnny Gerardot, MD



Megan Ishikawa, MD



Brent Pickett, DO



Frederick Ruckersfeldt, MD

# Class of 2021



**Ryan Berns**

**Hometown:** Oak Creek, Wisconsin

**Undergrad:** University of Wisconsin – Madison

**Medical School:** Medical College of Wisconsin – Green Bay

**Medical Interests:** Sports medicine, public health, preventive/lifestyle medicine, procedures, point-of-care ultrasound.

**Hobbies/Personal Interests:** Spending time with his wife and kids, weightlifting, distance running, yoga, hiking, biking, kayaking, camping (really anything outdoors), and following his beloved Wisconsin sports teams



**Brian Jones**

**Hometown:** Madison, IN and Cincinnati, OH

**Undergrad:** Brigham Young University

**Medical School:** A.T. Still University-School of Osteopathic Medicine in Arizona

**Medical Interests:** Rural medicine, Emergency medicine, Nutrition, Preventive medicine

**Hobbies/Personal Interests:** Going on “adventures” with his wife and 3 children, exploring nature, grilling out, watching movies, going to flea market



**Amber Lichtenbarger**

**Hometown:** South Bend, IN

**Undergrad:** Indiana University South Bend

**Medical School:** Indiana University School of Medicine

**Medical Interests:** Full-spectrum family practice

**Hobbies/Personal Interests:** Spending time with family and friends; Hiking, biking, and camping; Watching her daughters play volleyball; Reading epic fantasy novels and watching action-adventure movies



**James McCarrey**

**Hometown:** Pasadena, CA

**Undergrad:** Brigham Young University

**Medical School:** Lincoln Memorial University - DeBusk College of Osteopathic Medicine

**Medical Interests:** Chronic disease, under-served populations

**Hobbies/Personal Interests:** Spending time with family, hiking, music



**Autumn Menkedick**

**Hometown:** Guilford, IN

**Undergrad:** University of Southern Indiana

**Medical School:** Indiana University School of Medicine

**Medical Interests:** Care of the Underserved, Rural Medicine

**Hobbies/Personal Interests:** Spending time with family and friends, baking, hiking, trying new foods, and traveling.



**Jacob Nafziger**

**Hometown:** Archbold, Ohio

**Undergrad:** Cedarville, Ohio

**Medical School:** Ohio University Heritage College of Osteopathic Medicine

**Medical Interests:** Rural family medicine, procedures

**Hobbies/Personal Interests:** Golf, basketball, fountain pen collecting, going on walks with his wife and son



**Kyle Ramthun**

**Hometown:** Dearborn, Michigan

**Undergrad:** Calvin College

**Medical School:** Wayne State University School of Medicine

**Medical Interests:** Primary care procedures, cross-generational care, international medicine

**Hobbies/Personal Interests:** Spending time with his wife, Andrea, and 2-year-old daughter, Addy, exercising outdoors as a family, and following his Detroit sports teams.



**Mary "Betsy" Sutherland**

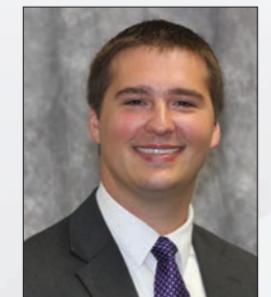
**Hometown:** Fruitport, Michigan

**Undergrad:** Tennessee Temple University

**Medical School:** St. Louis University School of Medicine

**Medical Interests:** Underserved medicine, global health, obstetrics

**Hobbies/Personal Interests:** Reading, teaching, education and advocacy concerning human trafficking, participating in church activities, playing with her nieces and nephews



**Dyllan Tiburzi**

**Hometown:** Benld, Illinois

**Undergrad:** University of Illinois at Springfield

**Medical School:** University of Illinois College of Medicine at Rockford

**Medical Interests:** Full-scope Family Medicine, Procedures, Rural Medicine, Community Health

**Hobbies/Personal Interests:** Enjoying time with his wife April, anything outdoors - especially fishing, spending time with his brothers Dennis and Derrek, travelling to new places

# Our Physicians AROUND THE WORLD

## DR. JONATHAN DITTY

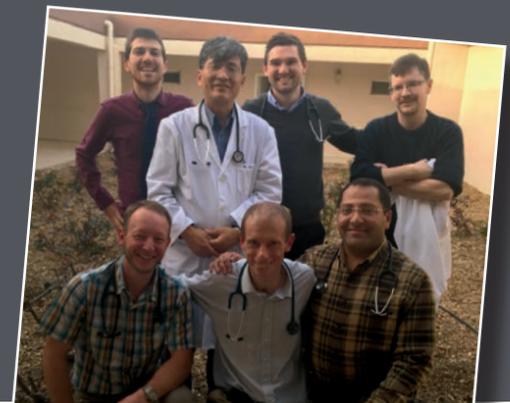


In February and March 2018 I had the opportunity along with my wife and two young boys to spend a month at Annoor Sanatorium for Chest Diseases in Mafraq, Jordan. The hospital was established to treat tuberculosis among the Bedouin of northern Jordan, a traditionally nomadic people group living throughout the Middle East known for their mastery of desert life as well as their cultural pride and warm hospitality. The hospital and

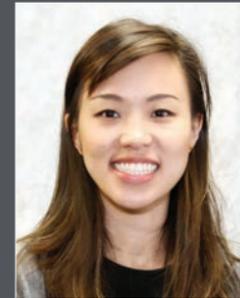
clinic also serves a growing population of Syrian refugees with one of the largest refugee camps just a few miles down the road. There were numerous cases of multi-drug resistant TB as well as a case of extensively-drug resistant TB often due to incomplete treatment courses as a result of war and lack of access to medical care.

I spent most of my mornings seeing patients in the clinic with my meager Arabic and a great translator. In the afternoons I rounded on inpatients with a team of amazing doctors from around the world including family doctors, pediatricians, and a pulmonologist. It was humbling to work alongside these incredible volunteer physicians and am thankful to have had the opportunity to spend a month learning from them during residency.

*- Jonathan Ditty, MD*



## DR. SUSAN CHENG



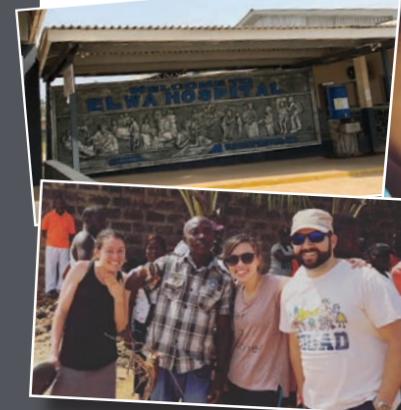
I had the privilege of spending a one-month international rotation as a resident at ELWA Hospital in Liberia, Africa. ELWA Hospital is run by a mission organization called SIM. The hospital is known internationally as it was one of the major hospitals that treated Ebola patients during the 2014 outbreak that devastated several western African countries including Liberia.

I was very fortunate to connect with several missionaries from my church in Granger, Indiana and they introduced me to Ebola survivor and missionary physician, Dr. Rick Sacra. The first time I met Dr. Sacra, he gave me a big hug and told me that he had Ebola. At the same time, he told me not to worry because he was no longer contagious, and there began a great mentor-mentee friendship.

My trip to Africa was primarily motivated by my longtime desire to serve the African people. The desire to go to Africa arose during college when I heard about the HIV/AIDS epidemic in Africa and the medical care that they lack to meet the needs there. It was around that same time in college that I decided to become a physician and left my prior desire to study architecture. Since I started my path in medicine, I have traveled to many countries, including India, Asia and the Middle East but have never made it to Africa until now.

Africa through the lens of ELWA Hospital is an experience that I will never forget. The hospital's campus is located on the beautiful and ageless beach of Liberia looking out onto the warm Atlantic Ocean. I remember looking out to the ocean as the sun set on a calm sea that turned the sky into the most magnificent shade of purple, the juxtaposition of this picturesque sky with the knowledge of Liberia's devastating past burdens me deeply. Liberia has gone through two decades of bloody civil war and subsequently the Ebola epidemic. Children have been made into soldiers; wives have become widows, and daughters have been forced into prostitution. A country that was established by freed slaves of America, after the year 2016, was finally able to start seeing some meaningful changes. Despite their past, Liberians are incredibly welcoming and warm. Most of them spoke Liberian-English, which is essentially English with a heavy African accent. It took me a week working in the ER with an American missionary nurse to get used to the language.

My typical days consisted of going to the chapel early in the morning to pray with the hospital staff and worship in song together. I would attend morning rounds with the family medicine residents and attending physicians in the adult medical wards and obstetric ward. During the mid-morning, I would start outpatient clinic and would continue into the afternoon. On a typical day at the clinic, I would see



approximately 10-15 patients. At times the nurse would pull me aside to assess a wound that was complicated. Help was always needed in the ER, surgical ward, and obstetrical ward. ELWA has one x-ray machine and three portable ultrasounds that I used quite often. I scrubbed into as many surgeries as I could (and there were plenty). There was an American surgeon from Tennessee on her first assignment through Samaritan's Purse post-residency program who I did a lot of general surgeries with. Together we saw many cases as the result of complications from prior surgeries. A previously healthy 19-year-old who had an appendectomy surgical wound that got infected and was later mismanaged presented with sepsis and was in extreme cachexia. We found a total of 7-9 fistulas in the colon and had to resect a part of his colon. There were many of these experiences during my time in ELWA. I learned about the brevity of life and how precious each moment is. I had the privilege of learning from these missionary and African doctors. Their resilience and their strength under constant adversity inspire me. My short time there was made sweeter by the friendships made with the Liberians as well as the missionaries. I'm looking forward to returning to ELWA Hospital to serve again in a greater capacity in the future. I'm thankful that Memorial sent me to Africa to fulfill my longtime goal. I do want to encourage those who are interested in practicing third world medicine to come to ELWA Hospital to learn. It is truly a multifaceted hospital with great resources and a wealth of learning potential.

*- Susan Cheng, MD*

# Our Physicians AROUND THE WORLD



## DR. BENOIT HERBERT



In January I had the chance to be part of a mission trip to Port-au-Prince, Haiti with a team from Memorial and Arizona. We worked under the St. Luke Foundation for Haiti and its founder Fr. Rick Frechette, DO. Meeting Fr. Frechette was inspirational; he has dedicated his life to the people of Haiti as a priest

in every ways imaginable, even returning to the US for a time to attend medical school out of necessity to be able to further serve. We operated as an outpatient surgery center and performed 85 cases in one week. This has been a life changing experience for me, as I have felt the desire to serve in underserved country for a long time, but never had the opportunity to do so. I thank the Memorial residency for this opportunity and look forward to the opportunity to serve again in Haiti.

*- Benoit Herbert, MD*



## DR. SERGIO SEAN SALÉS



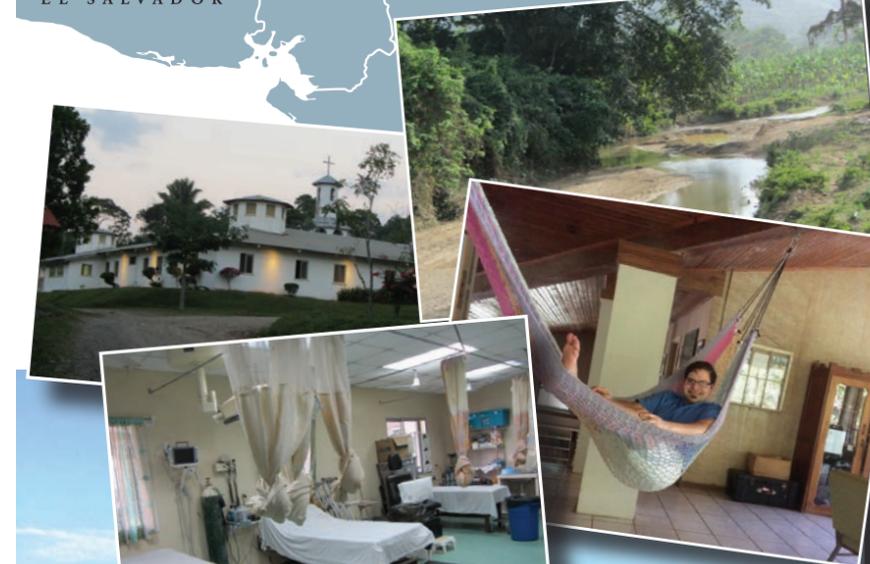
Nestled among the misty Northern coastal foothills of Honduras' tropical rainforest, Mafraq is a rural critical access, full-service 15-bed hospital with an ER, two OR suites, and two private OB delivery rooms. I am ever so grateful to Memorial for providing me with the opportunity of serving

there as family physician for a month. The hospital's deft combination of shrewd resource stewardship and dedication to quality patient care was an ideal training ground in preparation for my work after residency at a rural practice and hospital. It was also an ideal setting combining relative independence, working at the top of my scope of practice, while still facilitating intentional learning, especially of tropical disease processes. My training at Memorial certainly equipped me to step into a full scope setting such as this and be confident and competent while doing so.

My time there consisted of a combination of seeing patients in clinic during the week, taking call in the emergency department overnight and on the weekends, delivering babies when on call, and rounding on my patients in the inpatient ward. Throughout these various practice settings, my greatest joy was getting to know and caring Hondurans from different backgrounds, but they were uniformly determined, generous, and kind. About half of my patients came by car, moped or walking from 4-12 hours away for the chance of receiving an appointment. The other half already had regular appointments scheduled; very few of these no-showed. Whether it was a routine visit for high blood pressure, or diabetes or new diagnosis of cancer, everyone who came was grateful to be seen.

Overall, my time at Loma de Luz gifted me with a clear sense of perspective. It broadened my love for people, reinvigorated my passion for family medicine, and renewed in me a clear sense how blessed we are in the United States. Because of this trip and the training I have received at Memorial, I am confident that rural practice will be a good fit for me and that international medicine will be a vital part of my future practice.

*- Sergio Sean Salés, MD*



### Procedural Training Remains a Core Part of the Fellowship Program

MSK ultrasound training remains a strength of the sports medicine fellowship program and is now being recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. Also at the Sports Medicine clinic, innovative procedures such as PRP and percutaneous tenotomy continue to be performed, and fellows are graduating the fellowship well-trained to go out into practice and help their patients with the use of these techniques.

### Annual Training for Emergency Preparedness Prior to Fall Sports Season

In a session coordinated by Beacon Sports Medicine, Residents and athletic trainers from both the Memorial and Saint Joseph systems participated in a practice session for the care of a spine injured athlete on the athletic field. Volunteers suited up in football gear, so that the removal of the gear could be practiced prior to spine boarding the patient. This session is quite beneficial as the residents and athletic trainers in both systems are often both present at the games, and training together gives our community's student athletes a higher level of safe participation.

### Presentations at AMSSM and ACSM National Meetings

At the annual AMSSM National Meeting, Sports Medicine fellow Will Paulson, MD and resident Mitch Daugherty, MD presented interesting cases in the form of poster presentations. First year resident Brent Pickett, DO presented a poster highlighting his original research concerning musculoskeletal injuries in classical musicians.

### Local High Schools and Two Colleges in South Bend Well Served by Beacon Certified Athletic Trainers and Physicians

The relationship between the South Bend Community School Corporation and Beacon Sports Medicine continues to be strong. Memorial provides certified athletic trainers to Riley, John Adams, Clay, and Washington High Schools. Laville High School and Edwardsburg High School also have ATC's provided by Memorial Hospital. Drs. Linda Mansfield and Michael Messmer, sports medicine fellow Dr. Will Paulson, as well as residents Drs. Senaka Ratnayake and Tom McGinn provided sideline and

training room coverage for these schools. In addition, all the residents participate yearly at the schools to provide preparticipation physicals to the athletes. Drs. Mansfield and Paulson visited Holy Cross College and IUSB weekly during the school year to attend to injured athletes. These schools also had physician coverage for their basketball games provided by Drs. Mansfield, Messmer, Tucker Balam, and several of the residents. This is a great opportunity for the residents to get experience providing medical coverage for collegiate level sporting events.

### Sports Medicine Fellowship Match

The Sports Medicine Fellowship, which is a collaboration between the family medicine residencies at Memorial Hospital and St. Joseph Regional Medical Center, matched two fellows for the class of 2018-2019. Thomas Finn, DO and Patrick Walsh, MD will be joining us on July 1st for a busy year working in the sports medicine clinics, at the high schools, with athletes at several NAIA schools in town, and with the University of Notre Dame to further their sports medicine knowledge and experience.

### Sunburst Medical Tent Volunteers Well Prepared to Handle Casualties of the Race

Attending physicians, fellows, residents, and medical students were among the volunteers in the medical tent at the Sunburst Races this year. Under the medical directorship of Dr. Mansfield, they were prepared to treat everything from minor injuries requiring only first aid to heat stroke, which would be treated in ice immersion baths on site. The weather was favorable, and it was another year of keeping all runners safe. Both sports medicine fellows were present as well as residents Jon Aubry, MD, and Tom McGinn, DO.



### 2018 Baldwin Award

The Arnold P. Gold Foundation and the Accreditation Council for Graduate Medical Education (ACGME) recognized Memorial Hospital of South Bend as a winner of the 2018 DeWitt (Bud) C. Baldwin, Jr. Award. Memorial was one of two hospitals honored for fostering a respectful and supportive learning environment for graduate medical education. The awards were presented in Orlando, Florida, as part of the 2018 ACGME Annual Educational Conference: Engaging Each Other: Transformation through Collaboration.

"Our two 2018 Bud Baldwin Award winners serve as examples of ideal learning environments, where a culture of humanism can be seen throughout their systems," said Richard Levin, MD, President and CEO of The Arnold P. Gold Foundation. "By training young physicians in a culture of respect and compassion, Excelsa Health Latrobe Hospital and Memorial Hospital of South Bend are making a powerful difference for both their own patients and staff but also for the healthcare organizations where these residents will work in the future."

Dr. Dale Patterson (Program Director and DIO), Dr. Greg Pouliot (Director of Behavioral Medicine), and Larry Tracy (President), accepted the award on behalf of Memorial Hospital. "Our core values at Memorial and Beacon Health System include compassion and respect. It is an honor to be recognized by these two respected organizations for displaying these values not only in the care of our patients, but also in our educational and work environment," commented Dr. Patterson.

The Bud Baldwin Award invites high-performing sponsoring institutions identified by the ACGME and Gold foundation to apply for a site visit to welcome a team of site visitors to assess the institution's professionalism, collaborative behavior and positive environment. In the application process, Memorial highlighted its "Be a Beacon" program that encourages all associates to deliver exceptional care to patients and to foster a supportive team environment. During the site visit, institutions are asked to demonstrate the professionalism and success in addressing medical education issues and implemented programs to support their application. The site visitors interviewed and interacted with residents to get their perspective on the culture of the residency and hospital.

The ACGME and Gold Foundation DeWitt (Bud) C. Baldwin, Jr. Award originated in 2016 to highlight institutions with accredited residency/fellowship programs that are exemplary in fostering a respectful environment for medical education training. The award also seeks to highlight the focus of patient-centered care and compassion throughout the institution.



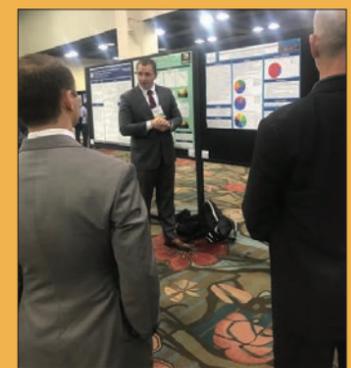
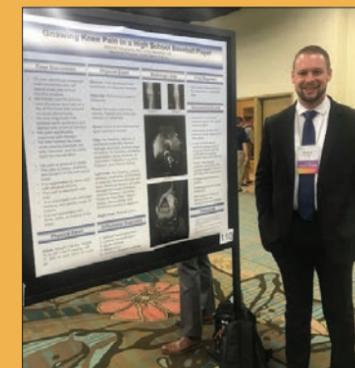
From left to right: Carol J. Fox, MD, FAAP, Senior Vice-President and Chief Medical Officer, Excelsa Health, Gregory Pouliot, PhD, Behavioral Medicine Director, Memorial Hospital of South Bend, Dale Patterson, MD, Designated Institutional Official of Memorial Hospital of South Bend, DeWitt (Bud) Baldwin Jr. and his wife, Michele Baldwin, Larry Tracy, President, Memorial Hospital of South Bend and Richard Levin, MD, President and CEO, The Arnold P. Gold Foundation

*The ACGME and Gold Foundation DeWitt (Bud) C. Baldwin, Jr., Award recognizes institutions that foster a respectful, supportive environment for medical education. The award emphasizes the joint responsibility of health system and graduate medical education leadership for delivering high-quality health care while simultaneously supporting the personal and professional development of learners and faculty.*

## GRADUATION AND NEW BEGINNINGS

Finally, the 2017-2018 Sports Medicine Fellows were honored at a graduation ceremony on June 26, 2018. Dr. William Paulson and Dr. Joel Jaeger were presented with their certificates of completion. We wish them both congratulations and good luck in their future endeavors.

### Presentations at AMSSM and ACSM National Meetings



# CURRICULUM

## Obstetrics Program

Our residency program has a long tradition of offering an outstanding obstetrics experience within the framework of a traditional family medicine residency curriculum. Our graduates have gone on to incorporate obstetrics into their practices and utilize those skills at home and abroad. Our residents provide 24-hour coverage of the Memorial Childbirth Center, a busy unit that averages 200+ deliveries monthly. They are the frontlines for triage, labor, delivery and our antepartum unit seeing nearly every patient arriving to the unit. As Memorial Family Medicine Residency is unopposed there are no other residents competing for this experience. In addition to the inpatient experience, our residents care for approximately 400 women per year at Beacon Medical Group E. Blair Warner Family Medicine Center.

## OB Fellowship

Since its inception in 2003, we have been pleased to offer a yearlong Family Medicine Obstetrics Fellowship to one candidate per year. The goal of the fellowship is to expand upon the education the resident has received and to teach surgical obstetrics; including cesarean sections, tubal ligations, and advanced ultrasound skills. This exposure to higher risk obstetrics and the procedural skills they develop are a great asset to the communities in which they practice. The structure of the fellowship is designed in such a way as to allow continued exposure to the breadth of family medicine, and to maintain a broad and current knowledge base. Each fellow is expected to create and present a research project. The fellow serves as a mentor, and an active member to the educational team, teaching residents in the clinic and the hospital.



**James Strycker, MD**  
2017-2018 OB Fellow

## Health Services Management

### An Introduction

The Health Services Management (HSM) curriculum was developed in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends their residency by one year to allow time to earn a Master of Public Affairs in Health Services Management degree. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

### Accomplishments/Successes

Fifteen residents have graduated from the Health Services Management curriculum. Currently, there are three residents enrolled in the HSM curriculum: Senaka Ratnayake, MD, PGY-IV, Rachel Schuster, DO, PGY-IV, and Katherine Callaghan, MD, PGY-II. Dr. Schuster, like six prior HSM 3rd year residents, served as the Chief Resident last year. Of the first 15 residents who have graduated from the HSM curriculum, four have won the coveted Bristol-Myers Squibb Award.

Dr. Jason Marker was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a Past President of the

Indiana Academy of Family Physicians, a Past President of the American Academy of Family Physicians Foundation, and a Past Director of the American Academy of Family Physicians. He currently serves as the Practice Transformation Core Team Leader for Family Medicine for America's Health.

In 2010, Dr. Brandon Zabukovic, who graduated from the HSM curriculum in 2006, was honored as one of the first winners of the Pfizer Teacher Development Award given by the American Academy of Family Physicians Foundation. He is the medical director of the Beacon Medical Group Centennial Neighborhood Health Center and practices with two other HSM curriculum graduates, Drs. Leah Craft and Michael Kozak. Dr. Zabukovic provides staffing support and regular didactic education at the residency and leads the Michiana Opioid Task Force which is working to develop a community-wide approach to combating the opioid epidemic in northern Indiana. He is advising the Memorial Residency on the development of its own Suboxone Program for its patients' recovering from opioid addiction.

Dr. Benjamin Adkins graduated from the HSM curriculum in 2004 and practices in Pullman, Washington where he utilizes the procedural skills learned at Memorial Hospital to provide Cesarean sections and colonoscopies in addition to providing full spectrum family medicine to his patients.

Many HSM graduates still practice at Memorial Hospital where they share their expertise with

the current resident physicians through a variety of teaching venues. Dr. Keyna Martinez, who practices at Beacon Medical Group Lakeville, frequently lectures on practical patient management topics at noon conference but also hosts many residents in her rural family medicine practice. Dr. Marion Mahone is one of the Academic Hospitalists who provide inpatient adult medicine teaching full-time on the Staff Medicine service on an alternating basis with program alum Dr. Matt Reed.

The residents in the HSM curriculum provide noon conferences on practice management topics once or twice in their third and fourth years of residency, and contribute significantly to the overall teaching of practice management in the curriculum. These fourth year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center clinic, providing adjunct teaching support on the Staff Medicine service, and sharing result of system-based research that they are doing as a part of their Master's degree with their peers.

The alumni of the HSM curriculum have branched out into many areas of patient care, community leadership and health care administration and attribute their ability to do so to their training experience at Memorial in the HSM program. They feel blessed by the Beacon management team's long-standing support of this program and their willingness to create opportunities for this advanced educational environment to flourish.

# LEADERSHIP SPOTLIGHT

## Goshen Family Physicians



(Left to Right) **Amanda Schmidt, MD, Katie Michalczyk, MD, Timothy Thut, MD, and Bethany Wait, DO**

In 1977, Dr. Timothy Thut graduated from the Memorial Family Medicine Residency program and started Goshen Family Physicians. For the first year, Dr. Thut practiced family medicine solo, but was later joined by a second Memorial Residency graduate, Dr. Larry Walter. Over the years, the vision of the ideal practice has evolved with Dr. Thut. He notes that initially two providers seemed to be the ideal practice size, but after twenty years the practice has grown exponentially. Overall, Dr. Thut has practiced with a total of seven Memorial Residency graduates.

While the foundation of Goshen Family Physicians started with Dr. Timothy Thut, he is currently accompanied by three Memorial graduates in daily practice. Drs. Katie Michalczyk, Bethany Wait, and Amanda Schmidt have all played various roles within Goshen Family Physicians and the community.

Dr. Bethany Wait, a 2010 graduate, has a special interest in obstetrics care, manipulative

therapy and nursing home care. While practicing private care family practice, Dr. Wait has participated in several committees for hospital improvement while enhancing her office management skills with the anticipation of continuing the office operations when Dr. Timothy Thut elects to retire.

Dr. Amanda (Mandy) Schmidt, a 2011 graduate, has a special interest in pediatric patients and hospice care. Outside of private practice, Dr. Schmidt enjoys working at the Center for Healing and Hope, a clinic that works with the underserved / uninsured and provides social services particularly to Elkhart County's large immigrant populations. She enjoys finding ways for this particular organization and their private practice can best serve the community.

Lastly, Dr. Katie Michalczyk, a 2012 graduate, has a strong interest in Women's Health and continues to practice full spectrum with outpatient, inpatient and OB populations. Beyond the patient care, Dr. Michalczyk is

also involved in work with the Center for Hope and Healing, medication safety committees and the ACO Medical Management and Quality committees. In the absence of an office manager, Dr. Wait provides assistance with financial planning while Dr. Michalczyk is integral in personnel management and has become a part of her job that enjoys.

As Goshen Family Physician's continues to grow, they look forward to the expansion and joining of two additional providers within the next year. Their impact in the community is far reaching and strongly appreciated. They each bring unique pieces to the practice and are a shining example of how teamwork can make a place better. We are proud of all of our alumni and these four highlight that. The full spectrum training they received at Memorial Residency is living on in the good work they continue to do at Goshen Family Physicians.

# GMEC REPORT

## 2017-2018 Academic Year

Medical Education Committee (GMEC) insures that Memorial Hospital complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2017-2018 are:

Joyce Bethke	Gary Fromm, MD	Linda Mansfield, MD
Janelle Blickensderfer, DO	Lori Harding	Linda Magnuson
Kristine Borger	Tara Hunsberger	Dale Patterson, MD
Janel Charlton, MD	Stacey Jackson	Rhonda Reed
Debbie Ely	Kristine Jennings, MD	Richard Skupski, MD
Thomas Erickson, MD	John Kelly, MD	Katrina Vanderveen, MD
Edward Durbin, MD	Lindsay Kramer, MD	Cheryl Wibbens, MD
Mark Fox, MD		

The Memorial Hospital Family Medicine Residency currently has a full accreditation and expects to be surveyed by the ACGME in 2019. A detailed mid-cycle internal review of the residency program was performed in the 2011 that insured substantial compliance with the current ACGME standards.

Resident schedule and supervision were updated in 2011 and the program continues to maintain compliance with the ACGME Duty Hours Rules and the requirements for supervision. Duty hour reporting was reviewed by the residency and the GMEC. It was determined that the resident schedule and requirements continue to insure substantial compliance with current ACGME standards.

Milestones were introduced by the ACGME to evaluate resident physicians. These provide a framework for the assessment of the resident physician in key dimensions of the elements of physician competency in family medicine. Our program has implemented milestones as part of our evaluation of every resident in our program.

The residency continues to expand the use of an electronic evaluation system. New Innovations software allows for the electronic evaluation of rotations and resident performance including the milestone based system implemented with NAS. The evaluations are now ACGME Milestone based and progressive through the 3 years of training. Our residents continue to perform exceedingly well on evaluations and on the annual in-training exam on which our 3rd year residents exceeded the national average score during their training.

The residents continue to be responsible for patient care in both the hospital and outpatient setting. They are also members of all of the medical staff committees and actively participate in the morbidity and mortality conferences that improve patient safety and quality of care. The revised curriculum meets all of the requirements of the Family Medicine specific requirements effective on July 1, 2016. There have been no citations for patient care issues.

Program graduates continue to be pleased with their training and excel in their careers as documented elsewhere in this report. The annual survey of graduates was presented to the GMEC.

The experienced faculty continues to demonstrate excellence in teaching and to develop their teaching skills. The faculty development program included residency specific quarterly events as well as attendance at national meetings.

In summary, the Memorial Hospital Family Medicine Residency continues to be an excellent residency training program that is proud of the accomplishments of the residents, faculty and alumni.

# ALUMNI NEWS

## **Cynthia Heckman-Davis, MD** 1984 – South Bend, IN

Dr. Heckman-Davis entered retirement after 34 years of service.

## **Robert Riley, MD** 1987 – South Bend, IN

Dr. Riley retired from his role as Associate Director with the Memorial Family Medicine Residency in January of 2018.

## **Dale Patterson, MD** 2000 – South Bend, IN

Transitioned from his role as Program Director and took a job as Vice President of Medical Affairs within Beacon Health System. He will continue to work in his capacity as DIO to the residency.

## **Amy Hogue, MD** 2009 – Sioux Falls, SD

Completed National Institute for Program Director Development Fellowship through the Association of Family Medicine Program Directors. Presented research project "Family Physician Burnout in Rural vs. Metropolitan Areas" at the AAFP's Program Director's Workshop in Kansas City in March 2018 and at the Rural Training Track Collaborative Annual Meeting in Spokane, WA in April 2018.

## **Ryan Foreman, MD** 2013 – Osceola, IN

Ryan and Evalina Foreman welcomed Elise Veline on April 5, 2018. She's made of sugar and spice and everything nice.

## **Amy Corrigan, MD** 2014 – Indianapolis, IN

Amy continues to work in a sports medicine only practice at her dream job. She has served as team doc and has traveled to China covering USA diving in addition to traveling to London for the Paralympic track and field world championship.

## **Stephanie Waldrop, MD** 2014 – South Bend, IN

Stephanie and Mike Waldrop welcomed their third son, Thacker Charles Waldrop on February 28, 2018. He weighed in at 8lb,12 oz.

## **Michael Kozak, MD** 2015 – Mishawaka, IN

Michael and Rachel Kozak welcomed their daughter Vivian Johanna on January 25th, 2018. She weighed in at 8 lbs, 8 oz and, lucky for her, takes after her mother.

## **Rick Ward, MD** 2016 – Harpers Ferry, WV

Rick joined the faculty at Harpers Ferry Residency where he practices full spectrum medicine. He continues to travel abroad to provide medical care and again was part of the Haiti Mission Trip.

## **Feranmi Okanlami, MD** 2017 – Ann Arbor, MI

Dr. O joined the faculty at University of Michigan in a joint appointment to the Department of Physical Medicine and Rehabilitation as well as a role in The Office for Health Equity and Inclusion. He continues to advocate and lecture nationally on diversity, equity and inclusion in medicine.

## **Conor Mullin, MD** 2017 – South Haven, MI

Conor and Annie Mullin welcomed twin boys, Thomas and Miles, on January 26, 2018. They weighed in at 6 lbs 1 oz and 6 lbs 14 oz.

## **James Strycker, MD** 2017 – Ann Arbor, MI

Jim and Jennie Strycker welcomed their son Gilbert Merton on August 16, 2017. He weighed in at 7 lbs 8 oz. Jim also finished his OB fellowship and plans to stay on as a Beacon provider practicing full spectrum care out of E. Blair Warner Family Medicine Center.

## **Isaac Hatton, MD** 2017 – Wichita Falls, KS

Isaac and Camille Hatton welcomed their son, Sojourn, into the world. Isaac finished his international medicine fellowship at Via Christa and plans to work abroad next year as faculty at a medical school.



Beacon Health System is the largest, locally owned nonprofit health care organization in north central Indiana and southwestern Michigan, providing world-class care to more than 100,000 people every year. Beacon includes Elkhart General Hospital, Memorial Hospital of South Bend, Beacon Children's Hospital, Beacon Medical Group, Beacon Health Ventures and other entities focused on exceptional acute care, health education and disease prevention.



Memorial serves as a 526-bed regional referral center providing a Level II trauma center and the most comprehensive care in the area for cardiac, cancer, childbirth, pediatric, emergency medicine and rehabilitation services. Memorial includes a pediatric emergency transport program and the MedFlight helicopter that covers communities within a 150-mile radius. Beacon Children's Hospital has the region's highest level Newborn Intensive Care Unit and the area's only pediatric intensive care unit and pediatric hematology/oncology program.

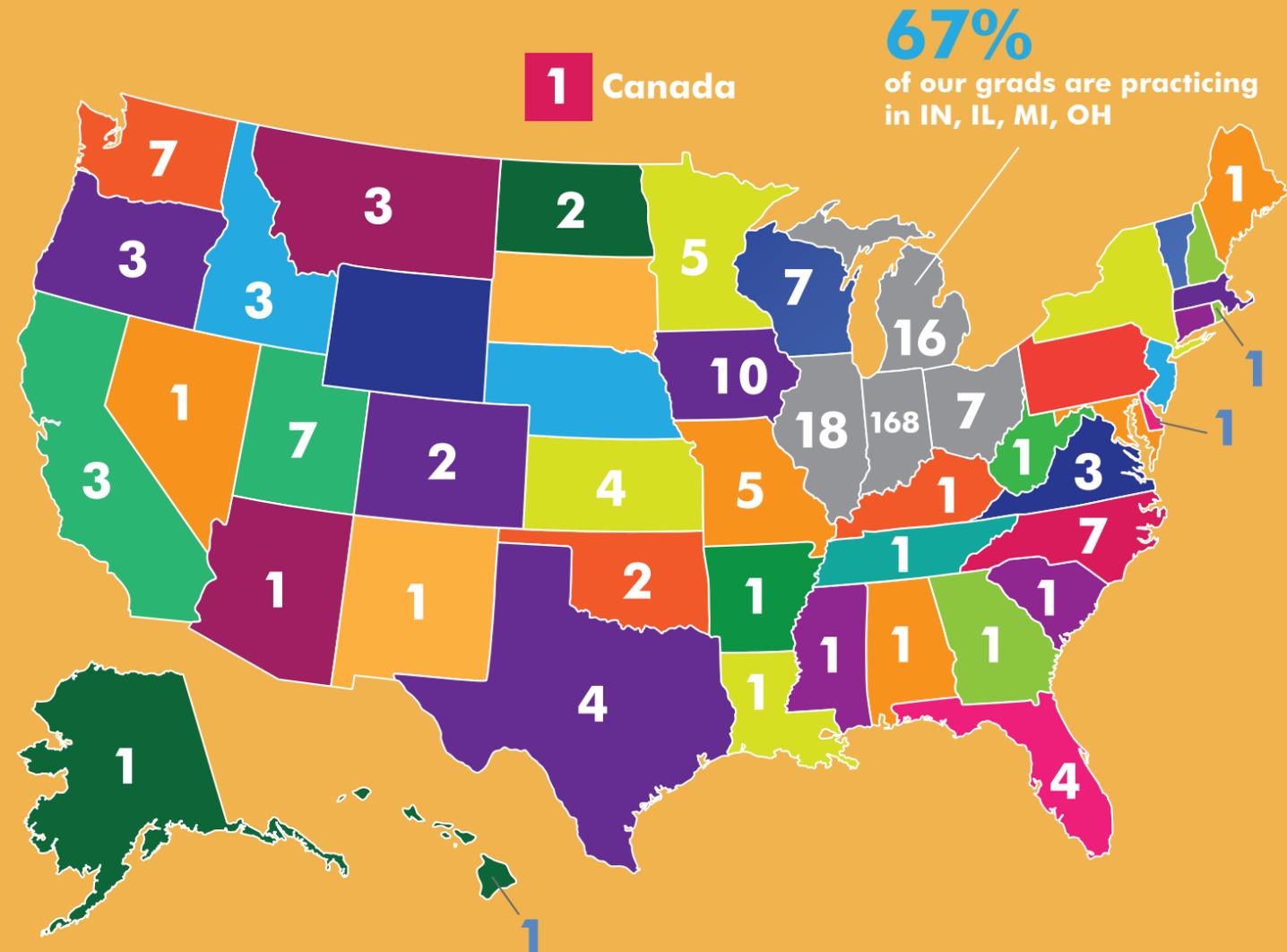


Beacon Medical Group is the largest, most integrated physician group in the region, featuring more than 50 practice locations for primary and specialty care, and three MedPoint urgent care centers. With more than 200 physicians and 80 mid-level providers representing more than 35 specialties, it offers world-class care to communities across northern Indiana and southwest Michigan.



# Memorial Family Medicine Residency Program Graduates

## Where Are They Now?



# MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM

## *Mission*

Beacon Health System exists to enhance the physical, mental, spiritual and emotional well-being of the communities we serve.

## *Vision*

Beacon Health System aspires to achieve:

- Innovative health care and well-being services of the highest quality at the greatest value
- Easy access and convenience
- Outstanding patient experiences
- Ongoing education involving physicians, patients and the community

## *Values*

We Place People at the Center.  
We RESPECT one another.  
We demonstrate COMPASSION.  
We operate with INTEGRITY.  
We are TRUSTWORTHY.

