

MEMORIAL FAMILY  
MEDICINE RESIDENCY  
PROGRAM



ANNUAL  
REPORT

2018-  
2019



# Letter from the Director

Greetings from Memorial Family Medicine Residency! It is with much excitement that I report to you after my first year as Memorial Family Medicine's Program Director.

This year has been filled with transitions and growth. As I moved into my role, we had two faculty openings. I am happy to report that we hired two amazing and inspiring individuals to complement our already exemplary group of faculty. First, Dr. Matthew DuPre (discussed more later in this report) came back home to Memorial after graduating from here in 2015. He is assimilating nicely into the group and has already made some impressive changes during his short time with us. This coming July, in addition to welcoming our new interns to the program, we will welcome Dr. Rachel Schuster to the faculty. She was a standout resident during her time at Memorial and has been spending the last year completing her Health Services and Management Fellowship that culminates with her earning a Master's in Public Administration. She brings with her a passion for medicine and teaching, a broad range of experiences, and a yearning to continue to develop and contribute to our program.

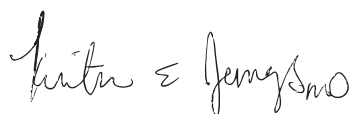
While some things have changed, the continued pursuit of our mission has not. We continue to work to enhance the physical, mental and emotional wellbeing of the community. We focus on excellence in education and patient care. In this annual report, we would like to share some of the many important events of the past academic year and highlight some of our graduates and leaders.

In addition to growth within the faculty, we have also grown our spirit of interdisciplinary medicine in the outpatient setting with the hiring of Matthew Jackson, PhD to lead our integrated primary care model. With the vision of our Behavioral Medicine Director, Dr. Greg Pouliot, we have expanded our resources for patients while also improving our educational programming for our residents. The growth of our behavioral medicine team pairs nicely with our new Suboxone program. Under the great leadership of Dr. Jason Marker, we have been able to offer services for Opioid Use Disorder to our patients and have begun a process of opening this up to the greater South Bend Community. Arming our residents with the tools to treat the Opioid epidemic is certainly a calling we feel is important and will create positive ripples of effect in the varied communities around the country where our graduates go out to practice, in addition to our local South Bend community.

Our residents continue to be high performers, again scoring above the national average on their In-Training Exam. Their practice scope upon graduation remains broad, a true testament to the breadth of training they receive at Memorial. Our Alumni Leadership Spotlight highlights a graduate, Dr. Scott Anzalone, who certainly embodies what it means to be a full-spectrum family physician. As we look to Memorial's future, we are thrilled with our match results and know that our nine new interns will bring a plethora of diverse experiences and knowledge to our program when we welcome them in July.

Finally, we continue to stay true to our mission of providing excellent education and patient care. With the support of Beacon Health system, our residents and faculty have the necessary means to serve our community and live by our motto of "doing what is right for the patient and each other." I look forward to our future and am excited for what 2019 has in store for our program.

Thank you so much for your continued support of the program!



Tina Jennings, MD  
Program Director

## THE MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM FACULTY



Tina Jennings, MD  
Program Director



Janel Charlton, MD  
Senior Associate Director



Tucker Balam, DO  
Associate Director  
Director, OB Fellowship



Anton Crepinsek Jr., MD  
Associate Director



Matthew DuPre, MD  
Associate Director



Marion Mahone, MD  
Faculty Hospitalist



Linda Mansfield, MD  
Director, Sports Medicine



Jason Marker, MD  
Associate Director  
Clinic Director



Gerald Morris Jr., MD  
Faculty



Gregory Pouliot, PhD  
Behavioral Medicine  
Director



Matthew Reed, MD  
Faculty Hospitalist



Emily-Rae Singh, MD  
Faculty Hospitalist



Randall Suttor, MD  
Associate Director



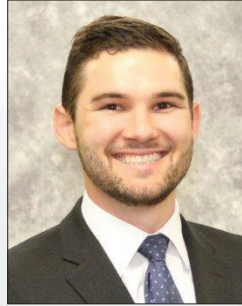
# Class of 2019 GRADUATES

# clas



**Robert Cassady, MD**

Robert (Bob) Cassady was born in South Bend. He attended Marian High School and then Wabash College for undergraduate, where he majored in Latin and Classical History. After undergrad, he studied at Indiana University School of Medicine in South Bend. He will be joining the South Bend Clinic to practice outpatient and inpatient Family Medicine. He is married to Anastassia Cassady and they have three children, Genevieve, Ivana and Dmitri. He enjoys reading, discussing the big questions, playing piano, running, and being with his family. Beer is good too.



**Jonathan Ditty, MD**

Jonathan graduated from the University of California, Los Angeles and received his medical degree from Ben Gurion University of the Negev Faculty of Health Sciences in Beersheva, Israel. Jonathan's greatest accomplishment during residency was spending a month in Jordan at a TB sanatorium with his wife Casey and two boys Silas and Theo. Following graduation, Jonathan will enter a family medicine practice with the South Bend Clinic. In addition to spending time with his wife and now three children, Jonathan enjoys learning languages, playing soccer on the Code le Bleus, and roasting coffee.



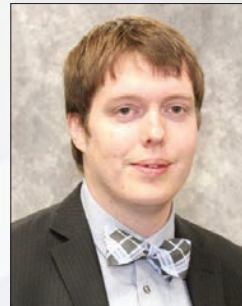
**Benoit Herbert, MD**

Ben earned his medical degree from Paris South University. Ben's accomplishments during residency include authoring three peer-reviewed publications in an international medical journal, with two other manuscripts being currently under review. Ben was also the Memorial primary investigator for a multicenter study aiming at developing a serum marker for lung cancer screening which brought in over \$40,000 in research funds to the hospital. But what Ben is the most proud of is his amazing wife Laura and his daughter Chloe. In his spare time Ben likes to box, spend time in the Colorado mountains or thinking about spending time in the Colorado mountains and, as a good nerd, reading medical journals. Following graduation, Ben will be going to New York City to get additional residency training in surgery with plans to later specialize in cardiovascular or trauma/acute care surgery.



**Ryan Enck, MD**

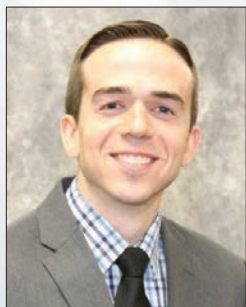
Ryan graduated from Grand Valley State University and earned his medical degree from Michigan State University College of Human Medicine. Following graduation he will practice Hospitalist Medicine and be joining the Beacon Hospitalist Group. In addition to spending time with his family, his hobbies include camping, cycling, and kayaking. His major accomplishments during residency were being voted Vice-Chief by his peers, and being the IAFP Research Day Winner.



**Michael Fecher, MD**

Michael graduated from Goshen College and earned his medical degree from Indiana University School of Medicine. After graduation he plans to join Goshen Family Physicians to practice inpatient medicine, obstetrics and ambulatory care. His hobbies include sailing, biking, and spending time with his wife, Jherlly, who he met while studying abroad in his undergrad and just celebrated his 4-year renewal of vows with in Peru.

# s of 2019



**John Kelly, MD**

John graduated from the University of Notre Dame and earned his medical degree from the University of Pittsburgh. After graduation John is moving to Virginia to join Central Virginia Family Physicians which is an outpatient only primary care practice. John and his beautiful wife of 8 years, Jen, have two children, Josephine who is 4 and Jack who is 2, and a 6 year old dog, J'Oliver. John's major accomplishments residency were serving as Chief Resident, being co-winner of the Carter Award as a second year, making a photo calendar with Vice-chief, Ryan Enck, winning the residency fantasy football league, and facilitating the return of Chick-Fil-A. In his spare time, John likes to play fantasy football, exercise infrequently, and antagonize fellow residents, most notably, Ryan Enck.



**Thomas McGinn, MD**

Thomas graduated from the University of Wisconsin-Eau Claire and earned his medical degree from Midwestern University-Chicago College of Osteopathic Medicine. Thomas' major accomplishments during residency were marrying his wife, and "becoming a real doctor." After graduation Thomas plans to move to Atlanta to join North Chattahoochee Family Physicians and to spend more time with his family. In his spare time Thomas like to go hunting, fishing, boating and watching college football.



**Thomas Pechin, MD**

Thomas graduated from Butler University and earned his medical degree from Indiana University School of Medicine. After graduation Thomas will be joining Goshen Hospital to do Inpatient and Outpatient care. In his spare time Thomas likes spending time with his wife, Hannah, and their daughter, Harper, going to the lake, reading, and golfing.



**Alexander Porte, MD**

Alexander graduated from Hope College and earned his medical degree from Michigan State University's College of Human Medicine. After graduation Alexander plans to practice outpatient care at Lawndale Christian Health center, a FQHC in the North Lawndale neighborhood of Chicago, an impoverished area that is still recovering from the Chicago riots of the 1960's. There, he plans to continue working with medication-assisted treatment and help the homeless and incarcerated populations. In his spare time Alexander likes to go on family walks in the park and have playroom pillow fights with his wife, Courtney, and two sons, AJ (3 years) and Westley (9 months), Code Le Bleu's indoor soccer, and noon-time basketball at Beacon Health & Fitness.



# *Class of 2020*



Jonathan Aubry, MD



Kimberly Azelton, MD



Katharine Callaghan, MD



Mitchell Daugherty, MD



Timothy Day, MD



Johnny Gerardot, MD



Megan Ishikawa, MD



Brent Pickett, DO



Frederick Ruckersfeldt, MD

# *Class of 2021*



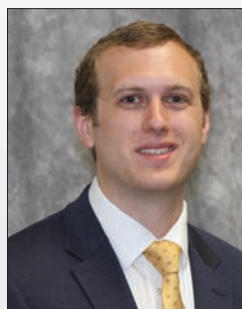
Ryan Berns, MD



Brian Jones, DO



Amber Lichtenbarger, MD



James McCarrey, DO



Autumn Menkedick, MD



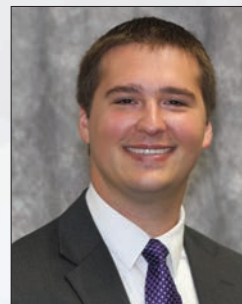
Jacob Nafziger, DO



Kyle Ramthun, MD



Mary "Betsy" Sutherland,  
MD



Dyllan Tiburzi, MD

# Class of 2022



**Miriam Adrianson, MD**

Hometown: Avon, IN

Undergrad: Hope College

Medical School: Indiana University School of Medicine

Medical Interests: Underserved care, full-spectrum and inpatient medicine

Hobbies/Personal Interests: Traveling, cooking and family time



**Megan Boyk, MD**

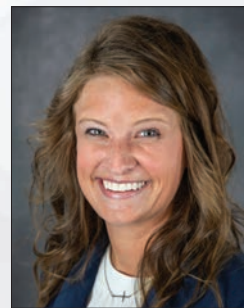
Hometown: Pemberville, OH

Undergrad: John Carroll University

Medical School: Oakland University William Beaumont School of Medicine

Medical Interests: Care for rural and underserved populations, Global Health, Women's Health and maternity care

Hobbies/Personal Interests: Spending time outdoors – love to hike, fish and paddle. Enjoys playing the guitar, ukulele and piano



**Natalie Burkhardt, DO**

Hometown: Warsaw, IN

Undergrad: Ball State University

Medical School: Marian University College of Osteopathic Medicine

Medical Interests: Obstetrics, Women's Health, Pediatrics and Global Health

Hobbies/Personal Interests: Spending time with husband, family and pets, reading, traveling, cooking, sewing, and sand volleyball



**Caitlin Casey, DO**

Hometown: Orland Park, IL

Undergrad: Loyola University

Medical School: Midwestern University - Chicago College of Osteopathic Medicine

Medical Interests: Global and Women's Health



**Michael Keller, MD**

Hometown: Winamac, IN

Undergrad: Butler University

Medical School: Indiana University School of Medicine

Medical Interests: Rural and Underserved Health Care, Geriatrics, Addiction Management and Health Care Policy

Hobbies/Personal Interests: Cooking, hiking, traveling and jogging



**Jay "Bradley" Lankford, DO**

Hometown: Owensboro, KY

Undergrad: Western Kentucky University

Medical School: Marian University College of Osteopathic Medicine

Medical Interests: Global Health, Underserved Medicine, Full-Spectrum Family Medicine

Hobbies/Personal Interests: Being with wife, sports, reading, traveling, hiking and trying new restaurants



**Chinyama Munakampe, MD**

Hometown: Lusaka, Zambia

Undergrad: Indiana University-South Bend

Medical School: St. George's University of Grenada

Medical Interests: Full-Spectrum Family Practice with special interests in Obstetrics and Women's Health

Hobbies/Personal Interests: Road trips, cooking, reading and photography



**Jerome Pomeranz, MD**

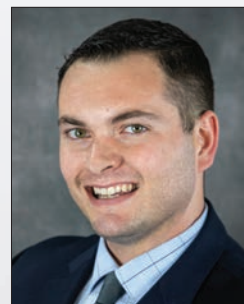
Hometown: Brookline, MA

Undergrad: Binghamton University

Medical School: Quinnipiac University – Frank H. Netter, MD School of Medicine

Medical Interests: Ultrasound, procedures, preventive medicine, urgent/emergency medicine, wilderness medicine, medicine for the underserved, nutrition, addiction, mental health, and holistic care

Hobbies/Personal Interests: Playing the harmonica, running, basketball, soccer, tennis and playing most sports



**Cody Ward, MD**

Hometown: Herrin, IL

Undergrad: Southern Illinois University

Medical School: University of Illinois-Rockford Campus

Medical Interests: Broad Spectrum Family Medicine and Sports Medicine

Hobbies/Personal Interests: Traveling, playing golf, fishing and reading



# Our Physicians AROUND THE WORLD

## ALEXANDER PORTE, MD



I've never been to Africa. I've never worked in a country other than America. My kids have never been on a plane before. These were the thoughts rolling through my head when I boarded the 747 with my wife and two kids – AJ (3 years old) and Westley (1 year old). Our destination in May 2019 was Tenwek Mission Hospital in Bomet, Kenya. This locale is a rural community about a 5 hour bumpy van ride West of Nairobi. The hospital has a colorful, grassroots history of starting as a one-nurse-shop in 1935 and flourishing into the 300 bed, multi-specialty academic center that it is today.

I anticipated a challenging medical experience where I could hone my skills. That's exactly what I got – and much more.

When we landed, I met the career missionary (Tenwek is a Christian Evangelical Missionary Hospital) with whom I would be working. He is the lone Pediatrician at the hospital, and has been serving there for a couple years. I soon realized that his workload was profound, and he needed help. Big help. He runs the NICU (typically 40 kids), PICU (1-5 kids usually), and general Peds Ward (usually around 15 kids). This is an enormous task for one attending, even with the help of Kenyan-trained interns. I quickly joined him as the second attending on the service.

I was on call one night during my third week, when I was paged at 3am. "Dr. Porte, we need you urgently for a neonatal resuscitation." I had been reading about neonatal resuscitation protocols the prior week, but had not yet encountered one. "The mother is in the operating room now for the C-section. It is triplets and they are 31 weeks." I sprinted to the hospital. At the resuscitation bed, it was just me and an intern. There were two bag-mask valves, one oxygen hookup, no intubation kit. I asked the intern to go to the NICU to retrieve the intubation kit. Right after he left, a nurse came rushing down the hallway carrying the first kid. He was crying, praise the Lord. I started stimulating him and checked his oxygen and heart rate, which were both good. He was so small. The second kid came soon thereafter, not crying. I asked the nurse to stimulate him while I listened to the heart rate. It sounded slow. I started bagging him while the third kid was put on the bed, also not crying. His heart rate was slow, too. The second kid was crying through my bag at this point, so I started bagging the third baby. At this point, the intern arrived and we commenced resuscitating these kids together. Not long thereafter, a family medicine career missionary on call that night arrived to help, and we were able to get the kids to the NICU, stabilized.

I was at Tenwek for 4 weeks. This Hospital has been around since the 1930's. I was there for a small blip in the history of the hospital. And yet, I will never be the same. I learned a new health system and new scope of pathology, all within the context of a new culture. I experienced the responsibility of being an attending for the first time. I met Kenyan physicians who challenged me by their example of faith and compassion. I saw the beauty of Kenya as the sun rose over fields filled with zebras and wildebeest, lions and elephants of the Maasai Mara reserve. My gratitude for this experience cannot be quantified. It has been the defining moment of residency, the closing chapter, the final practicum. I encourage other residents to seek out similar challenges and likewise be forever changed.

— Alexander Porte, MD

## BOMET, KENYA





# 2018-2019 Report on Sports Medicine

## Procedural Training Remains a Core Part of the Fellowship Program

MSK ultrasound training remains a strength of the sports medicine fellowship program and is recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. Also at the sport medicine clinic, innovative procedures such as PRP injections and percutaneous tenotomies continue to be performed, and fellows are graduating well-trained to go out into practice and help their patients with the use of these techniques.

## Annual Training for Emergency Preparedness Prior to Fall Sports Season

A hands-on learning experience was coordinated by Beacon Sports Medicine in which residents, fellows, attending physicians, and athletic trainers from both the Memorial and Saint Joseph hospital systems participated in a practice session for the care of a cervical spine injured athlete. They practiced removal of football equipment and spine boarding of an athlete who is injured on the athletic field. This joint training session gives health professionals the opportunity to familiarize themselves with each other and to improve protocols giving our community's athletes a higher level of safe participation.

## Presentations at AMSSM and ACSM National Meetings

At the AMSSM National meeting, Sports Medicine fellow Thomas Finn, DO and residents Brent Pickett, DO, Jon Aubry, MD, and Mitch Daugherty, MD all presented interesting patient case presentations in the form of poster presentations (pictured below).

## Local High Schools and Two Colleges in South Bend Well Served by Beacon Certified Athletic Trainers and Physicians

The relationship between the South Bend Community School Corporation and Beacon Sports Medicine continues to be strong. Memorial provides certified athletic trainers to Riley, John Adams, Clay, and Washington High Schools. Laville High School and Edwardsburg High School also have ATC's provided by Memorial Hospital. Drs. Linda Mansfield and Michael Messmer, sports medicine fellow Dr. Thomas Finn, as well as residents Drs. Senaka Ratnayake, Thomas McGinn, Brent Pickett, Mitch Daugherty, and Jon Aubry provided sideline and training room coverage

for these schools. In addition, all the residents participate yearly at the schools to provide pre participation physicals to the athletes. Dr. Mansfield and Dr. Finn visited Holy Cross College and IUSB weekly during the school year to attend to injured athletes. These schools also had physician coverage for basketball games provided by Drs. Mansfield, Messmer, Tucker Balam, and several of the residents. This is a great opportunity for the residents to get experience providing medical coverage for collegiate level sporting events.

## Sunburst Medical Tent Volunteers Well-Prepared to Handle Casualties of the Race

Attending physicians, fellows, and residents were among the volunteers in the medical tent at the Sunburst Races this year. Under the medical directorship of Dr. Mansfield, they were prepared to treat everything from minor injuries requiring first aid to heat stroke, which was treated in ice immersion baths on site. Both sports medicine fellows were present in the tent as well as resident Brent Pickett, DO.

## Sports Medicine Fellowship Match

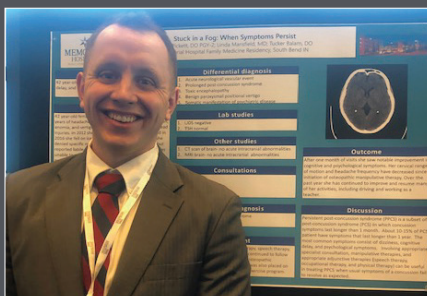
The sports medicine fellowship, which is a collaboration between the family medicine residencies at Memorial Hospital and Saint Joseph Regional Medical Center filled both positions for the academic year 2019-2020. Lucas Stowers, MD and Michael Kulju, MD started July 1, 2019 and are looking forward to a busy sports medicine training year treating athletes at the high school, NAIA college level, and at Notre Dame University. The graduating fellows were honored at a graduation ceremony on June 21, 2019.



Michael Kulju, MD



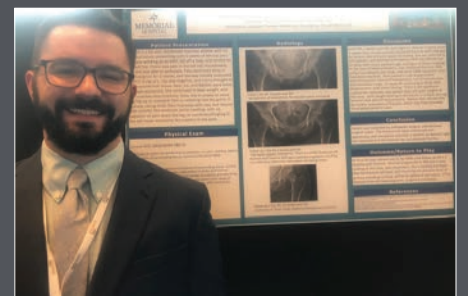
Lucas Stowers, MD



Brent Pickett, DO, PGY2



Mitch Daugherty, MD, PGY2



Johnathan Aubry, MD, PGY2

# ADDITIONAL NEWS

## 2019 Alumni Reunion Continuing Medical Education (CME Event)

This past May we celebrated our third Alumni Reunion CME. The faculty including Dr. Tina Jennings, Dr. Jason Marker, Dr. Matt DuPre, Dr. Marion Mahone, Dr. Jerry Morris, and Dr. Greg Pouliot covered a variety of topics in keeping with the breadth and depth of family medicine. Dr. Amy Corrigan

(Class of 2014) presented the Keynote lecture about Vocal Cord Dysfunction. The day culminated with a Dr. Sutula led Journal Club with questions derived from the AAFP Journal with the "Old Timers" winning. Those in attendance received 4.25 CME credits. After the CME event, we were able

to enjoy the South Bend Cubs game at the Performance Center. A huge thanks to The Beacon Foundation for sponsoring this fun and educational event. It was a wonderful day to catch up with old friends and make new ones. We look forward to our next CME in 2021.





## THE MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM

# CURRICULUM

### Obstetrics Program

Our residency program has a long tradition of offering an outstanding obstetrics experience within the framework of a traditional family medicine residency curriculum. Our graduates have gone on to incorporate obstetrics into their practices and utilize those skills at home and abroad. Our residents provide 24-hour coverage of the Memorial Childbirth Center, a busy unit that averages 200+ deliveries monthly. They are the frontlines for triage, labor, delivery and our antepartum unit seeing nearly every patient arriving to the unit. As Memorial Family Medicine Residency is unopposed there are no other residents competing for this experience. In addition to the inpatient experience, our residents care for approximately 400 women per year at Beacon Medical Group E. Blair Warner Family Medicine Center.

### OB Fellowship

Since its inception in 2003, we have been pleased to offer a yearlong Family Medicine Obstetrics Fellowship to one candidate per year. The goal of the fellowship is to expand upon the education the resident has received and to teach surgical obstetrics; including cesarean sections, tubal ligations, and advanced ultrasound skills. This exposure to higher risk obstetrics and the procedural skills they develop are a great asset to the communities in which they practice. The structure of the fellowship is designed in such a way as to allow continued exposure to the breadth of family medicine, and to maintain a broad and current knowledge base. Each fellow is expected to create and present a research project. The fellow serves as a mentor, and an active member to the educational team, teaching residents in the clinic and the hospital.



**Thomas Erickson, MD**  
2018-2019 OB Fellow

## Welcome Dr. DuPre



**Matthew DuPre, MD**  
Associate Director

Dr. Matt DuPre, Memorial Family Medicine class of 2015, joined the faculty in January of this year. Dr. DuPre was recognized during his time as a resident as the Society of Teachers of Family Medicine Resident Teacher of the Year. He additionally was awarded the Carter Award for Academic Excellence twice during his time in residency. After graduation from Memorial, Dr. DuPre joined a full-spectrum practice in his hometown of Sullivan, IN. There

he practiced inpatient, outpatient, and nursing home care in his robust practice. He continued to stay involved and engaged in education of both medical students and residents during his time in Sullivan, IN. This love of teaching is what inspired him to make a career change to join the faculty at Memorial Family Medicine Residency Program. We are thrilled to have him as part of our team!



# HEALTH SERVICES MANAGEMENT

## An Introduction

The Health Services Management (HSM) curriculum was developed in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends their residency by one year to allow time to earn a Master of Public Affairs in Health Services Management degree. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

The residents in the HSM curriculum provide noon conferences on practice management topics once or twice in their third and fourth years of residency, and contribute significantly to the overall teaching of practice management in the curriculum. These fourth year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center clinic, providing adjunct teaching support on the Staff Medicine service, and sharing result of system-based research that they are doing as a part of their Master's degree with their peers.

## Accomplishments/Successes

Sixteen residents have graduated from the Health Services Management curriculum. Following the graduation of Senaka Ratnayake, MD and Rachel Schuster, DO, (see graduation spotlights on this page) there are three residents enrolled in the HSM curriculum: Katherine Callaghan, MD, PGY-3 and Chief Resident for the '19/'20 academic year, Kimberly Azelton, MD, PGY-3, and Dyllan Tiburzi, MD, PGY-2. Of the first 15 residents who have

graduated from the HSM curriculum, four have won the coveted Bristol-Myers Squibb Award.

Dr. Jason Marker was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a Past President of the Indiana Academy of Family Physicians, a Past President of the American Academy of Family Physicians Foundation, and a Past Director of the American Academy of Family Physicians. He currently serves as the Co-chair for the AAFP Foundation's Emerging Leader Institute, a national year-long leadership development course for medical students and family medicine residents.

Dr. Brandon Zabukovic, who graduated from the HSM curriculum in 2006, was honored as one of the first winners of the Pfizer Teacher Development Award given by the American Academy of Family Physicians Foundation. He and his practice partner Dr. Michael Kozak (also a HSM graduate) have recently converted their Beacon-owned indigent-care practice into a Federally-Qualified Health Clinic. Dr. Zabukovic and Kozak have brought a wealth of experience in Medication-Assisted Therapy to the table in helping the Memorial Family Medicine Residency Program launch their own Suboxone Program. Dr. Zabukovic leads the Michiana Opioid Task Force and has helped keep their practice and the residency linked into emerging community programs for the medically fragile patients who need these services.

Dr. Benjamin Adkins graduated from the HSM curriculum in 2004 and practices in Pullman, Washington where he utilizes the procedural skills learned at Memorial Hospital to provide Cesarean sections and colonoscopies in addition to providing full spectrum family medicine to his patients.

Many HSM graduates still practice in our community where they share their expertise with the current resident physicians through a variety of teaching venues. Dr. Keyna Martinez, who has practiced at Beacon Medical Group Lakeville for many years, has transitioned her practice to Beacon Medical Group Bremen – a new site that has been born out of the affiliation between Beacon Health System and Community Hospital of Bremen. She frequently lectures on practical patient management topics at noon conference, but also hosts many residents on their rural family medicine rotations. Dr. Marion Mahone is one of Memorial Hospital's Academic Hospitalists who provide inpatient adult medicine teaching full-time on the Staff Medicine service on an alternating basis with program alum Dr. Matt Reed.

The alumni of the HSM curriculum have branched out into many areas of patient care, community leadership and health care administration and attribute their ability to do so to their training experience at Memorial in the HSM program. In 2019 we are planning an anniversary celebration for these graduates and hope to bring you more information about our alumni near and far in next year's Annual Report.



### Rachel Schuster, DO

Rachel Schuster, DO grew up in the south suburbs of Chicago. She became a Hoosier in college when she attended Valparaiso University where she met her husband, Randy. She graduated from Valpo with a Bachelor of Science in both Chemistry and Spanish. She spent one year working in the pharmacology lab at the Indiana University Melvin & Bren Simon Cancer Center in Indianapolis before attending the Chicago College of Osteopathic Medicine in Downers Grove, IL for medical school. She completed her family medicine

residency at Memorial Hospital and was honored to be the chief resident during her third year.

While finishing her third year of residency, Rachel received her dream job offer: a faculty position at the Memorial Family Medicine Residency Program. During her fellowship year, she was an active member of the E. Blair Warner Clinic's Suboxone Committee during its inaugural year. She completed the certification courses to prescribe Suboxone and helped develop the Suboxone Manual for residents and faculty to use as a guide to treat patients with opioid use disorder. Her capstone project for her Master's in Public Affairs degree at IU South Bend evaluates the effect of E. Blair Warner patients' Suboxone use on the number of ED visits compared to those with active chronic opioid use.

Rachel and Randy have a dog, Judy, who is 9 months old. Randy is a salesman for Laidig Systems, Inc., & travels to Asia about five times a year. They are very excited to be staying with the Memorial Residency program and growing their family in the South Bend area.



### Senaka Ratnayake, MD

Senaka Ratnayake, MD grew up in Valparaiso, Indiana before going to Dickinson College for his undergraduate education. During his time at Dickinson he was a varsity swimmer and team captain during his senior year. Dr. Ratnayake earned a degree in Biochemistry and Molecular Biology with a minor in Music Theory before moving back to Indiana to attend IU School of Medicine at the Indianapolis campus. During his time in Indianapolis he also earned a Master's in Public Health through

the Fairbanks School of Public Health with a concentration in Social and Behavioral Sciences.

During his time as a resident Dr. Ratnayake completed the Sports Medicine and Health Service Management Curricula. He has a particular interest in obesity and public health and found a good fit between the two concentrations. Dr. Ratnayake was a member of the Beacon community health advisory council and had the opportunity to contribute to the evaluation and assignment of health priorities in the surrounding community. His capstone project for his Master's in Public Affairs degree at IU South Bend is on Initial Management of Adult Obesity at Annual Health Visits.

Dr. Ratnayake and his wife Chelsea will leave the program to pursue a career in outpatient family medicine. He plans to use his expertise gained from the HSM curricula to provide optimal patient care as well as to be an active member of the population health leadership working to improve the community health of his future home community.



# GMEC REPORT

## 2018-2019 Academic Year

Medical Education Committee (GMEC) insures that Memorial Hospital complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2018-2019 are:

Janelle Blickensderfer, DO  
Kristine Borger  
Katharine Callaghan, MD  
Janel Charlton, MD  
Mark Fox, MD  
Gary Fromm, MD  
Kayla Goforth

Lori Harding  
Stacey Jackson  
Kristine Jennings, MD  
John Kelly, MD  
Linda Magnuson  
Linda Mansfield, MD  
Ranae Obregon

Pierre Ovide, MD  
Dale Patterson, MD  
Rhonda Reed  
Katrina Vanderveen, MD  
Mimia Jenai White  
Donald Zimmer, MD

The Memorial Hospital Family Medicine Residency currently has a full accreditation and expects to be surveyed by the ACGME in 2019. A detailed mid-cycle internal review of the residency program was performed in the 2011 that insured substantial compliance with the current ACGME standards.

Resident schedule and supervision were updated in 2011 and the program continues to maintain compliance with the ACGME Duty Hours Rules and the requirements for supervision. Duty hour reporting was reviewed by the residency and the GMEC. It was determined that the resident schedule and requirements continue to insure substantial compliance with current ACGME standards.

Milestones were introduced by the ACGME to evaluate resident physicians. These provide a framework for the assessment of the resident physician in key dimensions of the elements of physician competency in family medicine. Our program has implemented milestones as part of our evaluation of every resident in our program.

The residency continues to expand the use of an electronic evaluation system. New Innovations software allows for the electronic evaluation of rotations and resident performance including the milestone based system implemented with NAS. The evaluations are now ACGME Milestone based and progressive through the 3 years of training. Our residents continue to perform exceedingly well on evaluations and on the annual in-training exam on which our 3rd year residents exceeded the national average score during their training.

The residents continue to be responsible for patient care in both the hospital and outpatient setting. They are also members of all of the medical staff committees and actively participate in the morbidity and mortality conferences that improve patient safety and quality of care. The revised curriculum meets all of the requirements of the Family Medicine specific requirements effective on July 1, 2016. There have been no citations for patient care issues.

Program graduates continue to be pleased with their training and excel in their careers as documented elsewhere in this report. The annual survey of graduates was presented to the GMEC.

The experienced faculty continues to demonstrate excellence in teaching and to develop their teaching skills. The faculty development program included residency specific quarterly events as well as attendance at national meetings.

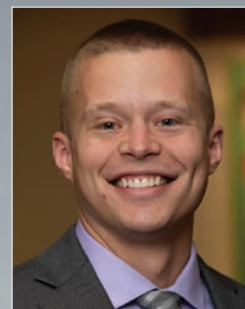
In summary, the Memorial Hospital Family Medicine Residency continues to be an excellent residency training program that is proud of the accomplishments of the residents, faculty and alumni.

## Integrated Primary Care

Early in the academic year, our clinic brought in another licensed psychologist, Dr. Matthew Jackson, to help implement an integrated primary care (IPC) model of service delivery. This allows for the co-management of chronic medical conditions, enabling physicians to receive help from behavioral health regarding medication adherence, lifestyle modification, and psychological antecedents/sequelae of physical disease. Both Dr. Jackson and our licensed clinical social worker, Jennifer Carter, have helped address crisis situations, perform psychiatric evaluations, and engage in targeted behavioral intervention. This model has already flourished and has been able to effectively meet the behavioral and psychosocial needs of our patients in a collaborative, multidisciplinary fashion.



**Jennifer Carter, L-CSW**



**Matthew Jackson, Ph.D.**

# LEADERSHIP SPOTLIGHT

## Scott Anzalone, MD



Dr. Scott Anzalone is a 1998 graduate of the Memorial Family Medicine Residency Program. After graduating from residency, Dr. Anzalone served in the National Health Service Corp and worked in an FQHC office in southwestern Ohio providing full scope rural family medicine including high risk obstetrics and procedural medicine. He then moved to the beautiful rural Hocking Hills of southeastern Ohio where the community was in need of a family physician/obstetrician. He has been in solo practice providing rural healthcare to these communities for over 20 years. He currently resides in Logan, Ohio with his wife and has raised three children on 107 acres. In this rural setting of 7,500 people, Dr. Anzalone prides himself on his ability to still provide full-spectrum family medicine to his patients. He feels he has always been a medical home before the term was ever coined. Dr. Anzalone provides 90% of an individual's care through his office. He provided high risk obstetrical care delivering well over one thousand babies continuing to care for them to this day. Although he no longer provides OB care in this rural setting, he still provides many minor surgeries, performs upper and lower endoscopies, gynecologic care including colposcopy and LEEP, and also vasectomies. He also has a co-location practice

with Hocking County Behavioral Health where he and their team provide child and adolescent mental health care and counseling services. He attributes his preparedness and success that he received at Memorial. The skills he gained while in residency allowed him to work as a cruise physician and also allows him to provide a wide scope of care including dentistry in third world countries. He currently has served as the medical director for The Village Mountain Mission in the Dominican Republic for the last 9 years.

Beyond his private clinical practice, Dr. Anzalone has a small farm raising fruit, hogs, and poultry. He recently hiked 32 miles of the Appalachian Trail, works on his three classic cars, build furniture in his woodshop, has served the last 12 years on the Logan Hocking Local Schools board of education, and has spent the last 18 years in a teaching role at Ohio University Heritage College of Osteopathic Medicine. He currently serves as the Director of Longitudinal Integrated Clerkships for medical students. The incredible dedication and teaching examples that the Memorial faculty gave instilled in him a love to teach the next generations of physicians. He was just awarded the Ohio Academy of Family Medicine's Mentor of the Year award.

When asked, Dr. Anzalone gave the following advice to residents – you have chosen the right place to prepare you for the demands of Family Medicine. Take advantage of all training opportunities that Memorial has to offer. If you do then you too can handle 90% of all that walks through your office door in any situation. You will be capable, so be confident and become ready to practice what Family Medicine was meant to be for our patients. A specialty that cares for all ages and is the true medical home for those you serve and not just a referral source for subspecialist.





# ALUMNI NEWS

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**Dan Hall, MD**  
Class of 1987

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Dan and his wife, Susan, are in their 40th year of marriage. He is currently working at the University of Kentucky in Emergency Radiology as an Assistant Professor.

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**Scott Anzalone, MD**  
Class of 1998

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Scott was featured in AAFP's Top Story for his unique, full spectrum practice in Logan, Ohio.

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**Cecilia Novitt, MD**  
Class of 1998

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Cecilia moved from primary care at the Salisbury VA in North Carolina to a position as an Integrative Medicine Consultant with a focus on their chronic pain patients in April 2019.

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**Dale Patterson, MD**  
Class of 2000

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In June 2018, Dale transitioned as Program Director of the residency to Vice President of Medical Affairs for Memorial Hospital.

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**Laura Moeller, MD**  
Class of 2007

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Laura completed her second Ironman triathlon in Chattanooga, TN in September 2018. She was appointed to an adjunct clinical faculty position for the University of Iowa Carver College of Medicine (one of her alma maters) for her work teaching medical students in her position at another alma maters (Iowa State University) where she works in Student Health. She also married my best friend, Dr. Aaron Hahn this winter, completing her family, adding a 17 year old step daughter, Emry Hahn, to her biological daughters, age 12 Lily and age 8 Anna.

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**Nykki Boersma, MD**  
Class of 2008

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Nykki was chosen as the President-Elect of the Indiana Academy of Physicians with plans to serve as IAFP President for the 2019-2020 term.

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**Tucker Balam, DO**  
Class of 2011

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Tucker continues with his involvement with USA weightlifting providing National Coverage at the Junior World Championships in Uzbekistan and Fiji. He also served as the USA Team Physician for the Pan-American Weightlifting Championships in Guatemala.

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**Janel Charlton, MD**  
Class of 2012

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Janel was recognized as a "Rockin' Doc" within Beacon Health System.

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**Marion Mahone, MD**  
Class of 2013

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Marion won 3rd place for her poster presentation at the Southern Hospital Medicine Conference.

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**Tina Jennings, MD**  
Class of 2014

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Tina completed the National Institute for Program Director Development Fellowship and started in her role as Program Director at Memorial Family Medicine Residency Program. She was also named to the top 40 under age 40 new and up and comers in the Michiana area.

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**Kari Sears, MD**  
Class of 2014

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Kari went back to India in February 2019 for her 4th trip with Himalayan Health Exchange.

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**Matt DuPre, MD**  
Class of 2015

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Matt DuPre joined the faculty at Memorial Family Medicine Residency after a robust full spectrum practice in Sullivan, IN.

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**Joseph Marino, MD**  
Class of 2016

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Joseph and Jennah welcomed their son, James Douglas, to their family on May 18, 2019. Weighing in at 9 lbs 6 ounces, he is the perfect addition to this now family of four.

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**Chris Sloan, MD**  
Class of 2017

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Chris' son, Will, was born Aug 2018

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**Susan Cheng, MD**  
Class of 2018

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Susan just came back from medical relief work in Honduras with a group of primary care physicians, dentists, surgeons, and pharmacists. They were able to see a total of 3,800 patients in three days and were visited by the First Lady of Honduras.

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**Angela Puthenveetil, MD**  
Class of 2018

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Angela completed an Integrated Medicine Fellowship at University of Arizona in Tucson, Arizona. During her time there, she served as Junior Faculty and mentor to residents.

# GIVING BACK at E. BLAIR WARNER

In keeping with the theme of giving back, Memorial Family Medicine Residency held several events to give back to our patients in most need.



## Thanksgiving Food Drive:

Every year, the employees, residents and faculty at Memorial Family Medicine Residency, identify families in need and prepare and package thanksgiving baskets for them. This year, we partnered with Beacon Health System who graciously donated several turkeys for us to provide these families. Under the leadership of our clinical social worker, Jenn Carter, and first year resident, Dr. Betsy Sutherland, we were able to provide meals for 9 families. It truly was a gift to be able to give back during this season of giving.

This Christmas, we again coordinated a **"Giving Tree"** for our young patients to have a Merry Christmas. Staff, residents, and faculty at E. Blair Warner worked together to identify families in need and provide children and families with gifts for this Holiday Season.



# BEACON HEALTH SYSTEM UPDATES

## Beacon Expands To Deliver Convenient Access



Beacon Health System continues to expand its physical footprint across the region with new locations aimed at providing convenient care for people closer to home.

Beacon Granger Hospital will provide a new access point for patients who reside in Granger, Mishawaka and southwestern Michigan starting in the fall of 2019. The 32,800-square-foot acute care hospital will be located on the north side of Beacon Parkway, the first of its kind in the region.

The freestanding, smaller footprint hospital will contain a full emergency department, including 11 patient beds, sophisticated imaging, diagnostic equipment and laboratory services. Located immediately off the Indiana Toll Road's Mishawaka entrance and exit, across from Beacon Health & Fitness, Beacon Granger Hospital will also include an eight-bed inpatient unit.

The new Franciscan Beacon Hospital is scheduled to open in early 2020 in LaPorte. The hospital will comprise about 28,000 square feet of new



construction and include an approximate 19,000-square-foot renovation of the existing Beacon medical Group space on I Street. Franciscan Beacon Hospital will contain a full-service, 10-bed emergency department, eight inpatient beds, laboratory services and telehealth connectivity, as well as state-of-the-art imaging and diagnostic equipment.

At the same time new construction is taking place, Beacon Health is also growing in other ways.

The Community Hospital of Bremen officially joined Beacon in June 2018. Beacon had shared a long-standing relationship clinical relationship with the hospital. Community Hospital of Bremen is a 24-bed critical access hospital that employs about 170 associates. The hospital contains a full emergency department, diagnostic imaging and lab, surgery, medical/surgical unit, obstetrics, sleep lab, physical therapy and occupational health.



Beacon Health System is the largest, locally owned and operated non-profit health care system in the region. Beacon is our community's trusted partner and guide in creating and maintaining health as well as the majority provider of services to the underinsured and underserved. Elkhart General Hospital, Community Hospital of Bremen, Memorial Hospital of South Bend, Beacon Children's Hospital, Beacon Medical Group and Beacon Health & Fitness are powered by more than 7,000 associates and 1,100 physicians. Additionally, Epworth Hospital is St. Joseph County's only inpatient behavioral health facility. Beacon is also an education organization helping to train medical residents in the fields of family medicine and hospital pharmacy.



Memorial serves as a 526-bed regional referral center providing a Level II trauma center and the most comprehensive care in the area for cardiac, cancer, childbirth, pediatric, emergency medicine and rehabilitation services. Memorial includes a pediatric emergency transport program and the MedFlight helicopter that covers communities within a 150-mile radius. Beacon Children's Hospital has the region's highest level Newborn Intensive Care Unit and the area's only pediatric intensive care unit and pediatric hematology/oncology program.

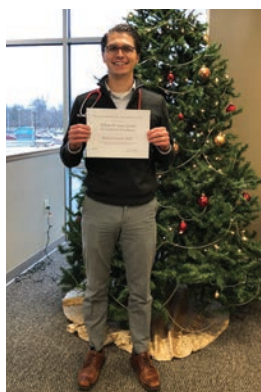
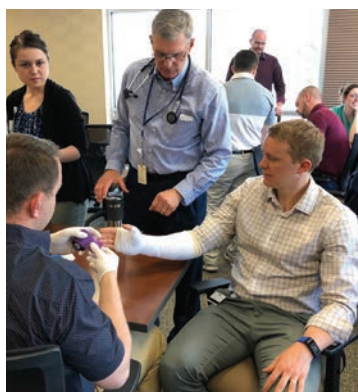


Beacon Medical Group is the largest, most integrated physician group in the region, featuring more than 50 practice locations for primary and specialty care, and three MedPoint urgent care centers. With more than 200 physicians and 80 mid-level providers representing more than 35 specialties, it offers world-class care to communities across northern Indiana and southwest Michigan.



## Memorial Family Medicine Residency Program Events

# Live · Laugh · Learn





# Memorial Family Medicine Residency Program Graduates

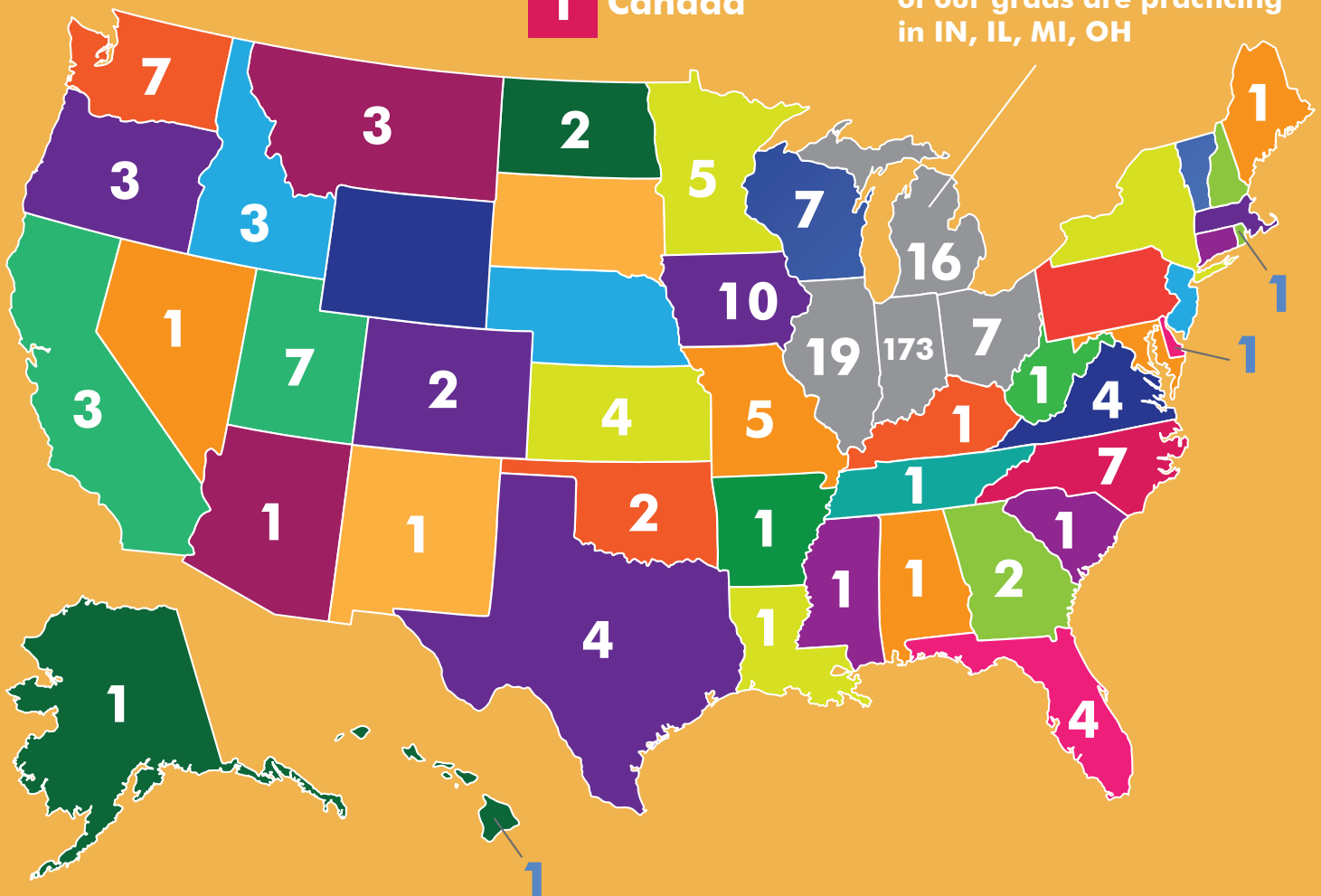
## Where Are They Now?



**1** Canada

**67%**

of our grads are practicing  
in IN, IL, MI, OH



# MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM

## *Mission*

Beacon Health System exists to enhance the physical, mental, spiritual and emotional well-being of the communities we serve.

## *Vision*

Beacon Health System aspires to achieve:

- Innovative health care and well-being services of the highest quality at the greatest value
- Easy access and convenience
- Outstanding patient experiences
- Ongoing education involving physicians, patients and the community

## *Values*

We Place People at the Center.

We RESPECT one another.

We demonstrate COMPASSION.

We operate with INTEGRITY.

We are TRUSTWORTHY.

The Family Medicine Residency Program of Memorial Hospital supports the mission of Beacon Health System, and in addition strives to:

- Provide the highest quality of education to family medicine residents
- Provide the best possible medical care and service to our patients
- Advance the specialty of family medicine
- Improve the health of our community

