



Memorial Family Medicine Residency Program

Annual Report 2021-2022



From the Director

Greetings from Memorial Family Medicine Residency! 2021-2022 has been a year full of continued change and adaptation and I am excited to update you on the important and impactful work we continue to do at Memorial.

I remain very proud of our faculty group—they have truly exhibited their passion, dedication, and talent as we have settled in to our new normal. They have been instrumental in the response to our winter COVID-19 surge at Memorial Hospital while continuing to innovate at the residency. We welcomed back Dr. Emily-Rae Singh, MD, to a full-time position. Dr. Singh has led the development and implementation of our Point of Care Ultrasound Curriculum and is continuing to grow this program as we look towards deploying Butterfly Ultrasound Probes to our faculty and residents. We hope that by having more accessible technology, we can better serve our patients at the bedside and lead the way in family medicine education.

Our residents continue to be central to care delivered at Memorial Hospital. All residents have been integral to our hospital and community response to COVID, and set the bar for providing compassionate and comprehensive care. The adaptability they have shown in their response to COVID during their training years is laudable. One area where we saw tremendous growth is our Obstetrics floor. Given the increased volume and acuity of this floor, we have expanded our OB fellowship from one fellow per year to two fellows per year. We believe this will add an extra layer of support for our patients and enhance the education of our residents. Additionally, it will provide another engaged provider in our community to care for some of our highest risk pregnant patients during the prenatal period.

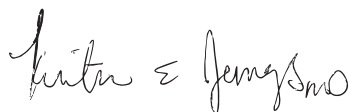
In addition to their continued service to our hospital, our clinic, and community, our residents have again scored above the national average on their in-training exams, an exam administered annually to family medicine residents across the country that helps to predict board pass rate. We continue to have an impressive statistic of 100% board pass rate with our residents, which highlights the excellent education our residents receive at Memorial. I am excited to add to this remarkable group of residents with the match of our impressive class of 2025. Many of our recruiting efforts this year focused on recruiting a diverse and talented group of residents that would grow our program and I couldn't be prouder of the group of nine new interns that will join us in July.

E. Blair Warner clinic continues to find ways to serve patients in unique and impactful ways. This past year, we partnered with St. Joseph County Department of Health and Dr. Bob Einterz, MD, to develop a refugee clinic. Several months in to making this service operational, it is clear this work is positively impacting patients who have come from traumatic past experiences in search of refuge and a brighter tomorrow. Most of the patients we have served thus far have come from Afghanistan and have very limited resources. It has been a growing experience for us as a clinic to navigate multiple barriers to care, language and otherwise, as we strive to take excellent care of these patients who are new to our community and nation. Additionally, the work towards trauma informed care and culturally sensitive care has grown in important and fresh ways.

We are very proud of the efforts of our larger health system, Beacon, on its journey towards diversity, equity and inclusion with the creation of a new diversity officer position, which is being filled by Kimberlie Warren, PhD. Our work in this arena, as a program, continues as well with our I.D.E.A. committee (Inclusion, Diversity, Equity, and Anti-Racism). This group helps create a space to learn, ask questions, and help us to become better colleagues and providers. Our leadership spotlight features Dr. Feranmi Okanlami, MD, MS. A 2017 graduate of our program, he speaks nationally on this topic and is helping propel this important conversation in impactful ways. He is truly a special individual and I am excited for you to learn more about the important work he is doing in his local community and nationally.

Although we know there is much work yet to be done, I am so proud of the continued work of our team at Memorial Family Medicine Residency Program. As with most great teams, it couldn't happen without the amazing individuals who make up the team: our group of faculty, residents, administrative support, and staff. It continues to be a tumultuous time in health care, but I am confident in my team and the great work we will continue to do for our patients, our community, and each other.

Thank you for your continued support of the program. Wishing you and yours well!



Tina Jennings, MD, FAAFP
Program Director

The Memorial Family Medicine Residency Program Faculty



Tina Jennings, MD
Program Director



Janel Charlton, MD
Senior Associate Director



Tucker Balam, DO
Associate Director
Director, OB Fellowship



Kate Callaghan, MD
Associate Director



Matthew DuPre, MD
Associate Director



Marion Mahone, MD
Faculty Hospitalist



Linda Mansfield, MD
Director, Sports
Medicine Fellowship



Jason Marker, MD
Associate Director
Clinic Director



Gerald Morris Jr., MD
Faculty



Gregory Pouliot, PhD
Behavioral Medicine
Director



Matthew Reed, MD
Faculty Hospitalist



Rachel Schuster, DO
Associate Director



Emily-Rae Singh, MD
Associate Director



Randall Suttor, MD
Associate Director

Class of 2022 Graduates



Miriam Adrianson, MD

Miriam was born in India and grew up on the west side of Indianapolis. She earned her undergraduate degree in chemistry at Hope College in Holland, Michigan, where she also met the love of her life, Levi. She attended Indiana University School of Medicine's South Bend campus and married Levi two weeks before medical school graduation. They have truly enjoyed becoming part of the Memorial family. Miriam has loved learning from supportive colleagues and faculty, and some of her favorite residency experiences included editing the residency newsletter and producing the annual roast of the third-year residents. She also loves traveling – especially to national parks and to visit family - reading, and spending quality time with friends. After graduation, she will be practicing outpatient family medicine in downtown Grand Rapids.



Megan Boyk, MD

Megan is originally from Pemberville, a small farming town in northwest Ohio. She studied biology and public health at John Carroll University in Cleveland, followed by medical school at Oakland University William Beaumont School of Medicine. During residency, Megan completed curricular tracks in Care of the Underserved as well as Health Services Management and also engaged with community outreach related to COVID education and Spanish-speaking communities in South Bend and in Honduras. Megan was very honored to be elected by her co-residents to serve as chief resident. Megan is very happy to be staying at Memorial for another year to complete her Health Services Management Fellowship. She is incredibly grateful to her family for supporting her over the very long journey to become a family doctor, to the residency faculty and clinic and hospital staff for helping her to become a good family doctor, and to her residency classmates for helping her stay a sane family doctor (most of the time).



Natalie Burkhart, DO

Natalie grew up on a farm in small town Indiana, just outside of Warsaw, Indiana. She studied Biology at Ball State University and earned her medical degree from Marian University College of Osteopathic Medicine, Indianapolis. Through her journey, she has had the love and support of her steadfast husband, Taylor. During undergrad, she distinctly remembers being encouraged by her parents to attend medical school and she is grateful for their encouragement and support. During her medical training, Natalie fell in love with caring for women, children, pregnant women, and welcoming sweet babies into this world. She carries special interest in all things obstetrics, infertility, and maternal fetal medicine. Natalie is certain she could not have accomplished what she has in her life without the love and support of her husband, family, friends, many mentors, and the colleagues she has had the pleasure of working alongside the past three years. While navigating this crazy life, she gives all the glory to God and feels blessed to have her faith to keep her on track. She loves spending time with her friends and family, enjoying pontoon days on the lake, traveling to the beach, and loving on her dog, Irish, and cat, Nala. She will be staying in South Bend to complete a Fellowship in Obstetrics before returning to Warsaw to serve the community where it all began.



Caitlin Casey, DO

Catie was born in the south suburbs of Chicago, but moved around the country with her parents and two older brothers throughout her childhood. After living in Wisconsin, Arizona, and Tennessee, she couldn't wait to come home to Loyola University Chicago for her undergraduate education, where she obtained her bachelor's degree in Biology with a minor in Neuroscience. She attended medical school at Midwestern University Chicago College of Osteopathic Medicine. Throughout her pre-residency training, she developed her interests in global health by joining medical trips to Honduras, Nicaragua, and Tanzania. During her time at Memorial, she completed the Care of the Underserved curriculum with a focus on food insecurity. She was also able to participate in an international health rotation in Honduras with her colleague, Dr. Boyk. Her favorite memories from residency consist of spending time with her amazing classmates, all of whom she will miss dearly. Catie will be practicing outpatient Family Medicine at a multispecialty clinic with Duly Health and Care in Oak Lawn, Illinois. She and her fiancé, Mike, will be moving to Tinley Park, Illinois, along with their bulldog, Jules. Catie is excited to have lots of free time for baking, wedding planning, and spending time with her family in Chicago.



Michael Keller, MD

Michael graduated from Butler University where he met his wife, Marielle. From there, he went to Indiana University School of Medicine where he took part in the MD-MPH program. He was thrilled to be at Memorial where he could train alongside fantastic physicians. After graduation, he will return to his hometown of Winamac, Indiana. His practice will involve outpatient and inpatient care as well as nursing home care, a particular passion of his. Outside of residency, Michael enjoys spending time with Marielle, their son, Monroe, and beloved dog, Max. He also loves cooking and spending time outdoors.



J. Bradley Lankford, DO

Bradley is originally from Owensboro, Kentucky, went to medical school at Marian University College of Osteopathic Medicine in Indianapolis, then gradually worked his way further north to South Bend for training at Memorial Family Medicine Residency. Throughout the last three years of residency, he and his beautiful wife, Ashley, have thoroughly appreciated their time in Michiana. Besides enjoying themselves, they also have expanded their family from two to seven by adopting four wonderful children, Desiré, Napoleon, Shauna and Tori and one (sometimes) wonderful cat, Mozzie. As a family they enjoy soccer, volleyball, fishing, singing poorly but loudly, and good ice cream. They will be headed as far south in Indiana as possible, where Bradley will be practicing outpatient medicine in Floyds Knobs, Indiana.



Chinyama "ChiChi" Munakampe, MD

ChiChi was born and raised in various cities in Zambia in Southern Africa. She moved to Elkhart, Indiana, in early 2008, landing at O'Hare International Airport in a bad winter storm, which she will never forget, and has called Elkhart home since then. She graduated from Indiana University South Bend with a degree in biology and attended medical school at St. George's University School of Medicine in Grenada, West Indies. She decided to go into family medicine for the opportunity to practice broad spectrum family medicine, including obstetrics, and to develop long-term relationships with patients. She was excited to move back to South Bend for residency, bringing her closer to family and friends, and to move back in with her mother for her residency years (much to her mother's dismay, having just become an empty nester). In her free time, she loves spending time with her three nieces and nephew, who are the absolute joy of her life, as well as with other family and friends. She also loves a good road trip and will be doing more of those post residency. After graduation, she will be joining Beacon's Main Street Medical Group.



Jerome Pomeranz, MD

Jerome is from idyllic Brookline, Massachusetts, which is pretty much surrounded by Boston. He graduated from Binghamton University with a degree in Mathematics and went to the Frank H. Netter School of Medicine at Quinnipiac University. While in residency, he met his significant other, Paige, and will be moving up north to Kalamazoo, Michigan, to be with her after graduation. He is looking forward to this next adventure and hopes not to get scratched too much by Paige's cats. When not practicing medicine, Jerry can be found with family, playing disc golf, and traveling, among other activities.



Cody Ward, MD

Cody was born and raised in southern Illinois. He and his wife, Becca, are high school sweethearts and were married during residency in November of 2020. He attended Southern Illinois University at Carbondale for his undergraduate studies, and he completed his medical degree at the University of Illinois College of Medicine in Rockford. Cody and Becca love spending time doing projects around their home and taking their two dogs, Maddy and Luna, on walks in their beautiful neighborhood. Cody is an avid sports fan and former athlete. He is incredibly excited to have the opportunity to spend the next year in South Bend for the Notre Dame Sports Medicine Fellowship.

Class of 2023



Madeline Chandler, MD



Allyson DiMagno, MD



James Handtke, DO



Kallie Kram, MD



Audrienna Kramer, MD



Garrett Muhlstadt, DO



Deborah Pavey, MD



Megan Spencer, DO



Kaitlin VanderKolk, MD

Class of 2024



Daniel Brannen, DO



Keith Christian, MD



Victoria Drzyzga, MD



Kathleen George, MD



Jesse Gettinger, MD



Ethan Schimmoeller, MD



Garrett Shanks, MD



Bailey Swan, MD



Zackary Wages, DO

Class of 2025



Shan Antony, MD
Hometown: Mishawaka, IN
Undergrad: Indiana State University
Medical School: Indiana University School of Medicine – Terre Haute
Hobbies/Interests: Spending time with my wife, daughter and dog, playing sports and card/board games, watching movies, hiking and playing piano



Jillian Baranowski, MD
Hometown: Metamora, IL
Undergrad: University of Illinois, Urbana-Champaign
Medical School: University of Chicago, Pritzker School of Medicine
Hobbies/Interests: Gardening, cooking, triathlons



Hannah Drazenovich, MD
Hometown: Maple Grove, MN
Undergrad: University of St. Thomas
Medical School: University of North Dakota School of Medicine and Health Sciences
Hobbies/Interests: Rollerblading, cribbage/board games, hot yoga, live music, making pierogis, being out in the sunshine



Rebecca Hendricks, MD
Hometown: Goshen, IN
Undergrad: Juniata College
Medical School: Indiana University School of Medicine
Hobbies/Interests: Sewing



Gabriela Romo, MD
Hometown: Goshen, IN
Undergrad: Indiana University – Purdue University, Fort Wayne
Medical School: Indiana University School of Medicine
Hobbies/Interests: Music, karaoke, movies (favorite movie is, Avengers: End Game), food, soccer, learning to play new instruments



Gerrit Seymour, DO
Hometown: Kaysville, UT
Undergrad: University of Utah
Medical School: Lake Erie College of Osteopathic Medicine
Hobbies/Interests: Soccer, basketball, disc golf, music, yard work



Cynthia Stanton, DO
Hometown: Avon, IN
Undergrad: Indiana University - Bloomington
Medical School: Marian University College of Osteopathic Medicine
Hobbies/Interests: Running, reading, playing piano, biking, and baking



Ashley Williamson, DO
Hometown: Woodland Park, CO
Undergrad: University of Colorado – Colorado Springs
Medical School: Rocky Vista University College of Osteopathic Medicine
Hobbies/Interests: Trail running, hiking with any dogs (but particularly my own dogs, Chai and Lilypad), learning Spanish, white water rafting, watching European soccer, and yoga. Most of all, I enjoy any activity that I can do with my husband, Gage



Kristen Wright, MD
Hometown: Edwardsburg, MI
Undergrad: Grand Valley State University
Medical School: Michigan State University College of Human Medicine
Hobbies/Interests: Baking, collecting cookbooks (but not really making the recipes out of them), Pinterest crafts, hiking with my dogs (Tilly, Remi, and Cash) and my husband (Johnny), spending time with my family

2021-2022 Report on Sports Medicine

Procedural Training Remains a Core Part of the Fellowship Program

MSK ultrasound training remains a strength of the sports medicine fellowship program and is recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. Also at the sport medicine clinic, innovative procedures such as PRP injections and percutaneous tenotomies continue to be performed. Fellows are graduating well-trained to go out into practice and help their patients with the use of these techniques. Recently Dr. Mansfield added an introductory musculoskeletal ultrasound training session to the first year Sports Medicine – Ortho rotation as well.

Annual Training for Emergency Preparedness Prior to Fall Sports Season

A hands-on learning experience coordinated by Beacon has become an annual event in the sports medicine program. It involves residents, fellows, attending physicians, and athletic trainers from both the Memorial and Saint Joseph hospital systems participating in a practice session for the care of a cervical spine injured athlete. They practice removal of football equipment and spine boarding of an athlete who is injured on the athletic field through multiple scenarios. This joint training session gives health professionals the opportunity to familiarize themselves with each other and to improve protocols, giving our community's athletes a higher level of safe participation. We also have some fun doing it!

Presentations Accepted for the AMSSM National Meeting

The American Medical Society for Sports Medicine accepts case and research submissions annually for its national meeting. Sports Medicine fellow Ryan Berns, MD, and residents Cody Ward, MD, and Daniel Brannen, MD, had cases accepted for poster presentations. They traveled to Austin, Texas, for the annual meeting of the American Medical Society for Sports Medicine and presented there.

Local High Schools and Two Colleges in South Bend Well Served by Beacon Certified Athletic Trainers and Physicians

The relationship between the South Bend Community School Corporation and Beacon Sports Medicine continues. Beacon provides certified athletic trainers to 12 area high schools. Drs. Linda Mansfield and Michael Messmer, sports medicine fellow Dr. Ryan Berns, as well as residents Drs. Cody Ward, James Handtke, Allyson DiMagno, and Madeline Chandler provided sideline and training room coverage for several of these schools. Dr.

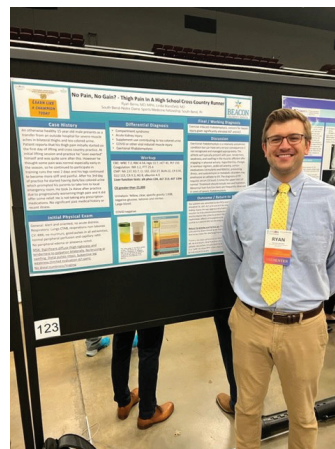
Mansfield and Dr. Berns visited Holy Cross College and IUSB weekly during the academic year to attend to injured athletes. These schools also had physician coverage for basketball games provided by our sports medicine attendings and several of our residents. This is a great opportunity for the residents to get experience providing medical coverage for collegiate level sporting events. Fellows cover all division 1 sports at the University of Notre Dame.

Sunburst Medical Tent Volunteers Well-Prepared to Handle Casualties of the Race

Attending physicians, fellows, and residents are among the volunteers in the medical tent at the Sunburst Races every year. Unfortunately, this year this event was unable to be held safely due to COVID-19 and was canceled. The races were postponed in September 2021 due to COVID-19. Many residents and fellows were present at the finish line, staffing the medical tent on September 25 under the medical directorship of Dr. Mansfield. The weather was beautiful, much to the runners' delight. The race will return on June 4 at its usual time. Our physicians will once again be prepared to treat everything from minor injuries requiring first aid to heat stroke, which is treated in ice immersion baths on site.

Sports Medicine Fellowship Match

The sports medicine fellowship, which is a collaboration between the family medicine residencies at Memorial Hospital and Saint Joseph Health System, filled both positions for the academic year 2022-2023. New fellows Cody Ward, MD (one of our 2022 residency graduates) and Jacob Holtz, DO, will be starting July 1, 2022 and are looking forward to their sports medicine training year, which includes treating athletes at the high school, NAIA college level, and at the University of Notre Dame University.



Curriculum

Obstetrics Program

Memorial Family Medicine Program has a long tradition of offering an outstanding obstetrics experience within the framework of a traditional family medicine residency curriculum. Many of our graduates continue to incorporate obstetrics into their practices and utilize these valuable skills domestically and abroad. Memorial residents provide 24-hour coverage of the Childbirth Center, a busy unit that in 2021 delivered 2,400+ babies. The residents are an integral piece within the Childbirth Unit and manage triage, perform vaginal deliveries, care for high-risk pregnant patients, and assist in cesarean deliveries. They help to manage nearly every patient arriving to the unit. Our unopposed program assures that our residents are at the front line of providing inpatient OB care without competition from other learners. For the last year, we have had a hospitalist model that has provided excellent care to patients and excellent education to our residents. In addition to the inpatient experience, our residents care for approximately 400 OB patients per year at E. Blair Warner Family Medicine Center. This continuity of care, provides a great opportunity for holistic care as well as service to our community. In 2021, we began working on several projects that increase access to marginalized patients, and are working with our community partners to decrease both fetal, neonatal, and maternal mortality.

OB Fellowship

Since its inception in 2003, we have been pleased to offer a yearlong Family Medicine Obstetrics Fellowship to one candidate per year. The goal of the fellowship is to expand upon the education the resident has received during their family medicine residency and to teach surgical obstetrics; including cesarean sections, tubal ligations, and advanced ultrasound skills. This exposure to higher-risk obstetrics and the procedural skills they develop are a great asset to their future communities, both internationally and within the United States.

The structure of the fellowship allows for continued exposure to the breadth of family medicine, which aids our fellows in maintaining a broad and current knowledge base. In addition to providing valuable patient care, the fellow serves as an important member of our educational team, helping to onboard new residents to the childbirth unit and mentor them as they develop important skills in the hospital and clinic.

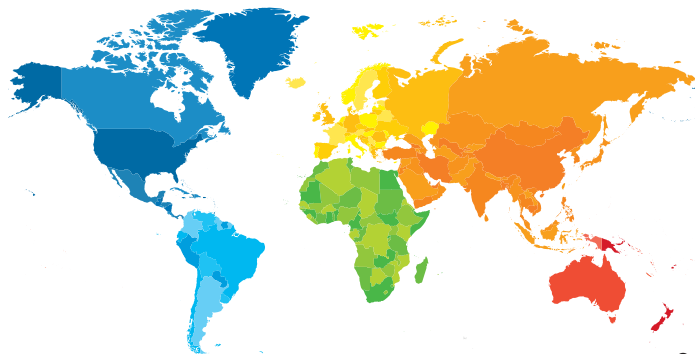
The year 2021 saw Dr. Theresia Gordnier, MD, join us from Via Christi Family Medicine Residency in Wichita, Kansas, to continue working on her already impressive obstetrical skills. She is advancing her high-risk management, as well as her surgical acumen with us. Furthermore, last year included the inception of some exciting changes coming to the fellowship in 2022!

Our Physicians Around The World

Opportunities for international rotations remain a cornerstone of our program, providing a unique educational and service experience for interested residents. Rotating and serving in the international community can have lasting impacts on the formation of residents and is often one of the most impactful experiences of their training. Over the years, our residents and alumni have had an impact in dozens of different countries with many of our alumni actively serving in this capacity -- the seeds of this important service work planted during their time in residency. Since the inception of Memorial's international experience, we have sent 40 residents to countries around the world to serve and learn in under-resourced settings. As COVID-19 restrictions have been easing, we have been able to gradually re-open these opportunities. This academic year Dr. Megan Boyk, MD, and Dr. Caitlyn Casey, DO, traveled to remote clinics in Honduras. Also, Dr. Jerome Pomeranz, MD, was able to go to Israel and work within that health system. Each doctor reported having outstanding experiences and opportunities for service.

We have enjoyed generous financial support for this international rotation experience from our health system, minimizing the financial burden to the resident. However, we recognize with the changing health care landscape, that this support is not guaranteed. We have made efforts to start a Global Health Foundation Fund in hopes of financially supporting international experiences in perpetuity, independent of future budgetary limitations. Thanks to the generosity of many, we continue to make progress in developing this fund and are nearly to our fundraising midpoint, having raised \$161,808 with a goal of \$250,000.

We remain excited about the impact our residents have on the people they care for around the globe and also for the relationships they form and the ways their lives are changed from these experiences.



Memorial FMR Starts Process for Osteopathic Recognition

In the fall of 2014, the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA) announced the plan for a single accreditation system under the ACGME. In March 2020, MDs and DOs matched in the first “single” match. During that time, the AOA and other osteopathic societies worked to maintain the osteopathic culture in previously AOA-only programs as well as dually-accredited and interested allopathic programs. This has culminated in what is known as “Osteopathic Recognition”—steps taken by a residency program to ensure continuation of the principles of osteopathy. Memorial FMR has always been osteopathic-friendly. With an average of at least one DO per residency class, the culture and holistic nature of osteopathy has been embedded in this historically allopathic program.

Dr. Balam, with the help of Dr. Schuster, our two DO core faculty members, have started the osteopathic recognition process. This extensive process involves creating a structured didactics series dedicated to different osteopathic principles and practices, creating a dedicated osteopathic evaluation of milestones for our osteopathic residents, promoting osteopathic scholarly activity with case presentations and literature reviews, and bringing back the beloved osteopathic clinic, time dedicated each month for patients who would benefit from osteopathic manipulative therapy. Ultimately, osteopathic residents can sit for the American Osteopathic Board of Family Physicians boards if they chose (while the option to take the ABFM boards remains available). Currently, Dr. Balam and Dr. Schuster give an osteopathic lecture during noon conference about once per quarter. DOs and MDs alike have been very receptive to new osteopathic manipulative therapy techniques. It has been great to hear MDs successfully treating headaches with the “Killer Fingers” technique (sub-occipital release) or see how a DO resident can provide some pain relief to their patient with an HVLA or muscle energy technique. We are excited to add another aspect of patient care to our medical education for our residents!



Scenes from 2021



Advancing Our Specialty: POCUS Training at Memorial Family Medicine

Emily-Rae Singh, MD

Point-of-care ultrasound skills (POCUS) are a set of bedside ultrasound skills that extends the physical exam and allows physicians to pair clinical judgement with immediate bedside imaging to make rapid, accurate clinical diagnoses and decisions. Diagnosing pneumonia, guiding joint injections, identifying abscess that are amenable to drainage, finding foreign bodies that do not show up on X-ray, evaluating hydration status, and clarifying ambiguous chest X-ray findings are just a few examples of how Family Physicians utilize POCUS daily. POCUS is not only a helpful tool for physicians, it also provides powerful benefits for patients. The skilled use of bedside ultrasound has been shown to decrease the cost of care, improve diagnostic accuracy, minimize procedural risk, and increase patient access to care. As rapid technological advances have transformed ultrasounds from large, cumbersome machines into small handheld devices, POCUS is now heralded as the stethoscope of the future.

In 2014, the Association of Family Medicine Residency Directors (AFMRD) and the Council of Academic Family Medicine (CAFM) formally recognized the growing importance of POCUS in the future of family medicine. The groups endorsed that all family medicine residents should receive training in bedside ultrasound. Similarly, in 2017 the American Academy of Family Physicians (AAFP) published a recommendation that all family medicine residents receive at least basic ultrasound training in OB/GYN, cardiac, trauma, aorta, biliary, urinary tract, deep venous thrombosis, soft tissue/musculoskeletal, thoracic/pulmonary, ocular, procedural guidance, and clinical protocols.

Over the last past years, Memorial Family Medicine Residency has responded to the national call to train family medicine residents in POCUS by developing a multi-faceted, longitudinal curriculum. Residents learn ultrasound skills through regular noon conference lectures, hands-on workshops; case-based US practice in our state-of-the-art, high-fidelity ultrasound simulation lab; supervised bedside ultrasound practice during clinical rotations; integrated POCUS use in outpatient continuity clinics; musculoskeletal ultrasound training during sport medicine rotation; and an optional 2-4 week ultrasound elective for residents who desire even more in-depth training in bedside ultrasound. Residents also have the option to learn ultrasound guidance for a number of procedures including lumbar puncture, paracentesis, thoracentesis, joint injections, and foreign body removal.

In addition to developing a robust educational curriculum, the residency program has devoted significant time and resources to expanding the faculty's POCUS skills. In 2022, the program began providing dedicated faculty development workshops for POCUS and obtained grant funding to purchase a personal portable ultrasound unit for every faculty member, which allows faculty members to utilize bedside US in their daily clinical practice. In 2023, Memorial Family Medicine Residency plans to continue advancing resident POCUS training by utilizing grant funding to purchase a butterfly ultrasound for every Memorial Family Medicine Resident.



Health Services Management

Introduction

The Health Services Management (HSM) curriculum was developed in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends their residency by one year to allow time to earn a Master of Public Affairs in Health Services Management degree. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

The residents in the HSM curriculum provide noon conferences on health system management topics once or twice in their third and fourth years of residency, and contribute significantly to the overall teaching of health system management-related topics in the curriculum. These fourth year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center, providing adjunct teaching support on the Staff Medicine service, and sharing results of system-based research that they are doing as a part of their master's degree Capstone Project.

Accomplishments/Successes of the HSM Program

Nineteen residents have graduated from the Health Services Management program, and there are currently three residents enrolled in the HSM curriculum. Megan Boyk, MD, PGY-3, will transition from being our Chief Resident into her HSM Fellowship year. Allyson DiMagno, MD, is a PGY-2 who was also recently elected by her peers as the program's Vice Chief Resident for the 2022-2023 academic year. Victoria (Tori) Drzyzga, MD is an intern in the program.

Many HSM graduates still practice in our community, where they share their expertise with the current resident physicians through a variety of teaching venues.

- Jason Marker, MD, was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a Past President of the IAFP, a Past President of the AAFP Foundation, and a Past Director of the AAFP. He currently serves as the Vice President of the St. Joseph County Board of Health and is the Lead Faculty for the AAFP Foundation's Emerging Leader Institute. He is also the General Chair of the AAFP's new "Leading Physician Wellbeing" program.
- Brandon Zabukovic, MD, who graduated from the HSM curriculum in 2006, was honored as one of the first winners of the Pfizer Teacher Development Award given by the AAFP Foundation. He is in private practice in South Bend, Indiana, and serves an integral role in our community as the Chair of the Michiana Opioid Task Force.
- The work Michael Kozak, MD, performed with a large HIV/AIDS population (and other medically fragile populations) serves as a role model for the work we do at the residency. He works for HealthLinc FQHC in South Bend and his practice hosts many residents who want to experience the best of how we serve these often challenging patients.
- Keyna Martinez, MD, practices at Beacon Medical Group Bremen – a site that has been born out of the merger between Beacon Health System and Community Hospital of Bremen. She frequently lectures on practical patient management topics at noon conference, but also hosts many residents on their rural family medicine rotations.
- Marion Mahone, MD, is one of Memorial Hospital's Academic Hospitalists who provides inpatient adult medicine teaching full-time on the Staff Medicine service on an alternating basis with program alum Matt Reed, MD. She also has taken a leadership role at the residency and in Beacon Health System's response to Diversity, Equity, and Inclusion.
- Leah Craft, MD, is practicing at Beacon Medical Group – Cleveland Road in South Bend and hosts our Residents in her practice. She models for our Residents the very best in how compassionate relationship-building leads to great medical care.
- Rachel Schuster, DO, is a core faculty member at the Residency. She missed interview season due to the birth of her son Gramm! She is working diligently with Dr. Tucker Balam, DO, on achieving Osteopathic Recognition for the Residency program. In the meantime, she continues to practice OB, teach osteopathic manipulative therapy (OMT) to MD and DO residents, and coordinate medical student rotations as well as recruitment events
- Kate Callaghan, MD, is a core faculty member at the Residency and teaches in the Center for Compassionate Care in Medicine at the University of Notre Dame. She continues to oversee the Care of the Underserved curriculum at the Residency.



Dyllan Tiburzi, MD

Dr. Dyllan Tiburzi grew up in Benld, Illinois and graduated from the University of Illinois Springfield where he earned his undergraduate degree in chemistry. Following undergrad, he attended medical school at the University of Illinois College

of Medicine in Rockford as a member of the Rural Medicine Education (RMED) program. Following medical school, he was thrilled to match into his first choice for residency – the Memorial Family Medicine Residency program. Throughout residency, he has remained passionate about building relationships with not only patients but also his colleagues and support staff.

Dr. Tiburzi is completing his Health Services Management (HSM) fellowship during the 2021-2022 academic year. For his IUSB Master of Public Affairs Capstone project,

he investigated the effect of an up-to-date and easily accessible reference screening tool that was provided to each resident in an attempt to determine its effect on routine health maintenance screening rates for residents. This project provided him with a deeper understanding of healthcare metrics, the effect of these on health systems, and the importance of preventative screening care for patients. In addition to work on this project, he has spent time during his fellowship year providing care to patients, educating residents, and enjoying time with his family.

Following completion of his HSM fellowship, Dr. Tiburzi will be joining Beacon Medical Group as a family medicine provider at the Cleveland Road location. He looks forward to continuing to provide compassionate and comprehensive care to members of the South Bend and surrounding communities as well as work to find time to continue to provide resident education. He is looking forward to joining an excellent group of Memorial Family Medicine Residency alumni as he continues his career.

Geriatrics Track



Michael Keller, MD, MPH

Our residency is committed to building a culture in which residents can pursue their passions and make a difference within the community. A perfect example is our graduating resident, Michael Keller, MD, who harnessed his passion for the care of our aging

population when he proposed educational changes to the faculty. Specifically, Dr. Keller designed a new optional geriatrics curriculum for the program, which has enhanced our standard training via specialized electives. Beyond additional patient care, supplemental experiences

include working on quality improvement projects at our local nursing home as well as opportunities for house calls for home-bound patients. Physicians who complete this training will become experts within the geriatric field, utilizing geriatric principles free of ageism and with increased insight. This geriatrics curriculum now joins our existing educational tracks, allowing residents to focus on the skills needed for their specific career interests. Further, it highlights how our residents take an active role in the evolution of our program, as we continue to anticipate the future needs of the community and train today's physicians for tomorrow. Thank you, Dr. Keller, for leaving your mark and passing on your enthusiasm for caring for the aging population, as you graduate!

Leadership Spotlight

Oluwaferanmi Okanlami, MD, MS



Dr. Okanlami is a 2017 graduate of Memorial Family Medicine Residency. He graduated from Stanford University and went on to earn his MD at the University of Michigan before matching into Orthopedic Surgery at Yale. At the beginning of his third year he experienced a spinal cord injury, paralyzing him from the chest down. After intense inpatient

therapy, he began outpatient therapy in South Bend and earned his Master's in Engineering, Science, and Technology Entrepreneurship from The University of Notre Dame. He then joined the Memorial Family Medicine Residency program. He credits Memorial for his reintroduction into medicine. His unique circumstance helped us to have a lens for accommodations necessary to help all of our residents succeed and we were able to transform two exam rooms to be accessible for providers in wheelchairs.

While in South Bend, Dr. Okanlami served on the St. Joseph County Board of Health, appointed by then Mayor, now current Secretary of the Department of Transportation, Pete Buttigieg and joined River City Challenged Athletes, a non-profit supporting the area adaptive sports teams. He is currently a board member. Dr. Okanlami was featured on Robin Robert's Good Morning America Series "Thrivers Thursday," and has a catch phrase, "Disabling Disability®," hoping to demonstrate that DISability doesn't mean INability. He is a member of the Alpha Omega Alpha Medical Honors Society, received Michigan Medicine's Distinguished Early Career Alumni Award in 2020, and was

given the "A Teacher's Teacher Award" by the Academy of Medical Educators.

Dr. Okanlami is the Director of Student Accessibility and Accommodation Services at the University of Michigan, where he oversees the office of Services for Students with Disabilities, two Testing Accommodation Centers, and the Adaptive Sports & Fitness Program. He is also an Assistant Professor of Family Medicine, Physical Medicine & Rehabilitation, and Urology at Michigan Medicine, and an Adjunct Assistant Professor of Orthopaedic Surgery at David Geffen School of Medicine at UCLA.

Nationally, he serves as the Disability Issues representative on the Steering Committee for the Group on Diversity and Inclusion at the Association of American Medical Colleges, sits on the National Medical Association's Council on Medical Legislation, and was by the White House Office of Public Engagement to participate in the Health Equity Leaders Roundtable Series dedicated to exploring perspectives around Access to Care. He was appointed to the America250 Foundation Health and Wellness Advisory Council and speaks around the country on topics related to Diversity, Equity, and Inclusion, including, but not limited to creating a health system that is accessible to and inclusive of both patients and providers with disabilities, and providing reasonable and appropriate accommodations for students with disabilities in higher education. He has been featured on CBS News, PBS News Hour, and MSNBC's Morning Joe, and is passionate about adaptive sports and fitness, striving to provide access to physical fitness and inclusive recreational and competitive sports for all.

Refugee Clinic

This year we started a very exciting new project at E. Blair Warner Family Medicine Clinic (EBW). We are now the medical center for refugees in our area. We began conversations with the St. Joseph County Health Department and local refugee resettlement agencies in the spring of 2021. That provided our clinic with a good place to care for refugees from Afghanistan when they started moving to South Bend this past winter. So far we have seen over 60 new patients. Refugee health will be an ongoing part of the services EBW will offer. Most new refugee patients start with two screening visits and then establish primary care with our team.

Kelsey Wideman, physician assistant at EBW, has been the lead organizer in this project with the help of faculty physician

Janel Charlton, MD. Kelsey sees patients for their initial screening visit and helps to coordinate subsequent visits. She also coordinates care between our office and the local resettlement agencies.

Dr. Bob Einterz, MD, from the St. Joseph County Health Department has also been instrumental in our project. Dr. Einterz sees patients for their follow-up visit, often accompanied by the resident who will take over as the primary care physician — this has been an excellent learning opportunity for our residents. We have continued to incorporate education on refugee health for our residents and added new education about cultural considerations for medical care in the Afghan population.

In Memoriam

Dr. Robert Fenstermacher



Previous Program Directors, Dr. Lou Frank (1970-1979), Dr. Robert Fenstermacher (1980-1992) and Dr. Robert Riley (1992-2010)

We would like to pay special tribute to Dr. Robert Fenstermacher, MD. He was the Memorial Family Medicine Residency Program Director from 1980 to 1992. He passed away in the fall of 2021 at the age of 94. Dr. Fenstermacher left his mark on the residency program and on everyone who trained under him. He always exemplified high-quality, compassionate patient care. He also modeled leadership, professionalism, a strong personal faith, and genuine concern for others. The program grew under his leadership in many ways, including the construction of a new Family Medicine Center.

A graduate of Jefferson Township High School (Upland, Indiana) in 1945, Dr. Fenstermacher entered the United States Navy where he served as an Electronics Technician Second Class in Chicago and San Francisco. After leaving the service, he entered Taylor University and received his bachelor's degree. Dr. Fenstermacher later graduated from the Indiana University School of Medicine and the school of tropical medicine in Antwerp, Belgium.

Dr. Fenstermacher was a medical missionary to Belgium (1958-60), the Congo (1960), Zimbabwe and Nome, Alaska (1962-1966). While in Africa, he faithfully served during the turmoil associated with independence from Belgium, and in Alaska he served the residents of the Bering Peninsula. His work there included being the medical doctor and administrator of the United Methodist mission hospital, with occasional trips in bush planes into area villages. After leaving the mission field, Dr. Fenstermacher was in private practice in Walkerton, Indiana, for many years before becoming director of the Family Residency program at South Bend Memorial, prior to his retirement.

Dr. Andy Hipskind



Dr. Andy Hipskind (MFMR Class of 2002) died in September 2021 at age 48 after a long and courageous battle with cancer. Andy was smart, hardworking, and always interested in lightening the mood with a joke or funny observation. He was a friend to everyone he met and a tireless supporter of Indiana University Athletics.

After completing a sports medicine fellowship in Philadelphia, he embarked on a career that he had been dreaming of since he was a student-athlete himself in the IU cross country and track and field programs. He returned to IU in 2003 as the Director of Sports Medicine and the football team's physician. Since 2014, he served as the Senior Assistant Athletic Director for Sports Medicine and Sports Performance as well as IU Athletics' first-ever Chief Medical Officer.

Shortly before his death, he became just the 45th recipient of the IU Distinguished Service Medal, that recognized his nearly two decades of exceptional professional service to the IU Athletics department and the IU community. Throughout his tenure as the Chief Medical Officer, IU's Sports Medicine Department experienced tremendous growth under his leadership – and his family medicine training was able to shine through his work. He oversaw the expansion of sport nutrition professional staff, developed an in-house sport psychology program and aided in the creation of the Elite Athlete Development Center. Dedicated to the overall well-being and development of student-athletes, Hipskind was instrumental in the Memorial Stadium South End Zone facility project and served on the Excellence Academy Leadership team.

IU Athletics recently honored him for his enormous contributions by renaming the IU Athletics Chief Medical Officer Physician's Office in his honor. The Dr. Andy S. Hipskind Chief Medical Officer Physician's Office will serve as an enduring legacy of Andy's commitment to IU Athletics. He is survived by his wife, Angela, and two children, Charlize and Drew.

Giving Back at E. Blair Warner

Food and Diaper Drive

Based on last year's successful event, E. Blair Warner (EBW) hosted another food and diaper drive in September of 2021. We added to the services offered from the previous year and, in addition to providing food staples and diapers for families at E. Blair Warner, we offered car seat checks, COVID-19 vaccinations, fresh food baskets from the Northern Indiana Food Bank, and books for children. We served over 50 families on the day of event. With plenty of food and diapers left over, we have been able to continue to provide these essentials weeks after the event to patients in need. We hope to continue the momentum and offer this as an annual event to the patients at EBW.

Thanksgiving Food Drive and Holiday Giving Tree

For many of our patients, the holiday season does not hold the magic that those of us in secure situations associate with this time of year. Each year, EBW associates identify patients who are in need and provide them with food and gifts. This year, through the generosity of our staff, residents, and faculty, we provided Thanksgiving meals for 12 families, a total of 64 individuals. For the holidays, we enjoyed shopping for eight families and provided gifts on their "wish list" for 27 children and their parents.

Giving back to our patients and families has become a tradition for our program and provides an avenue to connect more fully with our patients. We remain grateful to our community, health system, and foundation in supporting our efforts.



Holiday Giving Tree

Alumni News

Matthew Teters, MD

Class of 2004

Dr. Teters and his wife, Mega, welcomed daughter, Winifred (Winnie) Kirwan Teters in June 2021. Dr. Teters had the great honor of delivering her in the place where he learned his craft, Memorial Hospital.

After 30 years of working for Memorial/Beacon Health System, Dr. Teters and his family moved to Hawaii to start a new life on Maui. He joined a physician group and continues to deliver primary care in an outpatient setting.

Rachel Schuster, DO, MPA

Class of 2018

Dr. Schuster and her husband, Randy, welcomed son, Gramm Randolph Schuster, in November 2021

GMEC Report

2021-2022 Academic Year

The Graduate Medical Education Committee (GMEC) ensures that Memorial Hospital complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2021-2022 are:

Frances Baccus, MD	Gene Grove, MD	Linda Mansfield, MD	Alexander Tawadros, MD
Sandra Brown, MD	Lori Harding	Keyna Martinez, MD	Mark Thompson, MD
Katharine Callaghan, MD	Joseph Harmon (IU)	Pierre Ovide, MD	David Van Ryn, MD
Gregg Ebersole, MD	Andy Hoffmann, BSN	Stacey Patrick (IU)	Jenai White
Mark Fox, MD (IU)	Kamille Hutchinson	Dale Patterson, MD	Luke White, DO
Gary Fromm, MD	Ruth Hyde	Anatoliy Rudin, MD	Donald Zimmer, MD
Kayla Goforth (IU)	Tina Jennings, MD	Rachel Schuster, DO	
Justin Grannell, DO	Kathryn Kenney, DO	Kashif Shaikh, MD	

The Memorial Hospital Family Medicine Residency program currently has full accreditation and expects to be surveyed by the ACGME within the next few years. The survey scheduled for 2022 has been delayed due to the COVID-19 pandemic's impact on site visits during that time.

Amidst the struggles imparted on us by the COVID-19 pandemic, the residency program exemplified incredible resiliency. One example of this resiliency is resident evaluations. Our residents have continued to perform exceedingly well on rotation evaluations and on the annual in-training exam. Our residents continue to score above the national average for this exam. Finally, we continue to maintain a board pass rate of 100% with the most recent group of graduated residents.

Our residents have also shown resiliency in their patient care. Residents continue to care for patients in both the hospital and outpatient setting. They are active and integral members of the inpatient pediatric hospital team as well as the obstetrics team. They are members of the medical staff committees to give resident insight in all areas of the hospital. The residents actively participate in the morbidity and mortality conferences that directly improve patient safety and quality of care. There have been no ACGME citations for patient care issues.

The program recognized the need for medical care for the Afghan refugee population in South Bend and partnered with the St. Joseph County Health Department to create the refugee clinic. Under the guidance of the county health department director, the residents and faculty are now providing care to over 50 Afghan refugees. The drive and determination to stretch our medical abilities and provide compassionate care for all persons has never been more evident in our residents' and faculty members' care of these patients.

While our residency program demonstrates admirable resiliency, it is aware of burn-out and the need for wellness. We have an internal survey to assess resident needs over time. Because of results from this survey, we are planning to implement a resident wellness day periodically in the upcoming academic year. Our team leader framework continues to promote intentional mentorship with regular check points for faculty to assess resident wellbeing.

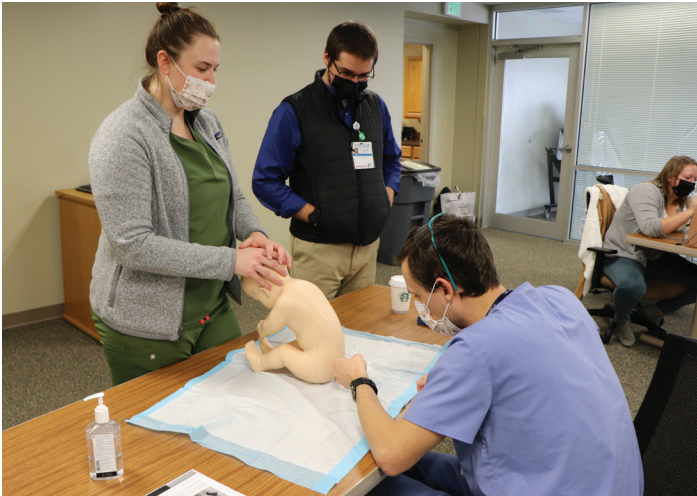
Our residents have remained an integral part of the education of medical students both from the neighboring Indiana University South Bend campus as well as from medical students from across the country. The residents and hospitalists on the inpatient medicine service educate medical students completing their sub-internships with our service multiple times throughout the year. The program hosted 14 medical students as they completed the "Family Medicine In-Depth" elective. This elective gives the medical student the opportunity to rotate on the inpatient medicine, pediatrics and obstetrics services with the residents as well as spend time in resident clinic to get a feel for what life is like as a Memorial resident. We routinely match at least 1 medical student from this elective to our in-coming intern class and this year was no different – we matched three!

The faculty members continue to strive for excellence in teaching and look for opportunities to develop their teaching skills. A noted desire from residents to learn more about geriatrics care was made known and through collaboration between Dr. DuPre and PGY3 Michael Keller, a new Geriatrics curriculum will be implemented in the next academic year. Using grant funding, each faculty member has been given a Butterfly ultrasound probe to utilize in the clinic and in the hospital. Under the guidance of Dr. Singh, our faculty are learning to utilize the vast array of clinical information that can come from an ultrasound guided exam.

Finally, our residents and program graduates continue to be pleased with their training. Program evaluations are at or above the national average in all parameters. Evaluation completion rate is also high demonstrating investment from faculty and residents to provide actionable feedback about the program. Our graduates report they are pleased with their training via the ACGME survey sent at intervals since the graduates training. We continue to be impressed with the impact they make in their communities.

In summary, the Memorial Hospital Family Medicine Residency program continues to be an excellent residency training program that is proud of the accomplishments of the residents, faculty and alumni.

2021-2022 Highlights



Where Are They Now?

Memorial Family Medicine Residency Program Graduates

68% of our grads
are practicing in
IN, IL, MI, OH

1 Canada





MISSION

**We deliver
outstanding care,
inspire health and
connect with heart.**

VALUES

**Trust
Respect
Integrity
Compassion**

The Family Medicine Residency Program of Memorial Hospital supports the mission of Beacon Health System, and in addition strives to:

- Provide the highest quality of education to family medicine residents
- Provide the best possible medical care and service to our patients
- Advance the specialty of family medicine
- Improve the health of our community