

Memorial Family Medicine Residency Program

Annual Report 2022-2023

From the Director

Greetings from Memorial Family Medicine Residency! The 2022-2023 year has been full of continued growth and innovation and I am excited to update you on the important and impactful work we continue to do at Memorial.

I remain very proud of our faculty group – they have truly exhibited passion, dedication and talent as we have settled into our new normal. Each of them has leaned in to the core values of the program and been instrumental in advancing the training we are able to offer at Memorial.

Our residents continue to be central to care delivered at Memorial Hospital. They provide care for the most vulnerable in our community and do so with compassion and grace. Our inpatient and outpatient services remain very busy. Given the sustained volume and need in our community, we applied for and received competitive governmental funding to expand our residency from nine residents per year to 10 residents per year. This expansion will allow us to train an additional full spectrum family physician and provide more infrastructure and support for the patients we serve.

In addition to their continued service to our hospital, our clinic, and community, our residents again scored above the national average on their in-training exam, an exam administered annually to family medicine residents across the country that helps to predict board pass rate. We have maintained an impressive statistic of 100% board pass rate with our residents, which highlights the excellent education our residents receive at Memorial. Two of our residents received national and regional recognition this past year. Vice Chief Resident, Dr. Allyson DiMagno, was awarded the very competitive AAFP Award for Excellence in Residency Education. This award is bestowed to 12 family medicine residents nationally and truly highlights the best and brightest in the country. Additionally, Dr. Mike Keller received the IAFP Outstanding Resident Award, which honors one resident in the state of Indiana who embodies the core aspects of excellence in residency. These awards are a signpost to the amazing residents who we are able to attract to our program to serve our community.

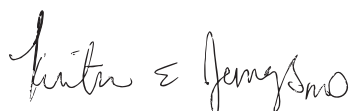
I am excited to add to this remarkable group of residents with the match of our impressive class of 2026. Our incoming interns come from around the country with a common desire to receive full-spectrum family medicine training. They have excelled academically and in the level of service they have provided to their communities thus far. We are thrilled to have all 10 join our team in July. They undoubtedly will make us better.

E. Blair Warner clinic continues to find ways to serve patients in unique and impactful ways. Under the leadership of associate director, Dr. Kate Callaghan, we recently launched our Street Medicine Program. This service opportunity provides acute, urgent, free care to the unsheltered of the South Bend Community. Performing “Street Runs” every other week in the evening hours, we suspect a dozen or more ER visits have been avoided with this outreach effort thus far. Additionally, we have partnered with local community agencies and clinics to establish primary care for these under-resourced patients. Beyond that, this initiative is helping to build a bridge of trust with a patient population that has historically been disenfranchised and on the edges of quality health care. Other community efforts include an in-clinic food pantry at E. Blair Warner to offer food staples to our patients, a focus on providing prenatal and newborn care with the addition of classes and “Kerrie Kares” bags for new parents, and our Reach Out and Read Program.

We are very proud of the efforts of our larger health system, Beacon, as they embark on a tower redesign for Memorial Hospital. Amidst the challenging national financial climate experienced by health care systems, the leadership team has seen the value of expanding and updating this space in downtown South Bend in an effort to continue delivering high-quality care in our community. Featured in our alumni spotlight is Dr. Dale Patterson who recently assumed the role of President of Beacon Medical Group. Dr. Patterson's leadership has benefited Beacon Health System for over a decade. He is a previous faculty member and program director at Memorial and in his role as Vice President of Medical Affairs, was instrumental in our response to the COVID-19 pandemic and aided in improving the quality of care delivered in the hospital. We are proud of all he has accomplished and are eager to see what is on the horizon for Beacon Medical Group under his leadership.

Although we know there is much work yet to be done, I am so proud of the continued work of our team at Memorial Family Medicine Residency Program. As with most great teams, it couldn't happen without the amazing individuals who make up the team: our group of faculty, residents, administrative support and staff. We remain committed to our values of providing excellent resident education, high-quality patient care, advancing the specialty of family medicine and serving our community.

Thank you for your continued support of the program. Wishing you and yours well!



Tina Jennings, MD, FAAFP
Program Director
Designated Institutional Official

The Memorial Family Medicine Residency Program Faculty



Tina Jennings, MD
Program Director



Rachel Schuster, DO
Senior Associate
Director, Osteopathic
Education Director



Tucker Balam, DO
Associate Director
OB Fellowship Director



Kate Callaghan, MD
Associate Director



Janel Charlton, MD
Associate Director



Matthew DuPre, MD
Associate Director



Marion Mahone, MD
Faculty Hospitalist



Linda Mansfield, MD
Sports Medicine
Fellowship Director



Jason Marker, MD
Associate Director
Clinic Director



Gerald Morris Jr., MD
Faculty



Gregory Pouliot, PhD
Behavioral Medicine
Director



Matthew Reed, MD
Faculty Hospitalist



Emily-Rae Singh, MD
Associate Director



Randall Suttor, MD
Associate Director

Class of 2023 graduates



Madeline Chandler, MD

Maddie grew up in a small-ish town in southwest Missouri called Nixa. She has been undertaking a grand tour of the Midwest since 2010, moving to South Bend for college at the University of Notre Dame, majoring in Biological Sciences, then moving back to Nixa to work at her hometown hospital for two years, then to Omaha, Nebraska, for medical school at Creighton University, and eventually back to South Bend for residency. While she is sad to be leaving her residency family in South Bend, she is thrilled to be moving (again) to Minneapolis to practice outpatient family medicine in a neighborhood clinic and to finally be back in the same time zone as the rest of her family. Maddie is particularly looking forward to spending more time with her sister and her family, as well as dragging her friends and family to as many musicals, baseball games and bar trivia events as possible.



Allyson DiMagno, MD

Allyson grew up in Fairport, a suburb of Rochester, in western New York. She attended Cornell University where she studied biological sciences and competed on the Cornell Women's Basketball Team. Following her undergrad studies, she attended medical school at Oakland University William Beaumont School of Medicine where she fell in love with family medicine. She was incredibly grateful to match at Memorial, where she has been surrounded by amazing faculty and colleagues who have supported her many passions, including sports medicine and health services management. Following graduation, she is excited to be staying in South Bend for not one, but two years, as she will complete the Notre Dame Sports Medicine Fellowship, followed by her Health Services Management Fellowship.



James Handtke, DO

James was born and raised in Demotte in northwest Indiana where he met his high-school sweetheart and now wife, Kristen. He received a degree in Biology from Huntington University before completing his medical school training at Chicago College of Osteopathic Medicine. He pursued a career in Family Medicine and picked Memorial as his first choice due to his desire to have a challenging residency program and quickly fell in love with the family atmosphere at the program. After graduation, he will be working in an outpatient practice in Middlebury, Indiana. In his spare time, James loves spending time with his wife and his dog. He also enjoys cooking and is an avid cyclist.



Kallie Kram, MD

Kallie is from the small, rural community of Burton, Texas. There her family has owned and operated a farm and ranch for seven generations. Her strong agricultural roots led her to Texas A&M University, where she received a Bachelor of Science in Nutritional Sciences. Kallie chose to pursue medicine as it perfectly intertwines her heart for service and love of learning. She attended Baylor College of Medicine in Houston, Texas, before moving to South Bend for residency with her husband, Kasey, and son, Liam. At Memorial, Kallie was honored to be elected chief resident by her peers and has dedicated her time to improving the quality of life for her colleagues. Following graduation, Kallie will be returning to Texas and joining a rural outpatient practice. She is immensely grateful for the training she received at Memorial that has made her into a great family physician and for her family who has walked alongside her every step of the way.



Audrieanna Kramer-Laughlin, MD

Audrey grew up in a loving and most certainly goofy family on the Ball State University stomping grounds in Muncie, Indiana. She studied biology and Spanish at Indiana University-Purdue University of Indianapolis and then just hopped over to the other side of the campus to attend Indiana University School of Medicine. Unbeknownst to her at the time, she met the love of her life, Tyler, during her training in Indianapolis. After many years of friendship, she and Tyler sealed the deal and made vows in marriage in December 2022. Audrey has felt so blessed and privileged becoming part of the Memorial family. Her Memorial faculty and colleagues taught her both the mechanics of medicine and the servant-hearted, selfless nature necessary to become an excellent family doctor. Audrey served on the Wellness Committee and led the Reach Out and Read program at the residency. After graduation, Audrey will enjoy practicing outpatient medicine on the West Side of Chicago at Lawndale Christian Health Center.



Garrett Muhlstadt, DO

Garrett was born and raised just outside of Kankakee, Illinois (an hour south of Chicago). He studied Mechanical Engineering at Olivet Nazarene University, where he met his amazing wife, Abbie. They then moved to central Indiana so Garrett could study at Marian University College of Osteopathic Medicine before moving to South Bend for residency. Along the way, they have been blessed with two sons, Micah and Malachi. These days, their family can be found enjoying many of the family friendly activities in the area including going to the zoo, playing at the library, swimming at the beach, attending a South Bend Cubs baseball game, and visiting the many wonderful parks and splash pads in the area. Throughout their time together, Garrett and Abbie have had the opportunity to learn about, pray for and participate in medical missions. They are excited to become permanent Michiana residents after graduation, as Garrett will be joining a missions-minded outpatient clinic group just up the road in Niles, Michigan.



Deborah Pavey, MD

Debbie is a born and raised Hoosier, originally from the Big City (Indianapolis). She studied biology at Wheaton College in Illinois, and made the big decision to go to medical school instead of earning a Ph.D. in marine biology. She then attended Indiana University School of Medicine in Terre Haute, Indiana, where she met her husband, Nathan. She has enjoyed her time at Memorial, and has focused her training on rural and underserved medicine. After graduation, she will remain with Beacon Health System at the LaPorte office. She and Nathan are excited for what God has in store for them for this next season of life.



Megan Spencer, DO

Megan grew up on a farm in southern Michigan. She first met her significant other Matt, when they were showing pigs at the county fair. She attended the University of Michigan where she received her bachelor's degree in Ecology and Evolutionary Biology. She then went on to attend medical school at Michigan State University. She was thrilled to join Memorial for her residency training where she has had some amazing experiences and has met some even more amazing people. She is happy to say that she will not be moving too far away from some of her favorite people after graduation. She is excited to be joining the Pokagon Band of Potawatomi to practice outpatient family medicine in southwest Michigan. When not at work, she and Matt love exploring the outdoors together and especially enjoy traveling to state and national parks. When not outside, she can often be found tending to her large collection of house plants or spending time with her cat, Milo and golden retriever, Copper.



Kaitlin VanderKolk, MD, MPH

Kaitlin is originally from Arvada, Colorado. She earned her undergraduate degree in biological sciences from the University of Notre Dame, followed by a Master of Public Health degree from Saint Louis University. She completed medical school at the University of Colorado before the Midwest called her back for residency at Memorial. In her spare time, she loves traveling, hiking, kayaking on the St Joseph River, and playing music. She is forever grateful for the support of her family back home as well as her Memorial family, who she will miss greatly. After graduation, she is returning home to the mountains to practice outpatient family medicine at an underserved clinic in Denver.

Class of 2024



Daniel Brannen, DO



Keith Christian, MD



Victoria Drzyzga, MD



Kathleen George, MD



Jesse Gettinger, MD



Sherry Magrey, MD



Ethan Schimmoeller, MD



Garrett Shanks, MD



Bailey Swan, MD



Zackary Wages, DO

Class of 2025



Shan Antony, MD



Jillian Baranowski, MD



Hannah Drazenovich, MD



Rebecca Hendricks, MD



Gabriela Romo, MD



Gerrit Seymour, DO



Cynthia Stanton, DO



Ashley Williamson, DO



Kristen Wright, MD

Class of 2026



Daniel Armounfelder, MD
Hometown: Manhattan, KS
Undergrad: Goshen College
Medical School: Indiana University School of Medicine
Hobbies/Interests: Spending time with family and friends, running, reading, playing with cats



Kristin Bredhold, DO
Hometown: Ireland, IN
Undergrad: Indiana University Purdue University Indianapolis
Medical School: Marion University College of Osteopathic Medicine
Hobbies/Interests: Hiking, cycling, painting/ceramics, jigsaw puzzles



Urban Cornett, MD
Hometown: Kirkwood, MO
Undergrad: University of Notre Dame
Medical School: Saint Louis University School of Medicine
Hobbies/Interests: Watching college football, playing soccer, trivia, hiking in West Virginia, working out, hanging out with family and friends



Leah Amstutz Hansel, MD
Hometown: Goshen, IN
Undergrad: Goshen College
Medical School: Indiana University School of Medicine
Hobbies/Interests: Knitting, gardening, baking, running, reading long fantasy novels



Teresa Keiser, MD
Hometown: Bluffton, IN
Undergrad: Washington and Lee University
Medical School: University of Cincinnati College of Medicine
Hobbies/Interests: Reading books, doing yoga, playing board/card games, listening to podcasts, petting cats



Olivia Neese, MD
Hometown: Plymouth, IN
Undergrad: Indiana State University
Medical School: Indiana University School of Medicine
Hobbies/Interests: I'm a plant mom, I love singing, ice cream, yoga, and have recently started crocheting



Daniel Perry, MD
Hometown: Hilliard, OH
Undergrad: University of Cincinnati
Medical School: Wright State University Boonshoft School of Medicine
Hobbies/Interests: Running, cycling, hiking, reading, car/home improvement projects



Kelsey Perry, MD
Hometown: Crystal Falls, MI
Undergrad: Grand Valley State University
Medical School: Central Michigan University College of Medicine
Hobbies/Interests: Hiking, backpacking, dog training (and playing), reading, golf, weightlifting, trying new restaurants with my husband



Dillon Stull, MD
Hometown: Phoenix, AZ
Undergrad: Baylor University
Medical School: Stanford University School of Medicine
Hobbies/Interests: Tennis, golf, birding, church schola, consuming embarrassing amounts of Bob Dylan's music



Kaitlyn VanRiper, MD
Hometown: Greenville, MI
Undergrad: University of Michigan
Medical School: Western Michigan University Homer Stryker School of Medicine
Hobbies/Interests: Hiking, anything puzzle related, diamond paintings, baking, reading

2022-2023 report on sports medicine

Procedural training remains a core part of the fellowship program

MSK ultrasound training remains a strength of the Sports Medicine Fellowship program and is recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. Also at the sport medicine clinic, innovative procedures such as PRP injections and percutaneous tenotomies continue to be performed. Fellows are graduating well-trained to go into practice and help their patients with the use of these techniques. Dr. Mansfield also includes an introductory musculoskeletal ultrasound training session to the first year Sports Medicine-Ortho rotation.

Annual training for emergency preparedness prior to fall sports season

A hands-on learning experience coordinated by Beacon has become an annual event in the sports medicine program. It involves residents, fellows, attending physicians and athletic trainers from both Memorial and Saint Joseph hospital systems participating in a practice session for the care of an athlete with a cervical spine injury. They practice removal of football equipment and spine boarding of an athlete who is injured on the athletic field using multiple scenarios. This joint training session gives health professionals the opportunity to familiarize themselves with each other and to improve protocols, giving our community's athletes a higher level of safe participation. We also have some fun doing it!

Presentations accepted for the AMSSM National Meeting

The American Medical Society for Sports Medicine accepts case and research submissions annually for its national meeting. Sports Medicine Fellow Cody Ward, MD, had a case accepted for a podium presentation at the annual meeting in Phoenix this spring. Allyson DiMagno, MD, had a case accepted for poster presentation.

Local high schools and two colleges in South Bend well-served by Beacon certified athletic trainers and physicians

The relationship between the South Bend Community School Corporation and Beacon Health System continues. Beacon provides certified athletic trainers to 11 area high schools. Drs. Linda Mansfield and Mitch Daugherty, sports medicine fellow Dr. Cody Ward, as well as residents Drs. Allyson DiMagno, Madeline Chandler, James Handtke and Dan Branned, provided sideline and training room coverage for several of these schools. Dr. Mansfield and Dr. Ward visited Holy Cross College and IU South Bend weekly during the academic year to attend to injured athletes. These schools also had physician coverage for basketball games provided by our sports medicine attendings and several of our residents. This is a great opportunity for the residents to

get experience providing medical coverage for collegiate level sporting events. The Sports Medicine fellows cover all division 1 sports at the University of Notre Dame.

Sunburst medical tent volunteers well-prepared to handle casualties of the race

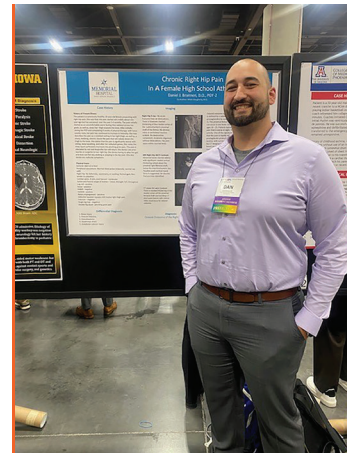
Attending physicians, fellows and residents are among the volunteers in the medical tent at the Sunburst Races every year. The event sponsored by Beacon hosts a half marathon, a 10K race, a 5K race and a 5K walk. This is a great opportunity for the fellows and residents to be at the finish line, staffing the medical tent under the medical directorship of Dr. Mansfield. The race was held this year on June 3. Our physicians were once again prepared to treat everything from minor injuries requiring first aid to heat stroke, which is treated in ice immersion baths on site.

Sports Medicine Fellowship match

The Sports Medicine Fellowship, which is a collaboration between the family medicine residencies at Memorial Hospital and Saint Joseph Health System, filled both positions for the academic year 2023-2024. New fellows Allyson DiMagno, MD (one of our 2023 residency graduates) and Josh Loiseau, MD, will start July 1, 2023. They are looking forward to their sports medicine training year, which includes treating athletes at the high school, NAIA college level and at the University of Notre Dame.

New Primary Care Sports Medicine attending

Beacon Bone and Joint Specialists are pleased that Cody Ward, MD, current Sports Medicine fellow and recent Memorial Family Medicine Residency graduate, will be staying on to practice primary care sports medicine in the system. Dr. Ward will be part of the team educating our residents on musculoskeletal medicine as well!



Curriculum

Obstetrics Program

Memorial Family Medicine Program has a long tradition of offering an outstanding obstetrics experience within the framework of a traditional family medicine residency curriculum. Many of our graduates continue to incorporate obstetrics into their practices and utilize these valuable skills domestically and abroad. Memorial residents provide 24-hour coverage of the Childbirth Center, a busy unit that in 2022 delivered 2,400+ babies. The residents are an integral piece within the Childbirth Unit and manage triage, perform vaginal deliveries, care for high-risk pregnant patients, and assist in Cesarean deliveries. They help to manage nearly every patient arriving on the unit.

Our unopposed program assures that our residents are at the front line of providing inpatient OB care without competition from other learners. For the last several years, we have had a hospitalist model that has provided excellent care to patients and excellent education to our residents. In addition to the inpatient experience, our residents care for approximately 400 OB patients per year at E. Blair Warner Family Medicine Center. This continuity of care, provides a great opportunity for holistic care as well as service to our community. In 2021, we began working on several projects that increase access to marginalized patients and in 2022, we expanded on these projects, working with our community partners to decrease fetal, neonatal, and maternal mortality. We have these and other exciting community projects in development for 2023.

OB Fellowship

Since its inception in 2003, we have been pleased to offer a year-long Family Medicine Obstetrics Fellowship to one candidate per year. The goal of the fellowship is to expand upon the education the resident has received during their family medicine residency and to teach surgical obstetrics including Cesarean sections, tubal ligations and advanced ultrasound skills. This exposure to higher-risk obstetrics and the procedural skills they develop, are a great asset to their future communities, both internationally and within the United States.

The structure of the fellowship allows for continued exposure to the breadth of family medicine, which aids our Fellows in maintaining a broad and current knowledge base. In addition to providing valuable patient care, the Fellows serve as an important member of our educational team, helping to onboard new residents to the childbirth unit and mentor them as they develop important skills in the hospital and clinic.

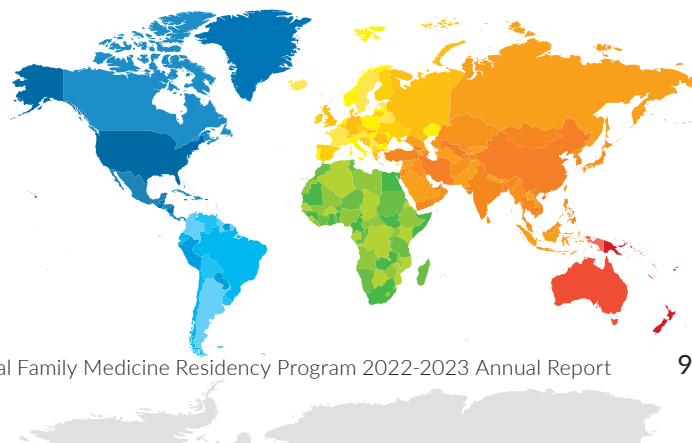
This last year saw exciting changes and expansion of our fellowship. We were able to increase the fellowship to two Fellows each year. While doing this, we increased the education and leadership training that the fellows obtain. 2022 saw Dr. Amanda McGinnis and Dr. Natalie Burkhart lead the inaugural Two-Fellow program pushing our care of the patients of greatest need. This year their project has been to restructure and restart free pregnancy and parenting classes and the first class was offered in March this year. They are advancing their already formidable obstetric skills in high-risk management, as well as their surgical acumen. We expect to continue to build on these exciting changes in 2023!

Our physicians around the world

Opportunities for international rotations remain a cornerstone of our program, providing a unique educational and service experience for interested residents. Rotating and serving in the international community can have lasting impacts on the formation of residents and is often one of the most impactful experiences of their training. Over the years, our residents and alumni have had an impact in dozens of countries with many of our alumni actively serving in this capacity – the seeds of this important service work planted during their time in residency. Since the inception of Memorial's international experience, we have sent more than 40 residents to countries around the world to serve and learn in under-resourced settings. As COVID-19 restrictions have been easing, we have been able to gradually re-open these opportunities. This academic year Dr. Megan Boyk, MD, returned to Honduras, where she has a long-term connection and continues to serve in remote locations. In addition, Keith Christian, MD, is scheduled to serve in a clinic on the island of Roatan in Honduras.

We have enjoyed generous financial support for this international rotation experience from our health system, minimizing the financial burden to the resident. However, we recognize with the changing health care landscape, that this support is not guaranteed. We have made efforts to start a Global Health Foundation Fund in hopes of financially supporting international experiences in perpetuity, independent of future budgetary limitations. Thanks to the generosity of many, we continue to make progress in developing this fund and are nearly to our fundraising midpoint, having raised \$156,465 with a goal of \$250,000.

We remain excited about the impact our residents have on the people they care for around the globe and also for the relationships they form and the ways their lives are changed from these experiences.



Simulation lab report



Many Family Physicians are drawn to our specialty by a love for deep patient relationships and enjoyment of the breadth of care we provide. The procedural scope of Family Medicine involves a wide array of procedures, from skin biopsies to colonoscopies and everything in between. At Memorial Family Medicine Residency program, we are dedicated to training Family Physicians in full

spectrum care. We are also committed to developing innovative educational strategies that support full spectrum training.

Simulation is an educational tool that allows residents and physicians to repeatedly practice procedural skills before performing a procedure at the patient bedside. It increases resident confidence and decreases risk for our patients. Our residency has a long history of simulation training in endoscopy, ultrasound, laceration repair and joint injections. Over the past year, the faculty have dedicated significant time and effort to expanding the simulation training available to our residents. The simulation center, built in 2016, now offers simulation learning for a wide variety of procedures, including: neonatal circumcision, colposcopy, adult and pediatric lumbar puncture, external cephalic version, endometrial curettage, Bakry balloon placement, Cesarean sections, postpartum tubal ligation, D&C for retained products of conception, cervical laceration repair, perineal laceration repair, intraoperative management of post-partum hemorrhage, anoscopy, and ultrasound-guided paracentesis and thoracentesis.

The simulations have been designed and built using an innovative educational design based on evidence-based educational theory. Individual simulations are built in modules that are housed within a portable simulation box. The simulation boxes are fully equipped with the simulation equipment, instruments and supplies required to practice the desired procedural skill. Each box also contains a written manual with learning objectives, instruction for simulator set-up, information on how to perform the procedure, and a scripted pre-brief and debrief for the simulation scenario. This modular set-up enables medical students and residents to walk into the simulation center at any time, choose the procedure they wish to practice, and begin working independently through guided simulation experiences. It also allowed faculty to develop a structured longitudinal simulation curriculum that includes noon-conference didactics, scheduled time in the simulation lab within rotations, and monthly faculty-supervised simulation training. Moving forward, the residency program is committed to continued expansion of simulation training and will continue to develop innovative strategies that empower and equip our residents with the skills they will need to practice full-spectrum Family Medicine.



Memorial Family Medicine Residency achieves initial recognition for osteopathic program

In the fall of 2022, we were notified that the Osteopathic Recognition Committee granted our program “initial recognition” for Osteopathic Recognition. This was retroactive to the beginning of the 2023 academic year. Since then, our osteopathic education has been in full force. We have seven osteopathic residents and one allopathic resident participating in our osteopathic curriculum, which has been integrated into each existing curricula. These residents evaluate and treat patients monthly during our Osteopathic Ambulatory Clinic (OAC). Patients and fellow residents have been very receptive to this modality of medicine; on average we see six to eight patients in OAC. Our osteopathic residents took the Clinical Osteopathic Recognition Training Examination (CORTEX) in the fall and collectively scored above the national average. As the academic year is wrapping up, we are solidifying the osteopathic curriculum as well as working with osteopathic physicians in the community to reinvigorate our osteopathic elective.

Health Services Management

Introduction

The Health Services Management (HSM) curriculum was developed in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends their residency by one year to allow time to earn a Master of Public Affairs in Health Services Management. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

The residents in the HSM curriculum provide noon conferences on health system management topics once or twice in their third and fourth years of residency, and contribute significantly to the overall teaching of health system management-related topics in the curriculum. These fourth year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center, providing adjunct teaching support on the Staff Medicine service, and sharing results of system-based research that they are doing as a part of their master's degree Capstone Project.

Accomplishments and successes of the HSM program

Twenty residents have graduated from the HSM program, and there are currently three residents enrolled in the HSM curriculum. Allyson DiMagno, MD, will transition from being the program's Vice Chief Resident to becoming one of our 2023/24 Sports Medicine Fellows before completing her HSM Fellowship year in 2024/25 alongside current rising PGY-3 resident, Dr. Victoria (Tori) Drzyzga. Also, Ashley Williamson, DO, is completing her intern year in the program.

Many HSM graduates still practice in our community, where they share their expertise with the current resident physicians through a variety of teaching venues.

- Jason Marker, MD, was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a Past President of the IAFP, a Past President of the AAFP Foundation, and a Past Director of the AAFP. He currently serves as the Lead Faculty for the AAFP Foundation's Emerging Leader Institute and as the General Chair of the AAFP's new "Leading Physician Wellbeing" certificate program.
- Brandon Zabukovic, MD, a 2006 HSM graduate, was honored as one of the first winners of the Pfizer Teacher Development Award given by the AAFP Foundation. From different practices within South Bend, he and HSM graduate Michael Kozak, MD, lead the way in modeling how family physicians can take care of large medically fragile populations within our community, including patients with HIV/AIDS, Hepatitis C, Substance Use Disorder, and significant co-morbid mental health conditions.
- Keyna Martinez, MD, practices at Beacon Medical Group Bremen – a site that has been born out of the merger between Beacon Health System and Community Hospital of Bremen. She frequently lectures on practical patient management topics at noon conference, but also hosts many residents on their rural family medicine rotations.

- Marion Mahone, MD, is one of Memorial Hospital's Academic Hospitalists who provides inpatient adult medicine. She teaches full time on the Staff Medicine service on an alternating basis with program alum Matt Reed, MD. She also has taken a leadership role at the residency and in Beacon Health System's work on Diversity, Equity, and Inclusion.
- Leah Craft, MD (Beacon Medical Group–Cleveland Road) and Dyllan Tiburzi, MD (Beacon Medical Group–Main Street) are amazing models for our Residents in how compassionate relationship-building leads to great medical care.
- Rachel Schuster, DO, is a core faculty member at the Residency. She and Tucker Balam, DO, have helped our program achieve ACGME "Initial Osteopathic Recognition" through the ACGME's Osteopathic Principles Committee. This designation is given to programs that demonstrate "a commitment to teaching and assessing osteopathic principles and practices at the graduate medical education level." Dr. Schuster also serves as an administrative leader in our program as the Senior Associate Director. As a new mom, she lives out the ways that physicians can gracefully balance all of our important roles in life.
- Kate Callaghan, MD, is a core faculty member at the Residency and teaches in the Center for Compassionate Care in Medicine at the University of Notre Dame. She continues to oversee the Care of the Underserved curriculum at the Residency and is the lead faculty in our emerging Street Medicine program alongside current HSM resident and Street Medicine co-lead, Tori Drzyzga, MD.



Megan Boyk, MD, MPA

Dr. Megan Boyk grew up in the small farming town of Pemberville, Ohio. She then studied biology and public health at John Carroll University, followed by medical school at Oakland University William Beaumont School of

Medicine in metro Detroit. In college and medical school, she had many opportunities to work with underserved populations, particularly migrant farm workers and the homeless, and also began traveling to Honduras annually for medical relief work. These experiences developed into a passion for community health, outreach and advocacy. She was thrilled to match at Memorial and to continue learning about these aspects of medicine through the Care of the Underserved and Health Services Management tracks. She also served as chief resident in 2021-2022.

For her capstone project, Dr. Boyk completed a community survey about barriers to primary care access in Clare, Michigan, her future practice location. In Clare, she will be providing outpatient primary care, inpatient and prenatal care for her patient panel, and will also be engaged with community outreach projects in this rural/underserved community. Dr. Boyk is incredibly grateful for the wonderful teachers, mentors, and friends she has gained during her time at Memorial.

Street medicine

Memorial Family Medicine Residency is located in St. Joseph County, Indiana, which was found to have 469 unhoused people in 2022. Individuals experiencing homelessness represent some of the most vulnerable members of our society. Further, underserved and homeless individuals face significant barriers to obtaining quality healthcare, such as cost, accessibility and stigma. This



population frequently lacks financial support and transportation to obtain medical care. In addition, a lack of trust in the healthcare system and healthcare professionals creates obstacles to seeking timely aid. Even when medical care is sought by this population, it is often delivered in the emergency department. This can result in fragmented and high-cost interventions without significant clinical benefit.

Street Medicine is an emerging field of medicine that provides medical care directly to individuals living

on the street. Under the leadership of Dr. Callaghan (Associate Director) and Dr. Drzyzga (Class of 2024), on Dec. 8, 2022, Memorial Family Medicine Residency launched Street Medicine South Bend (SMSB) to bring this approach to care to the South Bend community. Since then, teams of residents and faculty have been offering care to individuals experiencing homelessness multiple times a month at Motels4Now, a housing-first, low-barrier shelter program that offers housing to the chronically unsheltered. In addition to performing on-site evaluation, diagnostic testing and treatment, SMSB has worked to connect patients to long-term primary care through one of the local federally qualified health centers, HealthLinc. The residency has invested significant grant funding into acquiring supplies for this project, and the Beacon Health System Foundation continues to raise funds to support the monthly budget of the initiative.



As physicians, it is important that we not only serve those who seek our care, but also that we reach out to those who are so often neglected by our current healthcare system. SMSB's goal is to improve the healthcare of individuals experiencing homelessness by understanding their realities, building trust, minimizing barriers to accessing medical care and reducing these individuals' cost of care (as well as the overall cost of healthcare delivery in the South Bend community).

In the first three-and-a-half months since the initial street medicine outreach, SMSB has cared for nearly 50 unique patients, 15% of whom have received care multiple times. The needs addressed have ranged from administering steroids to a woman with concern for preterm labor who couldn't make it back to the hospital to receive her second shot, to urging a gentleman with coronary artery disease to present to a higher level of care amidst an active myocardial infarction. In addition to stories like these, numerous individuals have recounted to our teams that they feel seen and cared for in a way that has often been hard for them to experience in other healthcare contexts. And last, resident and faculty participants have described their participation in the outreaches as "the best part of residency," "an opportunity to reconnect with my 'why' for pursuing a career in medicine," and "the most meaningful work I did this week." These are just a few of SMSB's successes thus far in the initiative.

Prenatal classes



Our current OB fellows, Dr. Natalie Burkhart and Dr. Amanda McGinnis, created a curriculum for prenatal and parenting classes and started offering classes in February 2023. These are group classes offered twice monthly to all prenatal patients at E. Blair Warner in all stages of pregnancy and postpartum. These classes are physician-led, giving patients the opportunity to spend time with other patients in a similar stage of their pregnancy and to hear directly from a physician providing anticipatory guidance and advice on common pregnancy concerns. As these classes grow, the OB fellows hope the classes will continue into subsequent years and become a long-lasting part of EBW's prenatal care.

Giving back at E. Blair Warner

E. Blair Warner food pantry

Building upon previous events aimed at addressing the food insecurity of our patients, in partnership with the Food Bank of Northern Indiana, we started a food pantry at EBW. Stocked with the staples and food essentials, we can provide a bag of food for patients who are experiencing food insecurity in addition to setting them up with more sustainable support options. Located in a food desert, our patients often struggle to have access to essential nutrition. Third year resident, Dr. Deb Pavey, has led this effort and expanded our food pantry to include basic hygiene products, specialized diet bags, and newborn formula and baby foods.

Kerrie Kares bags

Maternal and Infant Mortality statistics in St. Joseph County remain concerning. As one of the few clinics in our community that takes care of some of the highest risk patients, we are primed to help care for these patients and make a difference. In honor of a previous OB coordinator who had an untimely passing, we began to distribute Kerrie Kares Bags. These bags are given at the first newborn visit and contain essential products including a thermometer, infant Tylenol, safe sleep materials, diapers and wipes. The bag serves not only to provide them with needed materials to take care of baby, but also serves as a visual reminder for our residents to educate on high-yield topics at this visit, including neonatal fever and safe sleep. In addition, our OB fellows have established prenatal and new parent classes to help educate on high-yield topics. We are committed to serving this patient population well and turning around the concerning statistics that have plagued our county and state.

Thanksgiving food drive and holiday giving tree

For many of our patients, the holiday season does not hold the magic that those of us in secure situations associate with this time of year. Each year, EBW Associates identify patients who are in need and provide them with food and gifts. This year, through the generosity of our staff, residents and faculty, we provided Thanksgiving meals for 14 families. For the holidays, we enjoyed shopping for 11 families and provided gifts on their “wish list” for 56 children and their parents.

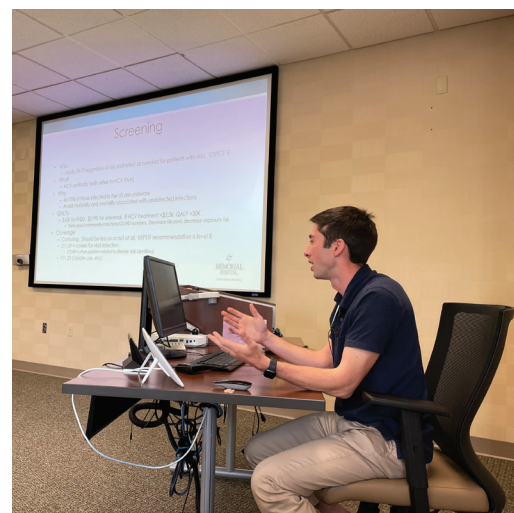
Giving back to our patients and families has become a tradition for our program and provides an avenue to connect more fully with our patients and our mission. We remain grateful to our community, health system and foundation in supporting our efforts.





50th year anniversary: Alumni CME

May 2020 was the official 50th year anniversary of Memorial Family Medicine Residency Program. Due to the COVID-19 pandemic, celebrations were delayed until May 2022. We commemorated the event with our biennial Alumni CME entitled “Engaging Topics in Family Medicine: Honoring our Past, Envisioning our Future.” With 28 alumni returning to the conference room, we reviewed high-yield topics such as Point of Care Ultrasound, Atrial Fibrillation Management, Pediatric Allergies and Type 2 Diabetes treatment. We welcomed Dr. Michael Kozak (Class of 2012) who gave a keynote talk on Hepatitis C treatment and the emerging role of the Primary Care Physician in managing this chronic disease. Small group breakout sessions were introduced to the agenda where we addressed topics such as microaggressions in the workplace, teaching in Family Medicine, and physician well-being. The day ended with everyone’s favorite didactic activity: Journal Club. The event was a wonderful way to reconnect, make new friends, and learn. We look forward to our next Alumni CME in 2023.



Leadership spotlight

Dale A. Patterson, MD, MS, FAAFP



Dr. Patterson completed the Memorial Family Medicine Residency Program in 2000 and served as Chief Resident. In 2007, after serving in the United States Air Force and teaching Family Medicine residents in Illinois and Ohio, he returned to Memorial as an Associate Director of the Family Medicine Residency Program.

When asked what brought him back, Dr. Patterson said, “The people and the mission brought me back. I was fortunate to work with great people and provide great care to our active duty members and civilians at several hospitals during my time away from Beacon. I learned a lot and enjoyed my service. But after several years, I realized that Memorial at that time, was home. I trusted the people and aligned with the mission of making our community better by providing great care.”

In 2010, Dr. Patterson became the director of the residency program. He is grateful to have taught and learned from so many extremely talented residents who have gone on to do amazing things in their careers. Under his leadership, E. Blair Warner was remodeled and expanded to double its size. This expansion helped to ensure that the residency will be able to take care of patients for years to come.

After eight years as program director, Dr. Patterson became Vice President of Medical Affairs at Memorial Hospital. During his tenure, Dr. Patterson led the COVID-19 task force that was formed to help guide our hospital through the pandemic. He believes that Beacon came together as a team to make a difference in our community and for our patients and that “less people died of COVID in our region because of the planning, execution, flexibility and hard work of everyone in our system.” He goes on to say, “It was an honor to lead the COVID task force for Beacon. Through the difficult times, I looked to our mission and values to guide our team through some very hard decisions. We made the best decisions we could with the information we had at the time and kept moving forward. As hard as it was, it was an amazing experience to see people risk their own lives, sacrifice their own time, and really do anything they could to help our community and our patients.”

Dr. Patterson was promoted to president of Beacon Medical Group in 2022. He plans to “move the group forward technologically to better meet the needs of our patients and to help our providers develop new and more efficient ways to deliver outstanding care.”

Throughout his time at Memorial, Dr. Patterson has been able to work with and learn from outstanding leaders who have helped him develop the leadership skills that he hopes to use to “give back to our organization and the community.”

Alumni news

Ryan Berns, MD, MPH
Class of 2021

After completing the Sports Medicine Fellowship in the summer of 2022, Dr. Berns began a new position as a Primary Care Sports Medicine Physician with Bellin Health in Green Bay, Wisconsin. His family also recently got a dog. The girls named him Lambeau.

Sean Salés, MD
Class of 2018

Dr. Salés is still working as a full scope family physician at Southern Indiana Community Health Care. He currently serves as the Chief of Staff at the Indiana University Paoli Hospital, where they provide inpatient services and obstetrics. They were recently recognized by US News and World Report as one of the three top performing hospitals for OB services in Indiana. Dr. Salés also coordinates medical student and resident rotations at his site. His and his wife Rebekah have a small micro-farm where

they raise hay, Alpine goats, chickens, and soon horses! They are also starting a ministry focused on family preservation to serve families in crisis.

Rachel Schuster, DO, MPA
Class of 2018

Dr. Schuster, who has been a faculty member since 2019, became the Senior Associate Director of our program as well as the Director of Osteopathic Education in July of 2022.

Oluwaferanmi Okanlami, MD, MS
Class of 2017

Dr. Okanlami was appointed by President Biden to be a member of the President's Council on Sports, Fitness, & Nutrition. The Council is a federal advisory committee that aims to promote healthy, accessible eating and physical activity for all Americans, regardless of background or ability.

GMEC Report

2022-2023 Academic Year

The Graduate Medical Education Committee (GMEC) insures that Memorial Hospital of South Bend complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2022-2023 are:

David Van Ryn, MD, *Director of Medical Education*
Donald Zimmer, MD, *Director of Medical Education*
LaTasha Bosse, *Community Impact*
Daniel Brannen, *Family Medicine 2-Year Resident*
Sandra Brown, MD, *Gynecology*
Allyson DiMagno, *Family Medicine 3rd Year Resident*
Mark Fox, MD (IU), *IUSM Associate Dean*
Gary Fromm, MD, *Sleep Medicine*
Gene Grove, MD, *Anesthesia*
Joseph Harmon (IU), *IUSM Assistant Professor*
Andy Hoffmann, BSN, RN, *Quality Management*
Kamille Hutchinson, *Medical Education Manager*
Ruth Hyde, MD, *Anesthesia*
Tina Jennings, MD, *Family Medicine*
Scott Ludwig, MD, *Emergency Medicine*
Linda Mansfield, MD, *Sports Medicine*
Keyna Martinez, MD, *Family Medicine*
Tracy Mitchel, NP, *Nurse Practitioner*
Pierre Ovide, MD, *Pediatrics Critical Care*
Stacey Patrick (IU), *IUSM Medical Education Director*
Dale Patterson, MD, *Vice President of Medical Affairs*
Rachel Schuster, DO, *Family Medicine*
Mark Thompson, MD, *Trauma Surgery*
Jenai White, *CME Coordinator*
Luke White, DO, *Critical Care*

The Memorial Hospital Family Medicine Residency program currently has full accreditation and expects to be surveyed by the ACGME within the next few years. The survey scheduled for 2022 has been delayed due to the COVID-19 pandemic's impact on site visits during that time.

As we practice medicine in the post-COVID-19 pandemic era, our residents continue to demonstrate unwavering commitment to our rigorous program, education and exceptional patient care. The residents perform exceedingly well, as documented, on rotation evaluations and continue to score above the national average on the annual in-training exam. This most recent group of graduated residents upheld our 100% board pass rate. Recently we received Centers for Medicare and Medicaid Services (CMS) funding for three more resident slots. Under Dr. Jennings' guidance, we increased the incoming intern class to 10 residents and successfully matched all 10 slots in the recent Match. We look forward to increasing to a 10-10-10 program over the next few years and are excited for the opportunities this brings.

The residents continue to care for patients in both the hospital and outpatient setting. They are active and integral members of the inpatient adult medicine, pediatric hospital, and obstetrics team. They are members of the medical staff committees as a means to give Resident insight in all areas of the hospital. The Residents actively participate in the morbidity and mortality conferences that directly improve patient safety and quality of care. There have been no ACGME citations for patient care issues.

The program continues to provide care to refugees in our refugee clinic in partnership with the St. Joseph County Health Department. We are now caring for a little over 100 refugees from Afghanistan, Guatemala, Ukraine, Democratic Republic of Congo and Pakistan. The drive and determination to stretch our medical abilities and provide compassionate care for all people has never been more evident in our Residents' and faculty members' care of these patients.

While our residents demonstrate admirable resiliency, the program is aware of burn-out and the need for wellness. Based on results from our annual internal survey to assess Resident needs over time, we created Resident Wellness Half-Days that are integrated into the schedule for a resident on an inpatient service. We also started opt-out counseling this year for all of our residents. Our faculty team leader framework continues to promote intentional mentorship with regular check points for faculty to assess resident wellbeing.

Our residents have remained an integral part of the education of medical students both from the neighboring Indiana University South Bend campus and medical schools across the country. The residents and hospitalists on the inpatient medicine service educate medical students completing their sub-internships with our service multiple times throughout the year. This past year, the program hosted 13 medical students as they completed the "Family Medicine In-Depth" elective. This elective gives the medical student the opportunity to rotate on the inpatient medicine, pediatrics and obstetrics services with the residents as well as spend time in resident clinic to get a feel for what life is like as a Memorial Resident. We routinely match at least one medical student from this elective to our incoming intern class and this year was no different – we matched one!

The faculty members continue to strive for excellence in teaching and look for opportunities to develop their teaching skills. Each month, a faculty member presents a topic for faculty development during faculty meeting. The topic focuses on education, quality improvement and patient safety, fostering resident and faculty well-being, or patient care based on practice-based learning and improvement efforts. Our faculty are also involved with advocacy at the local, state and national level particularly with Dr. Jason Marker's involvement with the American Academy of Family Physicians (AAFP) and Dr. Matthew DuPre's involvement with the Indiana State Medical Association (ISMA).

Finally, our residents and program graduates continue to be pleased with their training. Program evaluations are at or above the national average in all parameters. Evaluation completion rate is also high, demonstrating investment from faculty and residents to provide actionable feedback about the program. Our graduates report they are pleased with their training via the ACGME survey sent at intervals since the graduates training. We continue to be impressed with the impact they make in their communities.

In summary, the Memorial Hospital Family Medicine Residency program continues to be an excellent residency training program. We are proud of the accomplishments of the residents, faculty and alumni.

Alumni news

Edna Becht, DO

Class of 2016

Dr. Becht will be transitioning to work for Iowa Clinic in Indianola, Iowa starting in August 2023.

Patrick Hobbins, DO

Class of 2011

Dr. Hobbins founded Hobbins Medical Direct Primary Care in St. John, Indiana in 2020. It is a full-time solo practice.

Kirk Bodach, MD

Class of 2010

Dr. Bodach became the Medical Director of the Memorial Hospitalist Group.

Jennifer (Mollencupp) Sult, MD

Class of 2008

Dr. Sult opened a Direct Primary Care practice, Sult Family Medicine, in Rochester, Indiana in August 2022.

Brian Reichenbach, MD

Class of 2007

Dr. Reichenbach has been practicing at Lutheran Kosciusko Hospital in Warsaw, Indiana since he graduated in 2007. He is currently down to 0.9 time clinical and part-time administrative work as Medical Director/Advisor.

Dale Patterson, MD

Class of 2000

Dr. Patterson began a new position as President of Beacon Medical Group. He was previously the Vice President of Medical Affairs at Memorial Hospital.

Vincent Henderson, MD

Class of 1986

Dr. Henderson retired as President of Beacon Medical Group after more than 27 years with our health system.

Ken Elek, MD

Class of 1985

Dr. Elek retired on May 31, 2023. Prior to retirement, he worked as an Urgent Care Physician at MedPoint Urgent Care, Beacon Medical Group.

2022-2023 Highlights



Where are they now?

Memorial Family Medicine Residency program graduates

69% of our grads
are practicing in
IN, IL, MI, OH





MISSION

**We deliver
outstanding care,
inspire health and
connect with heart.**

VALUES

**Trust
Respect
Integrity
Compassion**

The Family Medicine Residency Program of Memorial Hospital supports the mission of Beacon Health System, and in addition strives to:

- Provide the highest quality of education to family medicine residents
- Provide the best possible medical care and service to our patients
- Advance the specialty of family medicine
- Improve the health of our community

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