



# Memorial Family Medicine Residency Program

Annual Report 2023-2024

# From the Director

**Greetings from Memorial Family Medicine Residency!** 2023-2024 has been a year full of continued growth and innovation and I am excited to update you on the important and impactful work we continue to do at the residency.

I remain very proud of our faculty group—they have truly exhibited their passion, dedication and talent as we have continued to evolve our program and the unique ways in which we serve our community. Each of them has leaned into our core values as a program and been instrumental in advancing the training we offer at MFMR.

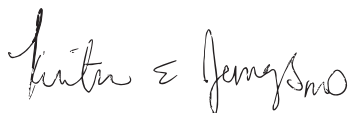
Our residents are central to care delivered at Memorial Hospital. They care for the most vulnerable in our community and do so with compassion and grace. While serving our hospital, clinic and community, our residents have again scored above the national average on their in-training exams, an exam administered annually to family medicine residents across the country that helps to predict board pass rate. We have maintained an impressive statistic of 100% board pass rate. This highlights the excellent education our residents receive. We are excited to welcome our 10 new interns whom we successfully matched this past year as they join us in July.

E. Blair Warner, our outpatient continuity clinic, continues to find unique and impactful ways to serve patients. Our street medicine program celebrated its one-year anniversary and has made a substantial impact on the lives of some of the most underserved in our community. Under the leadership of Dr. Kate Callaghan, this program is transforming how we deliver care. In addition to preventing inappropriate ER utilization, we recently received a grant to provide point of care hepatitis C testing and treatment. We are excited to aid in the treatment and cure of this chronic disease within this specific population. Additionally, we are in the final stages of development of the Beacon Baby Buggy, which is designed to provide mobile care to pregnant and expecting moms in St. Joseph County (IN). The goal is to provide comprehensive care that helps decrease maternal and neonatal mortality in the county.

Within Beacon, continued change and innovation occurs. Memorial Hospital the “Tower Project” is underway and will expand services and update inpatient care spaces. Our leadership spotlight features Dr. Michelle Thompson who recently transitioned into her role as Vice President of Medical Affairs. Dr. Thompson previously worked and led within the hospitalist department and has been instrumental in the care delivered at Memorial Hospital. We are so proud of the work she has done as a female leader within medicine and appreciative of her contributions.

I applaud the work of our team at MFMR Program. As with most great teams, it could not happen without the amazing individuals who make up the team: faculty, residents, administrative support and staff. We remain committed to our values of providing excellent resident education, high quality patient care, advancing the specialty of family medicine and serving our community.

Thank you for your continued support of the program. Wishing you and yours well!



**Tina Jennings, MD, FAAFP**  
Program Director  
Designated Institutional Official



# The Memorial Family Medicine Residency Program Faculty



Tina Jennings, MD  
Program Director



Rachel Schuster, DO  
Senior Associate Director  
Director of Osteopathic  
Education



Tucker Balam, DO  
Associate Director  
OB Fellowship Co-Director



Kate Callaghan, MD  
Associate Director



Janel Charlton, MD  
Associate Director



Matthew DuPre, MD  
Associate Director



Marion Mahone, MD  
Faculty Hospitalist



Linda Mansfield, MD  
Sports Medicine  
Fellowship Director



Jason Marker, MD  
Associate Director  
Clinic Director



Gerald Morris Jr., MD  
Faculty



Gregory Pouliot, PhD  
Behavioral Medicine  
Director



Matthew Reed, MD  
Faculty Hospitalist



Emily-Rae Singh, MD  
Associate Director



Randall Suttor, MD  
Associate Director

# Class of 2024 graduates



**Daniel Brannen, DO**

Dan is a self-proclaimed Cheesehead, born and raised in southeast Wisconsin. He played both collegiate football and baseball while working on undergraduate degrees in Exercise Physiology and Spanish at Southwest Minnesota State University. He completed his medical education at A.T. Still University – Kirksville College of Osteopathic Medicine, where he also completed an educational fellowship in anatomy. Dan and his wife, Tiffany, and three daughters, Sophi, Addison, and Lillianna moved to South Bend for residency and then welcomed their fourth daughter, Everli. Dan and Tiffany were excited to have matched with Memorial, because of the opportunity to work and learn with a group of physicians and people who have been extremely supportive of their family. This past year, Dan was honored to be elected as one of the chief residents by his peers and has tried to lead by example as a steady and dependable force, working to improve the quality of life of his colleagues. Following graduation, Dan will continue his education in South Bend, as he matched with the Notre Dame Sports Medicine Fellowship.



**Keith Christian, MD**

Born and raised in Fort Collins, Colorado, Keith is the son of two Puerto Rican immigrants. He attended Colorado State University, where he completed a dual degree in biochemistry and interdisciplinary liberal arts, with minors in Spanish and Philosophy. Keith ventured to the Midwest for medical school and attended the University of Cincinnati before completing his residency training at Memorial Hospital. He was grateful to receive top-tier education at Memorial and appreciates all the faculty support and mentoring. He feels well-prepared to start his new career close to family in Greeley, Colorado, where he will join a private practice, providing outpatient medicine as well as colonoscopies and OB care. In his free time, Keith enjoys spending time with his wife and newborn son.



**Victoria Drzyzga, MD**

Tori is originally from the small island of Grosse Ile, Michigan, situated in the Detroit River. She attended Wayne State University and earned a Bachelor of Science in Biological Sciences with a minor in Spanish. Working with underserved communities in Detroit solidified her nearly lifelong dream of becoming a physician. She attended Oakland University William Beaumont School of Medicine and decided to pursue the specialty of family medicine. She was fortunate enough to match at Memorial where she could pursue many of her passions, including underserved medicine and street medicine. Following graduation, she is excited to spend another year in South Bend, surrounded by wonderful colleagues and faculty as the Health Services Management Fellow. In her free time, Tori enjoys spending time with her husband, Matthew, pup Luna, family and friends, trying new restaurants, attending sporting events and reading.



**Kathleen George, MD**

Katie grew up in Farmington Hills, Michigan, a suburb of Detroit. She studied biology at Kalamazoo College and returned to the Detroit area for medical school at Wayne State University School of Medicine. The excellent training opportunities at Memorial brought her to South Bend for residency. After graduation, she will join Beacon Medical Group Main Street to practice outpatient family medicine and obstetrics. In her free time, she enjoys hanging out with friends and family, playing ice hockey, going to the movies, reading, and traveling.



**Jesse Gettinger, MD**

Jesse was born and raised in Bremen, Indiana, as the middle of five siblings. He graduated from the Pontifical College Josephinum with a bachelor's degree in philosophy and earned his medical degree from Indiana University. He is married to Lauren and has three children under the age of 5: Lucy, Margaret and Henry. He was grateful to match at Memorial for family medicine training due to his strong ties to the area. He is looking forward to joining his father's practice in Bremen. In his spare time, he enjoys the outdoors and gardening.





### **Sherry Magrey, MD, MEd**

Sherry was born in Cleveland, Ohio, and grew up in neighboring Brooklyn, Ohio. She earned her Bachelor of Science in Chemistry and her Adolescent/Young Adult Teaching license at John Carroll University in University Heights, Ohio. After college, Sherry spent 10 years teaching high school Chemistry, Honors Chemistry and AP Chemistry at Bay High School, in Bay Village, Ohio. While teaching full time, she earned her master's degree in educational administration. Sherry decided to pursue medicine later in life and completed medical school at the University of Toledo College of Medicine and Life Sciences. She had the unique experience of completing residency training at two other institutions before transferring to Memorial, where she was grateful to complete her final 14 months of residency training. Sherry is excited to return to her hometown of Cleveland to practice outpatient Family Medicine and teach medical students at Cleveland Clinic. She thanks her family for their tremendous love and support.



### **Ethan Schimmoeller, MD, MA**

Ethan hails from Fort Jennings, Ohio, a rural northwest Ohio town. He studied biomedical science at The Ohio State University and completed medical school at the University of Cincinnati College of Medicine. He also earned a master's in bioethics from Ohio State, and has written on topics pertaining to ethics, spirituality and the end of life. He is married to Carol, and they have two children, the younger of whom was honored to be born at Memorial. Training at Memorial has been a great source of fun for Ethan, and he has never stopped being impressed as he witnesses how patients, families and co-residents bear various sorts of hardship with joy. This year he was honored to serve as "nerd in chief" (official title "Academic Chief Resident") to help cultivate a learning environment of meaning and purpose. After graduation he will move to Columbus, Ohio, for a fellowship in hospice and palliative medicine at Riverside Methodist Hospital.



### **Garrett Shanks, MD**

Garrett grew up in southern Indiana, spending summers exploring forests and creeks with his younger brother. He headed north to study biology at Taylor University and met lifelong friends including his wife, Nicole. Following his undergraduate studies, Garrett did research for a year in Minnesota, then moved to California for medical school at Loma Linda University before returning to the Midwest for residency at Memorial. Along the way, he and Nicole welcomed two kids, Stella and Walker. After graduation, Garrett will join a rural outpatient practice in Wabasha, Minnesota, on the Mississippi River. When not at work, he enjoys spending time with his family, fishing and reading – all of which he hopes to do often in this next season of life.



### **Bailey Swan, MD**

Bailey is from Belvidere, Illinois, where she lived in the country, enjoying a relatively rural upbringing. She attended American International College in Springfield, Massachusetts, where she earned an undergraduate degree in biology and captained the women's volleyball team. She returned to northern Illinois for medical school and reconnected with her high school sweetheart, Chad. They are engaged to be married this coming September. Bailey was drawn to Memorial for many reasons including the exceptional faculty and the wealth of opportunities available. After graduation, she will stay in the area and join Primary Care Partners of South Bend, a private outpatient practice.



### **Zackary Wages, DO**

Zack grew up in Joplin, Missouri, where he earned his undergraduate degree and attended medical school. He decided to venture to South Bend for the full-scope residency training offered at Memorial. Zack and his wife Alex, along with their children (Addison, Shepherd, and one more on the way) will move to Sellersburg, Indiana, where Zack will work at an outpatient Family Medicine practice. When he is not working, Zack enjoys being a dad, trying new foods, traveling and doing anything competitive.

# Class of 2025



Shan Antony, MD



Jillian Baranowski, MD



Hannah Drazenovich, MD



Rebecca Hendricks, MD



Gabriela Romo, MD, MPH



Gerrit Seymour, DO



Cynthia Stanton, DO



Ashley Williamson, DO



Kristen Wright, MD

# Class of 2026



Daniel Armounfelder,  
MD, MPH



Kristin Bredhold, DO



Urban Cornett, MD



Leah Amstutz Hansel,  
MD, MPH



Teresa Keiser, MD



Olivia Neese, MD



Daniel Perry, MD



Kelsey Perry, MD, MS



Dillon Stull, MD, MA



Kaitlyn VanRiper, MD



# Class of 2027



**Lynn Alsatie, MD**  
**Hometown:** Indianapolis, IN  
**Undergrad:** Butler University  
**Medical School:** Indiana University School of Medicine  
**Hobbies/Interests:** Reading, yoga, crochet, painting, karaoke, guitar, watching Love Island UK



**Victoria Bawel, MD**  
**Hometown:** Jasper, IN  
**Undergrad:** Washington University in St. Louis  
**Medical School:** Stanford University School of Medicine  
**Hobbies/Interests:** Gardening, kayaking, hiking



**Brandon Bedsole, MD**  
**Hometown:** Grand Blanc, MI  
**Undergrad:** Kettering University  
**Medical School:** Central Michigan University College of Medicine  
**Hobbies/Interests:** Playing guitar, playing drums, outdoor activities



**Leah Blickensderfer, DO, MS**  
**Hometown:** South Bend, IN  
**Undergrad:** Indiana University  
**Medical School:** A.T. Still University of Health Sciences Kirksville College of Osteopathic Medicine  
**Hobbies/Interests:** Spending time with family/friends, hanging out with my two crazy cats, reading, board games, video games, being outdoors



**Erin Herbstova, DO**  
**Hometown:** Smyrna, TN  
**Undergrad:** Middle Tennessee State University  
**Medical School:** Rocky Vista University College of Osteopathic Medicine  
**Hobbies/Interests:** Horseback riding, ice skating, escape rooms, and watching hockey



**Isaac Jarava, MD**  
**Hometown:** Glenview, IL  
**Undergrad:** DePaul University  
**Medical School:** University of Illinois College of Medicine - Peoria  
**Hobbies/Interests:** Running, camping, cooking, playing guitar



**Ryan Lee, DO**  
**Hometown:** Brentwood, TN  
**Undergrad:** Auburn University  
**Medical School:** Edward Via College of Osteopathic Medicine - Auburn Campus  
**Hobbies/Interests:** Running, hanging out with friends, watching sports, eating at different restaurants, video games



**Evans Lodge, MD, PhD**  
**Hometown:** South Bend, IN  
**Undergrad:** Calvin College  
**Medical School:** University of North Carolina at Chapel Hill School of Medicine  
**Hobbies/Interests:** Gardening, birding, biking, backpacking, making music



**Sydney Wilderman, DO, MS**  
**Hometown:** Poseyville, IN  
**Undergrad:** Saint Mary-of-the-Woods College  
**Medical School:** Arkansas College of Osteopathic Medicine  
**Hobbies/Interests:** Trying new restaurants with friends, attending Notre Dame sporting events



**Braden Zimmerman, DO**  
**Hometown:** Wakarusa, IN  
**Undergrad:** Grace College  
**Medical School:** West Virginia School of Osteopathic Medicine  
**Hobbies/Interests:** Golf, reading, coffee

# 2023-2024 report on sports medicine

## Procedural training remains a core part of the fellowship program

MSK ultrasound training remains a strength of the Sports Medicine Fellowship program and is recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. The sports medicine clinic performs innovative procedures such as PRP injections and percutaneous tenotomies. Fellows graduate well trained to help their patients with the use of these techniques. Dr. Mansfield also includes an introductory musculoskeletal ultrasound training session during the first-year Sports Medicine-Ortho rotation.

## Annual training for emergency preparedness prior to fall sports season

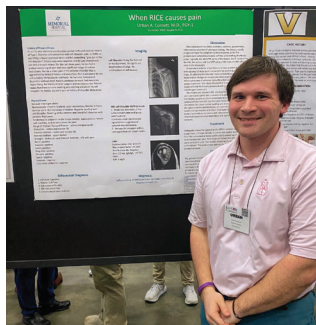
A hands-on learning experience coordinated by Beacon Health System is an annual event in the sports medicine program. Residents, fellows, attending physicians and athletic trainers from both Memorial and Saint Joseph hospitals participate in a practice session for the care of an athlete with a cervical spine injury. They practice multiple scenarios for removal of football equipment and spine boarding of an athlete injured during a game. This joint training session gives health professionals the opportunity to familiarize themselves with each other and to improve protocols, giving our community's athletes a higher level of safe participation. They also have fun doing it!

## Presentations accepted for the AMSSM National Meeting

The American Medical Society for Sports Medicine (AMSSM) accepts case and research submissions annually for its national meeting. Sports Medicine Fellow Allyson DiMagno, MD, had a case accepted for a podium presentation at the annual meeting in Baltimore this spring. Fellow Josh Loiseau, MD, and residents Dan Brannen, DO, and Urban Cornett, MD, had cases accepted for poster presentation. Several Sports Medicine Fellowship alumni attended the AMSSM National Meeting to support Dr. Rebecca Myers (2012 fellowship alumna) as she took over the presidency of the organization.



AMSSM Poster Presentation  
Dan Brannen, DO



AMSSM Poster Presentation  
Urban Cornett, MD

## Local high schools and two colleges in South Bend well-served by Beacon certified athletic trainers and physicians

The relationship between the South Bend Community School Corporation and Beacon Sports Medicine continues to be strong. Beacon provides certified athletic trainers to Riley, John Adams, Clay, and Washington High Schools. Other area high-schools, Laville, Bremen, and Edwardsburg also have certified athletic trainers provided by Beacon. Lead by Dr. Linda Mansfield, the sports medicine fellows, along with several residents, provided sideline and training room coverage for these schools. In addition, all residents participate in annual pre-participation physicals to high-school athletes.

## Sunburst medical tent volunteers trained to handle casualties of the race

Attending physicians, fellows and residents are among the volunteers in the medical tent at the Sunburst Races every year. The event, sponsored by Beacon, hosts a half marathon, a 10K race, a 5K race and a 5K walk. This is a great opportunity for fellows and residents to be at the finish line, staffing the medical tent under the medical directorship of Dr. Mansfield. The race was held this year on June 1. Our physicians were once again prepared to treat everything from minor injuries requiring first aid to heat stroke, which is treated in ice immersion baths on site.

## Sports Medicine Fellowship match

The Sports Medicine Fellowship, a collaboration between the family medicine residencies at Memorial Hospital and Saint Joseph Health System, filled both positions for the academic year 2024-2025. New fellows Dan Brannen, DO, (one of our 2024 residency graduates) and Drake Matuska, MD, will start July 1, 2024. They are looking forward to their sports medicine training year, which includes treating athletes at the high school, NAIA college level and at the University of Notre Dame.



Dan Brannen, DO



Drake Matuska, MD



# Obstetrics care

## Obstetrics Program

MFMR Program has a long tradition of offering an outstanding obstetrics experience within the framework of a traditional family medicine residency curriculum. Many of our graduates continue to incorporate obstetrics into their practices and utilize these valuable skills domestically and abroad. Memorial residents provide 24-hour coverage of the Childbirth Center, a busy unit that in 2023 delivered more than 2,300 babies. The residents are an integral piece within the Childbirth Unit and manage triage, perform vaginal deliveries, care for high-risk pregnant patients, and assist in cesarean deliveries. They help to manage nearly every patient arriving on the unit. Our unopposed program assures that our residents are at the frontline of providing inpatient OB care without competition from other learners. Our OB hospitalists model provides excellent care to patients and excellent education to our residents. In addition to the inpatient experience, our residents care for approximately 400 OB patients per year at E. Blair Warner Family Medicine Center. This continuity of care provides a great opportunity for holistic care as well as service to our community. In 2021, we began working on several projects that increase access to marginalized patients and are working with our community partners to decrease fetal, neonatal and maternal mortality.

## OB Fellowship

Since its inception in 2003, we have been pleased to offer a year-long Family Medicine Obstetrics Fellowship to one candidate per year. The goal of the fellowship is to expand on education the resident received during their family medicine residency and to teach surgical obstetrics, including cesarean sections, tubal ligations and advanced ultrasound skills. This exposure to higher-risk obstetrics and the procedural skills fellows develop, assure they will be a great asset to their future communities.

The structure of the fellowship allows for continued exposure to the breadth of family medicine, which aids our fellows in maintaining a broad and current knowledge base. In addition to providing valuable patient care, the fellow serves as an important member of our educational team, helping to onboard new residents to the childbirth unit and mentor them as they develop important skills in the hospital and clinic.

The year 2022 saw some exciting changes to our fellowship as it expanded to two fellows each year. With two fellows we can expand the number of patients we care for, both in the clinic and the hospital. This increased capacity enables us to care for more high-risk patients in vulnerable populations, improving obstetric outcomes for these patients. We look forward to continued improvements.

## Kerrie Kares Bags

Maternal and Infant Mortality statistics in St. Joseph County remain concerning. We are one of the few clinics in our community making a difference by serving some of the highest risk patients. Our Kerrie Kares bags provide essential newborn supplies to parents—diapers, wipes, safe sleep onesies, thermometers, infant Tylenol, and educational materials. These basic supplies help to arm our patients with the tools needed to care for baby in their first few months, as well as serve as educational materials as we interact with parents during well childcare visits.



## Baby Buggy

Beacon Medical Group E. Blair Warner Family Medicine has partnered with Beacon Community Impact to provide home visits for OB patients who are unable to attend their prenatal or postnatal visit. The Beacon Baby Buggy is a van equipped with home visit supplies such as a scale, fetal doppler, measuring tape, and vitals equipment. Our care team also provide safe sleep and car seat education. The Beacon Baby Buggy also provides a car seat or pack-n-play as needed. Additionally, the Beacon Baby Buggy is stocked with diapers, food, educational materials, etc. to address other needs or disparities.

The care team is a select group of experienced associates such as OB Coordinator, Community Health Worker, Nurse Practitioner, Registered Nurse, and occasionally a physician. This program aims to decrease barriers to care by meeting patients where they are and in doing so, help reduce infant and maternal complications related to little or no prenatal care.

# Our physicians around the world

Opportunities for international rotations remain a cornerstone of our program, providing a unique educational and service experience for interested residents. These rotations can have lasting impact on the formation of residents and are often some of the most foundational experiences of their training. Over the years, our residents and alumni have served dozens of countries. Since the inception of Memorial's international experience, more than 40 residents have served and learned under-resourced in countries around the world. This academic year, Drs. Romo (Mexico), Seymour (Turkey), Stanton (Uganda) and Drazenovich (Uganda) have benefitted from these experiences.

We enjoy generous financial support for this international rotation experience from our health system, thus minimizing the financial burden to the resident. However, we recognize with the changing health care landscape, this support is not guaranteed. We have started a Global Health Foundation Fund in hopes of financially supporting international experiences in perpetuity, independent of future budgetary limitations. Thanks to the generosity of many, we have raised \$237,610.19 of our goal of \$250,000!

We remain excited about the impact our residents have on the people they care for around the globe, the relationships they form, and the ways their lives are changed by these experiences.



*Seymour family taking a picture inside the Blue Mosque in Istanbul Turkey.*

## Gerrit Seymour, DO

From March to April of 2024, I took my family on the trip of a lifetime. We spent several weeks living and working in Istanbul, Turkey. Istanbul is one of the largest cities in the world, with a population of over 15 million people! Living in such a vibrant and bustling metropolis was life changing.

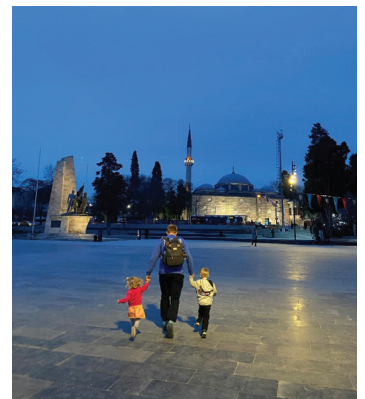
During my time there, I worked with a few different physicians at areas and hospitals throughout the city. I spent most of my time with a plastic

surgeon. I was unsure what to expect as plastic surgery is quite different from family medicine, but my time there was extremely valuable. Spending hours in the OR, observing the precision and planning that goes into some major surgeries was very impressive and educational. Every procedure I saw was new to me. I also experienced continuity of patient care: observing pre-op clinic visits, assisting in the operating room, rounding on patients post-operatively, and observing their post-op clinic visits. Prior to this, while I discussed some of these procedures with my patients, I did not know what went into the procedures. I now feel much more confident advising patients who request plastic surgery. The plastic surgeon owned his clinic, and I participated in meetings regarding running and managing a clinic. I learned important

administrative lessons during these meetings that I know will be useful, particularly if private practice becomes part of my future.

When not with the surgeon, I spent time with a cardiologist. His clinic load was light and allowed me time to ask lots of questions and learn much more about the intricacies of being a physician in Turkey. As the hospital cardiologist, he engaged in performing and reading echocardiograms, consults to the Emergency Department, pre-op cardiac clearance, rounding on cardiac patients in the hospital, and seeing new patients in both an inpatient and outpatient setting.

In addition to the tremendous amount of medical experience and knowledge, being able to immerse myself and my family into a new culture and language was exhilarating. It was wonderful to use my Turkish language skills, increase my vocabulary, and feel more confident with medical conversations. With thousands of years of history, Istanbul has sights to see around every corner and we took advantage of the time to the fullest. Truly this time provided our family an experience that we will never forget and will reflect on often. I am and will be a better, more culturally competent, more experienced, knowledgeable physician. For this I am eternally grateful.



*Gerrit Seymour and his two kids running through the plaza as they get off a ferry boat after a day of sightseeing in Istanbul, Turkey.*



## Cynthia Stanton, DO



*Caring for patients in NICU*

"Hello, how are you?" Or, as one would say in Rukiga, "Oriota, agandii?" Whether I was rounding on the inpatient medical service, the pediatric ward, or attending a community outreach event, friends and strangers alike routinely responded, "Niije"—"I am fine." Joy and peace permeated the individuals I encountered in Bwindi, Uganda, affecting busy hospital workers and ailing patients. This abiding sense of contentment in the face of disease and poverty was unmistakable, and a primary reason so many have fallen in love with this community.

I was blessed to spend a month on an international rotation at Bwindi Community Hospital, Uganda, during my second year of residency. The hospital had just celebrated its 20th birthday, and the community was reflecting on how the hospital had grown—now providing comprehensive medical care within the Bwindi Impenetrable Forest. I spent the month learning from, admiring and befriending hospital staff.

I greeted each day with a brisk run down a dirt road (much to the bemusement of passersby who not infrequently would exclaim, "Mzungu [foreigner, or white person], hi!"). I reveled in the endless mountains, stunning green of trees and grass, and baby goats that were

"Hello, how are you?" Or, as one would say in Rukiga, "Oriota, agandii?" Whether I was rounding on the inpatient medical service, the pediatric ward, or attending a community outreach event, friends and strangers alike routinely responded, "Niije"—"I

as common to Ugandans as squirrels are to Americans. After a meal of sweet, fresh mangos, pineapple and bananas, I walked to the hospital where the staff begin the day in song, devotion and prayer. My new colleagues sang the Ugandan national anthem in beautiful harmony. I set off to lead medicine rounds, assist (and even primary!) on C-sections in the surgical theatre, round in the NICU, vaccinate dozens of children on community outreach campaigns, and learn about antiretroviral and tuberculosis medications in the pharmacy. I was dazzled by the brilliance and work ethic of all those I met and was inspired to better serve patients both in Bwindi and at home in South Bend.



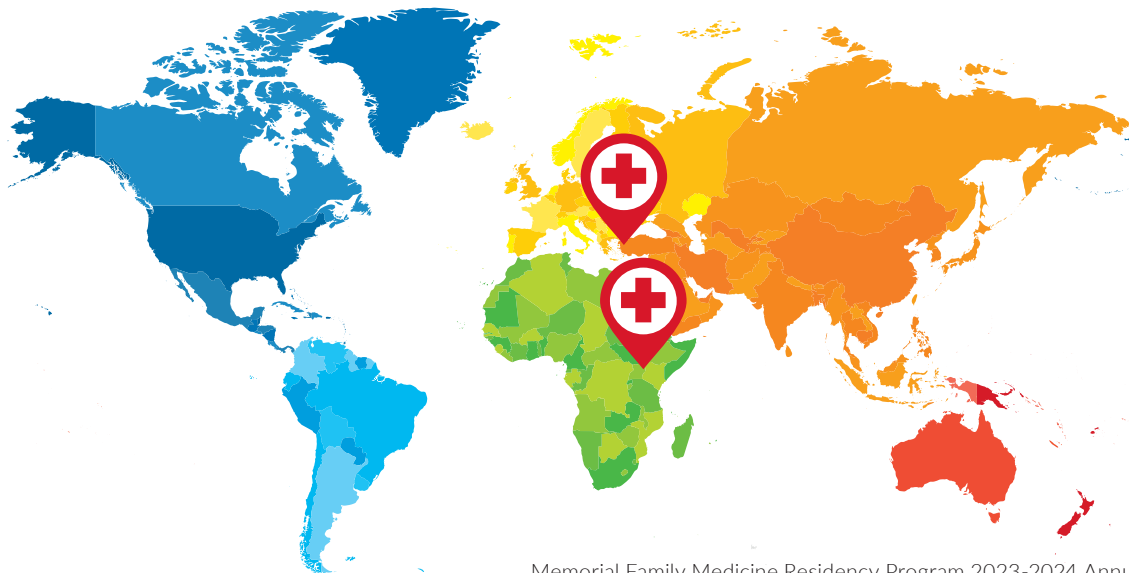
*Front gates of Bwindi Community Hospital*

I encountered a fresh love for medicine as I navigated undifferentiated complaints without the assistance of labs, CT scans and other expensive work- up. Leaning heavily on my history and physical exam, I had to approach medicine with more creativity and thoughtfulness. But despite all the differences

in practice and setting (i.e., birds flying through the pediatrics ward, a dozen patients sharing one hospital room, a limited hospital formulary, monkeys running across the rooftops), the humanity of health care remained the same. I am so grateful for the opportunity to practice medicine in a global setting, and for the way it brought me back to the heart of medicine.



*Inpatient wards medical team*



# Street Medicine South Bend (SMSB)

Memorial Family Medicine Residency (MFMR) is located in St. Joseph County, Indiana, which had 469 unhoused people in 2022. The homeless are among the most vulnerable members of our society. The underserved and homeless face significant barriers to obtaining quality health care, such as cost, accessibility, and stigma in addition to lacking financial support and transportation to obtain medical care. A lack of trust in the healthcare system and professionals creates obstacles to seeking timely aid. Even when this population seek medical care, the care is often delivered in the emergency department. This can result in fragmented and high-cost interventions without significant clinical benefit.



Under the leadership of Dr. Callaghan (Associate Director) and Dr. Drzyzga (Class of 2024), on Dec. 8, 2022, MFMR launched Street Medicine South Bend (SMSB) to provide care to the homeless in the South Bend community. Teams of residents and

faculty offer care every other week at Motels4Now, a housing-first, low-barrier shelter that offers housing to the chronically unsheltered. They perform on-site evaluation, diagnostic testing and treatment, and work to connect patients to long-term primary care through one of the local federally qualified health centers, HealthLinc. The residency has invested significant grant funding into acquiring supplies for this project, and the Beacon Health Foundation continues to raise funds to support the monthly budget of the initiative. Since its initiation in December of 2022, SMSB patient base has been growing.

The Lucy Family Institute for Data and Society at the University of Notre Dame awarded SMSB a grant to study emergency department utilization and hospitalization among SMSB patients. People experiencing homelessness often endure longer than average hospital stays or turn to the Emergency Room (ER) for care they could get elsewhere. The etiology for this is multifactorial including the decreased access to transportation and primary care that many of these individuals face as well as the increased rates of chronic health concerns and substance use disorders in this population. The study hopes to determine whether interventions by SMSB have decreased ER visits and hospitalizations for SMSB patients in the greater South Bend area, and it seeks to contribute to the wider research surrounding the impacts of street medicine. Data collection is ongoing, and we hope to have preliminary results for the study by August of 2024.



*Dr. Callaghan and our street medicine volunteers providing service, planning, and treating patients.*

Health First St. Joseph County awarded the SMSB a \$15,000 grant to offer patients at Motels4Now Hepatitis C testing and treatment. According to 2020 surveillance by the Center for Disease Control (CDC), Indiana had the fifth highest rate of Hepatitis C Virus (HCV) in the country. A literature review conducted in 2019 found that HCV infections among people experiencing homelessness in the United States ranges from 9.8 to 52.5%. The United States Preventative Services Task Force recommends universal screening for all patients 18 to 79 years old without known liver disease. If a patient has increased risk factors, the CDC recommends routine, periodic testing. Since intravenous drug use and homelessness increase a person's risk for HCV, SMSB is in an ideal position to provide testing and treatment for



HCV at Motels4Now high-risk individuals. Beginning in 2024, SMSB will implement a new Hepatitis C testing and treatment program based on a protocol that has been effective for

Street Medicine Kalamazoo. SMSB physicians will offer point-of-care (POC) HCV testing to interested patients during street medicine encounters and facilitate consultation at the residency program for individuals wishing to pursue treatment and help patients eligible for treatment to obtain medications to treat their HCV infection. This program will benefit the residents at Motels4Now and the overall public health and safety of the South Bend community and provide a unique learning experience for resident physicians as they conduct the HCV treatment consultations for SMSB patients at the residency clinic.





# Giving back at E. Blair Warner

## E. Blair Warner food pantry

In partnership with the Food Bank of Northern Indiana, E. Blair Warner (EBW) continues to provide food staples through our pantry to our patients who experience food insecurity. Additionally, we provide basic hygiene supplies and have expanded our reach by delivering food staple bags to those who are unable to commute to our clinic. We are excited to renovate our food pantry space and hope to offer nutrition classes in our new and improved culinary space in our clinic.

## Thanksgiving food drive and holiday giving tree

For many of our patients, the holiday season does not hold the magic that those of us in secure situations associate with this time of year. Each year, EBW associates identify needy patients and provide them with food and gifts. This year, through the generosity of our staff, residents and faculty, we provided Thanksgiving meals for 14 families. For the holidays, we enjoyed shopping for 11 families and provided gifts on the “wish list” of 56 children and their parents.

Giving back to our patients and families has become a tradition for our program and provides an avenue to connect more fully with the patients and our mission. We remain grateful to our community, health system and foundation in supporting our efforts.



## The John Charles Bryant Fellowship

The John Charles Bryant Fellowship is a yearlong post-graduate service opportunity for Notre Dame pre-medical graduates, focusing on primary care and underserved medicine in the South Bend community through the E. Blair Warner Family Medicine Center. This fellowship embodies the values of unconditional service, respect for human dignity and social justice, reflecting the legacy of John Charles Bryant, a dedicated patient and advocate for physician training in South Bend.

Bryant, a descendant of one of South Bend's first African-American families, made significant contributions to the community and chose to receive care at E. Blair Warner clinic to support the education of future physicians. Through this fellowship, we honor his commitment to servant leadership.

The inaugural John Charles Bryant Fellow, Natalie Christiansen (Class of 2023), began her service in May 2023, gaining exposure to medically underserved populations and collaborating with

various healthcare professionals. The fellowship includes direct patient care, administrative support for residency projects, and involvement in population health initiatives. One key project is Street Medicine South Bend (SMSB), where the fellow provides administrative support for outreach clinics and assists with research and grant proposals. The fellowship also supports our food pantry that provided nearly 400 bags of food to 740 individuals in 2023, including regular deliveries to over 20 families. Food drives organized by the fellow collected over 720 items, supplemented by a \$500 donation from a patient.

Additionally, the fellow coordinates initial health screenings for refugees at E. Blair Warner, assisting 35 refugees in 2023 and 37 in early 2024. The fellow also oversees the Notre Dame Volunteer Rooming Assistant Program, training nearly 50 undergraduate volunteers. This initiative, funded for future continuation, enhances the clinic's capacity to serve marginalized patients and the South Bend community.

# Health Services Management

## Introduction

The Health Services Management (HSM) curriculum was developed in 1997 in partnership with Indiana University South Bend. Residents in this curriculum extend their residency by one year to allow time to complete a Master of Public Affairs in Health Services Management. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

The residents in the HSM curriculum provide noon conferences on health system management topics once or twice in their third and fourth years of residency and contribute significantly to the overall teaching of health system management-related topics in the curriculum. These fourth-year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center, providing adjunct teaching support on the staff medicine service, and sharing results of system-based research that they are doing as a part of their master's degree Capstone Project.

## Accomplishments and successes of the HSM program

Twenty residents have graduated from the HSM program, and there are currently four residents enrolled in the HSM curriculum. Allyson DiMagno, MD, is completing her Sports Medicine Fellowship and will be the first physician to train in a fifth year as she completes her HSM Fellowship in 2024/2025 alongside this year's graduating resident, Dr. Victoria (Tori) Drzyzga. Also, Teresa (Tessa) Keiser, MD, and Daniel Perry, MD, are completing their intern years in the program.

Many HSM graduates still practice in our community, where they share their expertise with the current resident physicians through a variety of teaching venues.

- Jason Marker, MD, was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a past president of the IAFP, a past president of the AAFP Foundation, and a past director of the AAFP. He currently serves as the lead faculty for the AAFP Foundation's Emerging Leader Institute and as the general chair of the AAFP's new "Leading Physician Wellbeing" certificate program.
- Brandon Zabukovic, MD, a 2006 HSM graduate, was honored as one of the first winners of the Pfizer Teacher Development Award given by the AAFP Foundation. From different practices within South Bend, he and HSM graduate Michael Kozak, MD, lead the way in modeling how family physicians can take care of large medically fragile populations within our community, including patients with HIV/AIDS, Hepatitis C, Substance Use Disorder, and significant co-morbid mental health conditions.
- Keyna Martinez, MD, practices at Beacon Medical Group Bremen – a site born out of the merger between Beacon Health System and Community Hospital of Bremen. She frequently lectures on

practical patient management topics at noon conference, but also hosts many residents on their rural family medicine rotations.

- Marion Mahone, MD, is one of Memorial Hospital's Academic Hospitalists who provides inpatient adult medicine. She teaches full time on the staff medicine service on an alternating basis with program alum Matt Reed, MD. She also has taken a leadership role at the residency and in Beacon Health System's work on Diversity, Equity, and Inclusion.
- Leah Craft, MD and Dyllan Tiburzi, MD both at Beacon Medical Group–Cleveland Road, are amazing models for our residents in how compassionate relationship-building leads to great medical care.
- Rachel Schuster, DO, is a core faculty member at the Residency. She and Tucker Balam, DO, have helped our program achieve ACGME "Initial Osteopathic Recognition" through the ACGME's Osteopathic Principles Committee. This designation is given to programs that demonstrate "a commitment to teaching and assessing osteopathic principles and practices at the graduate medical education level." Dr. Schuster also serves as an administrative leader in our program as the Senior Associate Director. As a new mom, she lives out the ways that physicians can gracefully balance all important roles in life.
- Kate Callaghan, MD, is a core faculty member at the Residency and teaches in the Center for Compassionate Care in Medicine at the University of Notre Dame. She continues to oversee the Care of the Underserved curriculum at the Residency and is the lead faculty for Street Medicine South Bend, our residency outreach program co-developed with HSM Fellow, Tori Drzyzga, MD.

## Advocacy Day

The Indiana State Medical Association ("ISMA") hosted an annual advocacy day at the state capitol Jan. 16, 2024. This is an opportunity for physicians to meet with state legislators and advocate for healthcare policy. The staff at the ISMA works with legislators to set up meetings between doctors and legislators to discuss important healthcare policy. Drs. Hansel (PGY1), George (PGY3), Drzyzga (PGY3), and DuPre (faculty) journeyed to the statehouse in subzero temps to spend the day advocating with approximately 90 other doctors from around the state. This year focused on thanking legislators for approving the increased Medicaid reimbursement rates in the budget last year. The parties also discussed the burden of increasing prior authorization demands by insurers and gave examples to the lawmakers of the impacts on patients, physicians and health systems.

Dr. DuPre serves as the ISMA District 13 president. He uses the advocacy day as an opportunity to get our resident doctors comfortable discussing healthcare policy with legislators. It is a great introduction on how to leverage the resources of the ISMA to advocate for our patients and the health of our state.





# Leadership spotlight

**Michelle Thompson, MD**

**Vice President Medical Affairs, Chief Safety Officer**

I was fortunate to join the Memorial residency as a second-year resident after completing a transitional internship and a year in anesthesia. From the moment

I arrived, I felt welcomed into the team. While I chose Memorial to be closer to home and family, I quickly discovered that I was joining another family—one that continues to support and enrich my personal and professional life.

As I approached graduation from residency, I considered a path in private practice alongside two colleagues: Chris Jensen, a Health Services Management fellow, who was a year ahead of me, and Chris Hall, who was a year behind. While waiting for them to graduate, the director of the hospitalist team invited me to take on the role as a hospitalist for a year. This opportunity turned out to be my true calling, and I had to share the news with my friends that I would be shifting away from private practice.

My training prepared me well for the hospitalist role. The combination of inpatient rotations and ICU experience provided invaluable insights. At Memorial, residents care for very ill patients

with a diverse range of complex conditions, presenting daily challenges in diagnosis and treatment. The opportunity to learn from exceptional faculty and collaborating community physicians set me up for success from the start.

I genuinely love being a hospitalist. I cherish the brief connections I make with patients and families, offering them counsel and support during tough times. The acuity of my patients keeps me engaged and motivated to stay current in my field. I also value the collaborative team environment, where I learn from physician colleagues, nurses, therapists, case managers and the entire hospital staff.

Transitioning into the role of Vice President of Medical Affairs (VPMA) was a significant step for me. While I plan to maintain a small clinical role, stepping back from daily patient care after over 20 years has been a profound change. As VPMA and Chief Safety Officer, I see my role as an advocate for patients and physicians, expanding my focus beyond individual patient safety to encompass every patient in the hospital. I strive to be a voice for physicians, advocating for their needs to administration, and working to enhance processes that improve day-to-day work and drive better outcomes.

## Alumni news

**Deborah Pavey, MD**

Class of 2023

After residency, Dr. Pavey began working at Beacon Medical Group LaPorte. She and husband, Nathan, welcomed baby Jamie Pavey in February 2024.

**Kaitlin VanderKolk, MD, MPH**

Class of 2023

After residency, Dr. VanderKolk returned to her home state of Colorado and began working at Inner City Health Center in Denver, Colorado.

**Rachel Schuster, DO, MPA**

Class of 2018

Dr. Schuster and her husband Randy welcomed their second son, Trey Michael, into the family in February 2024.

**John Wells, MD**

Class of 2011

He writes, "I still practice in Roosevelt, Utah but retired from endoscopy and hospice care over the past two years. I am currently Rural Health Clinic medical director for Duchesne, Roosevelt, and Vernal clinics which includes about 30 providers. Our work on population health and value-based care has had some great successes. Emilee was elected to the Duchesne County School Board and continues to love her mathletes at the schools. Olivia just returned from an 18-month mission to Portugal and is at BYU in the dietetics program. Naomi is in her second semester at BYU in elementary education and will be leaving in June on an 18-month mission to the Philippines. Bella and Madie, who were born during residency years, will be going on the next medical mission trip to Honduras at the end of April along with Jeff Wheeler, DO, (2011), and his 17-year-old daughter Chloe. Mike Galbraith, DO, (2009), and his son Colton went with us last year. We have another mission trip to Guatemala in July and Olivia will be on that one. The two little guys that came after residency are busy in elementary school. Almost three years ago our family was asked to attend and serve in leadership positions in the local Spanish speaking Church of Jesus Christ of Latter-day Saints congregation, which has been a whirlwind of blessings, challenges and amazing opportunities. I still reflect very often on the excellent training, mentors and patients I had at Memorial."



# GMEC Report

## 2023-2024 Academic Year

The Graduate Medical Education Committee (GMEC) insures that Memorial Hospital of South Bend complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2022-2023 are:

David Van Ryn, MD, *Director of Medical Education*

Donald Zimmer, MD, *Director of Medical Education*

LaTasha Bosse, *Community Impact*

Eric Blackwell, MD, *Emergency Medicine*

Daniel Brannen, *Family Medicine 2-Year Resident*

Sandra Brown, MD, *Gynecology*

Scott Eshowsky, MD, *Chief Medical Information Officer*

Mark Fox, MD (IU), *IUSM Associate Dean*

Gary Fromm, MD, *Sleep Medicine*

Andy Hoffmann, BSN, RN, *Quality Management*

Kamille Hutchinson, *Medical Education Manager*

Ruth Hyde, MD, *Anesthesia*

Tina Jennings, MD, *Family Medicine*

Linda Mansfield, MD, *Sports Medicine*

Keyna Martinez, MD, *Family Medicine*

Sarah O'Conner, MD, *Pediatric Hospital Medicine*

Stacey Patrick (IU), *IUSM Medical Education Director*

Rachel Schuster, DO, *Family Medicine*

Mark Thompson, MD, *Trauma Surgery*

Jenai White, *CME Coordinator*

Luke White, DO, *Critical Care*

The Memorial Hospital Family Medicine Residency program is fully accredited. The 2022 survey by the ACGME is on hold indefinitely. The program has initial osteopathic recognition, and a site visit scheduled for September 2024.

Our residents have unwavering commitment to our rigorous program, education and exceptional patient care. They perform exceedingly well as documented on rotation evaluations. They continue to score above the national average on the annual in-training exam. This most recent group of graduated residents upheld our 100% board pass rate. We matched our second class of 10 residents this past March. Next year will be the first year with 10 residents in all classes.

The residents are active and integral members of the inpatient adult medicine, pediatric hospital, and obstetrics team. They are members of the medical staff committees to give resident insight in all areas of the hospital. The residents actively participate in the morbidity and mortality conferences that directly improve patient safety and quality of care. There have been no ACGME citations for patient care issues.

Under the guidance of Dr. Charlton and our partnership with the St. Joseph County Health Department, residents continue to provide care to refugees in our clinic. We now care for over 200 refugees from Afghanistan, Cameroon, Central African Republic, Columbia, Democratic Republic of Congo, El Salvador, Guatemala, Honduras, Nicaragua, Pakistan, Syria, Uganda, Ukraine and Venezuela. In addition, resident Dr. Tori Drzyzga and faculty Dr. Callaghan created a street medicine program. Every other week, faculty and residents provide care to the homeless on the west side of South Bend. The drive and determination of residents and faculty members to stretch our medical abilities and provide compassionate care for all persons has never been more evident.

While our residents demonstrate admirable resiliency, the program leaders are aware of burnout and the need for self-care. We continue to adapt our response to wellness needs based on results from our annual internal resident survey. We integrate wellness half-days into the schedule for a resident on an inpatient service as well as providing opt-out counseling for all our residents. Our faculty team leader framework continues to promote intentional mentorship with regular check points for faculty to assess resident wellbeing.

Our residents are integral to the education of medical students both from the neighboring Indiana University South Bend campus as well and from medical schools from across the country. The residents and hospitalists on the inpatient medicine service educate medical students completing their sub-internships multiple times throughout the year. This past year, the program hosted 15 medical students as they completed the Family Medicine In-Depth elective. This elective gives the medical student the opportunity to rotate on the inpatient medicine, pediatrics and obstetrics services with the residents as well as spend time in resident clinic to get a feel for what life is like as a Memorial resident. We routinely match at least one medical student from this elective to our in-coming intern class – this year we matched four!

Faculty members continue to strive for excellence in teaching and look for opportunities to develop their teaching skills. During monthly faculty meetings, a faculty member presents a topic for faculty development. The topic focuses on education, quality improvement and patient safety, fostering resident and faculty well-being, or patient care based on practice-based learning and improvement efforts. Our faculty are also involved with advocacy at the local, state and national levels particularly Dr. Marker's involvement with the American Academy of Family Physicians (AAFP) and Dr. DuPre's involvement with the Indiana State Medical Association (ISMA).

Finally, our residents and program graduates continue to be pleased with their training. Program evaluations are at or above the national average in most parameters. Evaluation completion rate is also high, demonstrating investment from faculty and residents to provide actionable feedback about the program. Our alumni report they are pleased with their training via the ACGME survey sent at intervals since the graduates' training. We continue to be impressed with the impact they make in their communities.

In summary, the Memorial Hospital Family Medicine Residency program continues to be an excellent residency training program that is proud of the accomplishments of the residents, faculty and alumni.

## Alumni news

Laura Hannon, MD, FAAFP  
Class of 2005

Dr. Hannon obtained her Leading Physician Well-being Certification as well as her Degree of Fellow from the AAFP in 2023. In January 2024, Dr. Hannon started as a core faculty member with Northwest Health Porter Family Medicine Residency in Valparaiso, Indiana.

Mettisa McLeod, MD  
Class of 2005

Since January 2019, Dr. McLeod has been working as a staff family physician for the Department of Veterans Affairs in St Louis, Missouri. In November 2023, she was promoted to Chief of Ambulatory Care, assisting the Associate Chief of Staff, Primary Care, with operational and administrative needs within the department. Dr. McLeod maintains a 0.6 FTE clinical practice, caring for veteran outpatient primary care needs. Dr. McLeod had her poem, titled "Mid-Winter," published in Volume 30, Spring 2023 edition of SCOPE, the literary arts journal of Southern Illinois University School of Medicine. She also had two photographs featured in the art exhibition celebrating the 30th year of SCOPE. In Fall 2023 Dr. McLeod moved their oldest daughter (who was born in South Bend during Dr McLeod's third year of residency) to the University of Cincinnati, Ohio.

Thomas Sutula, MD, JD  
Class of 1989, Faculty 1993-2017

Dr. Sutula retired on May 31, 2024, from his wound care and hyperbaric oxygen therapy position at Memorial Hospital (7 years). He and his wife are moving 330 miles north of South Bend near the town of Rogers City, Michigan, and Lake Huron, where they have vacationed for the past 15 years. Dr. Sutula is credentialed as a physician for the Coast Guard and will be spending time working 16 hours a month at the Air Station Detroit and Air Station Traverse City clinics. He is looking forward to taking deployments on an icebreaker with the Coast Guard.

Dan Hall, MD  
Class of 1987

The year 2024 marks 40 years of being a physician for Dr. Hall. After residency, he opened a solo practice in Bowling Green, Kentucky. In 1994, Dr. Hall began a radiology residency at the University of Louisville. He currently works from home as an Emergency Radiologist with Radiology Partners, a national radiology practice. He works 120 days a year and is learning how to invest and manage personal time with his career. Dr. Hall says that his 10 years in family practice helped him to become a better Radiologist and human being. Dr. Hall is married to Susan and together they have two sons and five grandchildren. He plans to retire in the next 4-5 years.



# 2023-2024 Highlights





# Where are they now?

Memorial Family Medicine Residency program graduates

69% of our grads  
are practicing in  
IN, IL, MI, OH



**1** Canada





#### MISSION

**We deliver  
outstanding care,  
inspire health and  
connect with heart.**

#### VALUES

**Trust  
Respect  
Integrity  
Compassion**

**The Family Medicine Residency Program of Memorial Hospital supports the mission of Beacon Health System, and in addition strives to:**

- Provide the highest quality of education to family medicine residents
- Provide the best possible medical care and service to our patients
- Advance the specialty of family medicine
- Improve the health of our community