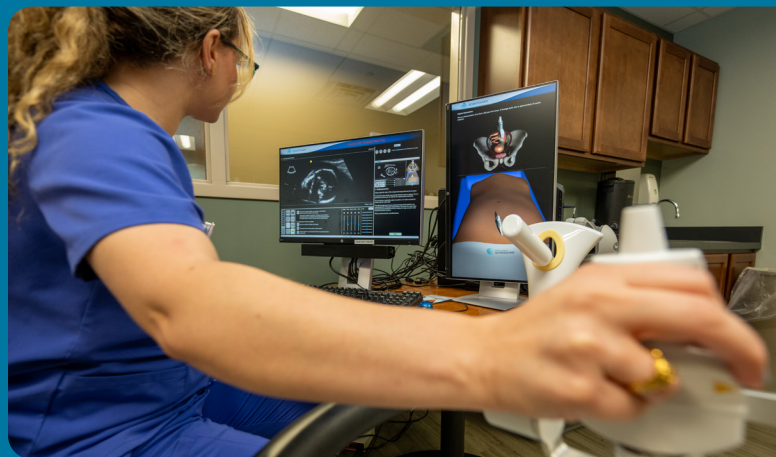


Memorial Family Medicine Residency Program

Annual Report 2024-2025




MEMORIAL
HOSPITAL

From the Director

Greetings from Memorial Family Medicine Residency! 2024-2025 has been a year full of continued growth and innovation and I am excited to update you on the important and impactful work we continue to do at Memorial.

I continue to be deeply proud of our faculty team whose passion, dedication, and talent have been evident as we've advanced our program and the unique ways we serve our community. Each faculty member has fully embraced our core values and played a pivotal role in elevating the training we provide.

Our residents remain at the heart of the care delivered at Memorial Hospital, serving our most vulnerable patients with compassion, dedication and grace. In addition to their ongoing contributions to the hospital, clinic and broader community, our residents once again performed above the national average on the annual In-Training Examination – a key benchmark that correlates with future board certification success.

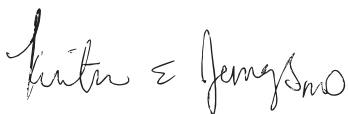
We are proud to maintain a 100% board pass rate among our graduating residents, a testament to the outstanding education and training provided at Memorial. We also look forward to welcoming the 10 new interns who successfully matched with us this year and will be joining our program in July.

E. Blair Warner, our outpatient continuity clinic, continues to find ways to serve patients in unique and impactful ways. We have expanded the food pantry at E. Blair Warner Family Medicine Clinic and this has had a significant impact on addressing food insecurity among our patient population. By offering immediate access to nutritious, shelf-stable food items during clinic visits, we are able to reduce barriers to basic needs that often undermine chronic disease management and overall health. This initiative not only supports our most vulnerable patients but also strengthens the clinic's role as a trusted community resource. Integrating food assistance into our outpatient care model reflects our commitment to treating the whole person – recognizing that health outcomes are deeply influenced by social determinants such as access to food. Our team also continues to provide unique care through our Street Medicine South Bend program, which seeks to serve those who are unhoused in our community.

Within Beacon, continued change and innovation occurs. Memorial Hospital's Patient Tower project is taking shape and revealing how impactful this addition will be in our downtown South Bend community. With the announcement of the acquisition of Ascension Southwest Michigan (four hospitals, 35 outpatient clinics and an ambulatory surgery center), we are eager to identify ways to synergize with an already established strong hospital. Growth and opportunity abound and we remain excited to contribute to the great work on which Beacon continues to embark.

I am proud of the ongoing efforts and dedication of our team at the Memorial Family Medicine Residency Program. Like all great teams, our success is driven by the exceptional individuals who make it possible – our faculty, residents, administrative staff and clinical support team. Together, we remain firmly committed to our core values: delivering outstanding resident education, providing high-quality patient care, advancing the field of family medicine and serving our community with purpose and compassion.

Thank you for your continued support of the program. Wishing you and yours well!



Tina Jennings, MD, FAAFP
Program Director
Designated Institutional Official
Memorial Hospital of South Bend

THE MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM FACULTY



Tina Jennings, MD
Program Director



Rachel Schuster, DO
Senior Associate Director
Director of Osteopathic
Education



Tucker Balam, DO
Associate Director
OB Fellowship Co-Director



Kate Callaghan, MD
Associate Director



Janel Charlton, MD
Associate Director



Matthew DuPre, MD
Associate Director



Marion Mahone, MD
Faculty Hospitalist



Linda Mansfield, MD
Sports Medicine
Fellowship Director



Jason Marker, MD
Associate Director
Clinic Director



Gerald Morris Jr., MD
Faculty



Gregory Pouliot, PhD
Behavioral Medicine
Director



Matthew Reed, MD
Faculty Hospitalist



Emily-Rae Singh, MD
Associate Director



Randall Suttor, MD
Associate Director

Class of 2025 graduates



Shan Antony, MD

Shan Anthony is a second-generation American, born to immigrant parents from rural India. Inspired by his family's roots and a deep love for community, he felt called to rural medicine from a young age. He began his journey through the Rural Health Program at Indiana State University and later attended IU School of Medicine, also in the rural track. Along the way, he had the blessing of marrying his wife, Darcie. Shan returned to South Bend to complete his family medicine residency at Memorial Hospital, where he felt honored to train while raising his growing family – including daughters Meelah and Nilah, and son Asa. The Antony's take their next step at Sullivan County Community Hospital in Sullivan, Indiana, where Shan will provide full-spectrum care to a rural community. When Shan is not seeing patients, he and his family are most likely to be seen taking walks, exploring the outdoors, or eating ice cream. Shan is grateful for the privilege to serve and hopes his work glorifies God and uplifts the communities he touches.



Jillian Baranowski, MD

Jill Baranowski was raised in a military family, moving around the United States until her family settled in central Illinois for her high school years. There she met her now husband, Nate. Following in the footsteps of her father and grandfather, Jill earned a Systems Engineering degree from the University of Illinois. She then worked for several years as a project manager for a media ratings firm. After a visit to a mission hospital in Papua New Guinea in 2014, Jill decided to follow what felt like a calling and traded the corporate world for undergraduate pre-med classes. Jill attended the University of Chicago Pritzker School of Medicine before moving to South Bend for residency. Along the way Jill and Nate welcomed two children, Gray (4) and Emma (1). Special thanks to her parents and husband, without whose unwavering support residency with two small children would not be possible. After graduation, Jill will be staying local and joining the South Bend Clinic.



Hannah Drazenovich, MD

Hannah Drazenovich was raised in Maple Grove, MN, by hardworking parents, Bill and Lisa, who taught her – through equal parts determination and just the right amount of stubbornness – that anything is possible with perseverance. She earned her undergraduate degree in Biochemistry from the University of St. Thomas before going on to complete her MD at the University of North Dakota. During the whirlwind of studying and residency interviews, Hannah met the love of her life, Alex Rocha, who later joined her in Indiana as she pursued her dream residency. She is thrilled to be staying in South Bend for another year as one of Memorial Hospital's newest OB fellows, alongside her friend and fellow graduate,



Rebecca Hendricks, MD, MPH

Rebecca Hendricks (Becca) grew up in Goshen, IN, and attended Goshen High School. One of her formative high school experiences was being senior captain of the varsity soccer team and being shown up by a freshman player named Gaby Romo (now a fellow residency graduate). Becca earned a BA in Spanish and Hispanic Cultures from Juniata College and spent a year studying abroad in Guanajuato, Mexico. She then received her Master of Public Health from Fairbanks School of Public Health in Indianapolis. During her Indianapolis years, Becca married her husband, Stephen. Becca attended IU School of Medicine in South Bend, where she again got to spend time with classmate Gaby Romo. Becca took a gap in her medical school training when her daughter, Anna, was born in 2018 and welcomed her son, Graham, in 2022 before starting residency. Becca spends a fair amount of her limited free time playing with American Girl dolls, Magna Tiles, and Hot Wheels, but also enjoys spending time outdoors and with extended family. Becca is excited to start outpatient practice at Family Medicine of South Bend, although she will miss making all her career moves with Dr. Romo.



Gabriela Romo, MD, MPH

Gabriela Romo (Gaby) was born and raised in Goshen, IN. Her love for the game of soccer led her to attend IPFW to study Biology. She then made the big decision of leaving her love of soccer to attend medical school at IU School of Medicine in South Bend. Gaby received her Master of Public Health from Fairbanks School of Public Health during medical school. She stayed in South Bend to complete her residency training at Memorial and after graduation, she will remain with Beacon Health System at their Goshen office, returning back to her hometown. Soccer may not have led her to a professional career, but it gave her something even more precious – the love of her life, Carlos. She and Carlos are excited for what God has in store for them for this next season of life.



Gerrit Seymour, DO

Gerrit Seymour was born and raised in Kaysville, Utah, by his parents Ed and Shannon and with his elder brother, Brayden. He spent his whole life in Kaysville until he met the love of his life, Kaitlyn, while studying at the University of Utah. After their marriage they moved to downtown Salt Lake City, Utah, while Gerrit finished up his dual degrees in Music and Middle Eastern Studies: Turkish language, and Katie completed her degree in Music. After completing their degrees, they moved across the country for medical training. Over the course of the last seven years of training, Gerrit and Katie have welcomed three new members to their family, one at each stop of the journey: Elliott (5, born in Pennsylvania), Lucy (3, born in New York), and Milo (6 months, born in Indiana). After graduation the family will be moving again to Montana where Gerrit will be working as a faculty member for Montana Family Medicine Residency Program allowing him to continue his love of teaching, underserved medicine as well as full-scope family medicine.



Cynthia Stanton, DO

Cindy Stanton is a Hoosier at heart, growing up in Avon, IN, then attending Indiana University in Bloomington to complete her Bachelor of Science in Human Biology. During this time, she fell in love with global health while completing a study abroad program in Community Public Health at the University of Botswana. She completed medical school at Marian University College of Osteopathic Medicine and was overjoyed to match at Memorial Family Medicine Residency Program. Cindy was honored to serve as the Academic Chief Resident during her final year of residency. She is eager to remain near her South Bend community as she starts practice at Southwestern Medical Clinic in Niles, MI, that simultaneously serves its locally and globally underserved neighbors. Cindy is incredibly grateful for the training she received at Memorial that will equip her to serve both locally and around in the world, and for the rich friendships that were formed along the way.



Ashley Williamson, DO, MS

Ashley Williamson was born and raised in Colorado and continues to claim to be a Colorado native through and through. With the immense support of her family, she earned a bachelor's degree from University of Colorado, Colorado Springs, a master's degree in biomedical science from Colorado State University, and a Doctor of Osteopathic Medicine degree from Rocky Vista University in Parker, CO. She has always loved being outside under the Colorado skies doing things like hiking, camping, rafting, rock climbing, and trail running but she eventually ventured out of the state to pursue her residency training at Memorial Hospital in South Bend, IN. She would have never even found Memorial if it were not for her husband, Gage Williamson, whom she started dating while they were both students at Rocky Vista University. Gage pursued his residency training at St. Joseph Regional Medical Center right down the road from Ashley. These two family medicine residents then thought it would be a good idea to start their family in the middle of their training and they welcomed their son, Axel, in September 2024. Next year, Ashley and Gage are both pursuing fellowships in Michiana (Obstetrical and Sports Medicine, respectively). The Williamson's are not quite sure what the future holds for their careers after fellowship but are thankful to have been welcomed by Memorial Family Medicine and for the comprehensive training provided.



Kristen Wright, MD

Kristen Wright grew up in small-town Edwardsburg, MI, on a hobby farm with her grandparents. She received a bachelor's degree in Nutritional Studies from Grand Valley State University and completed medical school at Michigan State University. There, she felt called to underserved medicine. She was happy to come home to Michiana with her husband, Johnny, to complete her residency training. One of the many residents involved in the "pregnancy pact," she and Johnny welcomed their son, Emmett, during her second year of residency. She is forever grateful for the relationships she has formed during her time at Memorial and for the faculty and colleagues that have shaped her practice. After graduation, she will be staying in town to work at HealthLinc, a federally qualified health center for uninsured and underinsured patients.

Class of 2026



Daniel Armounfelder,
MD, MPH



Kristin Bredhold, DO



Urban Cornett, MD



Leah Amstutz Hansel,
MD, MPH



Teresa Keiser, MD



Olivia Neese, MD



Daniel Perry, MD



Kelsey Perry, MD, MS



Dillon Stull, MD, MA



Kaitlyn VanRiper, MD

Class of 2027



Lynn Alsatie, MD



Victoria Bawel, MD



Brandon Bedsole, MD



Leah Blickensderfer, DO, MS



Erin Herbstova, DO



Isaac Jarava, MD



Ryan Lee, DO



Evans Lodge, MD, PhD



Sydney Wilderman,
DO, MS



Braden Zimmerman, DO

Class of 2028



Kaedon Buchmiller, DO
Kansas City University
College of Osteopathic
Medicine



Marie Dix, MD
Creighton University
School of Medicine



Erin Fund, MD
University of Illinois
College of Medicine



Pranuthi Gadde, DO
Lake Erie College of
Osteopathic Medicine



Kiama "Miracle" Richardson, MD
Indiana University
School of Medicine



Pete Rochat, MD, M. Ed.
University of Texas at
Austin Dell Medical School



Thomas Springer, DO
University of New England
College of Osteopathic Medicine



Alec Staiger, DO
A.T. Still University of
Health Sciences Kirksville
College of Osteopathic Medicine



David Talarico, MD
Drexel University
College of Medicine



Joshua Wright, MD, MS
Drexel University
College of Medicine

2024-2025 report on sports medicine

Procedural training remains a core part of the fellowship program

MSK ultrasound training remains a strength of the Sports Medicine Fellowship program and is recognized by governing bodies as a core requirement in the education of sports medicine fellows. Joint injections and fracture care are other skills being taught to the residents and fellows. The sports medicine clinic performs innovative procedures such as PRP injections and percutaneous tenotomies. Fellows graduate well trained to help their patients with the use of these techniques. Dr. Mansfield also includes an introductory musculoskeletal ultrasound training session during the first-year Sports Medicine-Ortho rotation.

Annual training for emergency preparedness prior to fall sports season

A hands-on learning experience coordinated by Beacon Health System is an annual event in the sports medicine program. Residents, fellows, attending physicians and athletic trainers from both Memorial and Saint Joseph hospitals participate in a practice session for the care of an athlete with a cervical spine injury. They practice multiple scenarios for removal of football equipment and spine boarding of an athlete injured during a game. This joint training session gives health professionals the opportunity to familiarize themselves with each other and to improve protocols, giving our community's athletes a higher level of safe participation. They also have fun doing it!

Local high schools and two colleges in South Bend well-served by Beacon certified athletic trainers and physicians

The relationship between the South Bend Community School Corporation and Beacon Sports Medicine continues to be strong. Beacon provides certified athletic trainers to Riley, John Adams, Clay, and Washington High Schools. Other area high-schools, LaVille, Bremen, and Edwardsburg also have certified athletic trainers provided by Beacon. Lead by Dr. Linda Mansfield, the sports medicine fellows, along with several residents, provided sideline and training room coverage for these schools. In addition, all residents participate in annual pre-participation physicals to high-school athletes.

Sports Medicine Fellowship match

The Sports Medicine Fellowship, a collaboration between the family medicine residencies at Memorial Hospital and Saint Joseph Health System, filled both positions for the academic year 2024-2025. New fellows Dan Brannen, DO, (one of our 2024 residency graduates) and Drake Matuska, MD, will start July 1, 2024. They are looking forward to their sports medicine training year, which includes treating athletes at the high school, NAIA college level and at the University of Notre Dame.

Presentations accepted for the AMSSM National Meeting

The American Medical Society for Sports Medicine (AMSSM) accepts case and research submissions annually for its national meeting. Sports Medicine Fellow Allyson DiMagno, MD, had a case accepted for a podium presentation at the annual meeting in Baltimore this spring. Fellow Josh Loiseau, MD, and residents Dan Brannen, DO, and Urban Cornett, MD, had cases accepted for poster presentation. Several Sports Medicine Fellowship alumni attended the AMSSM National Meeting to support Dr. Rebecca Myers (2012 fellowship alumna) as she took over the presidency of the organization.



AMSSM Poster Presentation
Dan Brannen, DO



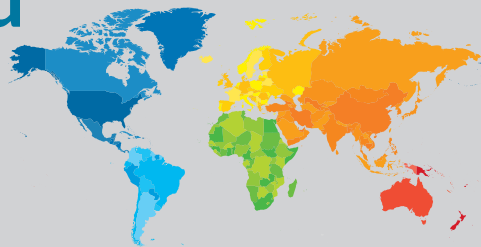
AMSSM Poster Presentation
Urban Cornett, MD

Sunburst medical tent volunteers trained to handle casualties of the race

Attending physicians, fellows and residents are among the volunteers in the medical tent at the Sunburst Races every year. The event, sponsored by Beacon, hosts a half marathon, a 10K race, a 5K race and a 5K walk. This is a great opportunity for fellows and residents to be at the finish line, staffing the medical tent under the medical directorship of Dr. Mansfield. The race was held this year on June 1. Our physicians were once again prepared to treat everything from minor injuries requiring first aid to heat stroke, which is treated in ice immersion baths on site.



Our physicians around the world



For decades, Memorial Family Medicine Residency has been providing opportunities for our residents to participate in global medicine electives. We are excited to be able to continue to provide this option going forward.

Opportunities for international rotations remain a cornerstone of our program, providing a unique educational and service experience for interested residents. These rotations can have lasting impact on the formation of residents and are often some of the most foundational moments of their training. Over the years, our residents



2025 International rotation:
Aguascalientes, Mexico

**Gabriela Romo, MD,
MPH**

From February to March of 2025, I had the incredible opportunity to return to my parents' hometown of Aguascalientes, Mexico, as part of a unique residency experience. Working in a government-run hospital, one of the three types of healthcare facilities in Mexico, I was immersed in an environment vastly different from the

resource-rich institutions I was used to in the United States. It was humbling, eye-opening, and, above all, transformative.

I am deeply grateful for the experience this residency provided. It not only sharpened my clinical skills but also grounded me in the values that first inspired me to become a doctor.

Working on the inpatient medicine floor alongside residents, I was confronted daily with severely ill patients, often in critical condition. My very first patient was admitted with obstructive pyelonephritis and a blood pressure in the 40s over 20s. Without the availability of an arterial line or ultrasound guidance, I had to place a subclavian central line. Thankfully, there were no complications, and it was a moment that tested and strengthened my confidence.

Limited resources demanded a different kind of thinking – one rooted in adaptability and ingenuity. Performing procedures like ABGs and central lines without the aid of imaging tools became routine. I quickly came to appreciate just how powerful the physical exam and history of present illness (HPI) are; they truly account for 90% of a diagnosis in settings like this. When labs or imaging could not be done quickly, our clinical assessment was often the only thing we could rely on for urgent decisions, such as diagnosing pneumonia. In those moments, the handheld ultrasound – Butterfly – felt like a godsend. With it, I was able to make quicker diagnoses and initiate timely antibiotic treatment.

This was also a place where I saw firsthand the effects of systemic antibiotic misuse. Due to widespread prescription of ceftriaxone by general

physicians – who often practice without formal residency training – antibiotic resistance was prevalent. I had to start patients on broad-spectrum antibiotics, what we sometimes call the “big guns,” without the luxury of consulting infectious disease experts. It wasn't ideal, but it was necessary – and it taught me how to make confident, informed decisions when expert resources are out of reach.

Despite the scarcity of supplies, the human side of care was incredibly strong. Family members stayed by their loved ones' bedsides 24/7, offering not just emotional support but often physical help. Hospital meals, though simple – beans, eggs with red salsa, and fresh-squeezed orange juice – were delicious and comforting, providing a brief but welcome joy in long, difficult days.

Outside of the hospital, I reconnected with my extended family and was reminded of what life is like in rural Mexico. I witnessed how limited rural health care could be when my aunt cut her hand on a dirty piece of metal while milking cows. The local clinic could only cleanse the wound and asked her to approximate the edges with her fingers. Due to the risk of traveling at night from cartel activity, we had to wait 12 hours before getting her to a city hospital for stitches, antibiotics, and a tetanus shot. It was a sobering look at the impact of social instability on healthcare access.

And yet, amidst the challenges, there was joy. My family celebrated my bachelorette party while I was there – a beautiful reminder of love, support, and community.

Reflecting on those weeks, I realize how much this experience shaped me. I am a more culturally competent, clinically confident, and compassionate physician because of it. More than anything, it reminded me why I wanted to become a doctor in the first place: to serve people in their most vulnerable moments, to rely on skill and instinct when technology is absent, and to connect deeply with the humanity at the core of medicine.

This journey to Aguascalientes is one I will never forget. I will carry its lessons and memories with me always – with immense gratitude.



and alumni have served dozens of countries. Since the inception of Memorial's international option, more than 40 residents have served and learned in under-resourced countries around the world. This academic year, Drs. Romo (Mexico), Hendricks (Guatemala), Hansel (Paraguay and Bolivia), and Stull (Kenya) have benefitted from these immersions.

We enjoy generous financial support for this international track from our health system, thus minimizing the financial burden to the resident. However, we recognize with the changing healthcare landscape, this funding is not guaranteed. Therefore,

we have established a Global Health Foundation Fund in hopes of financially supporting international experiences in perpetuity, independent of future budgetary limitations. Thanks to the generosity of many, we have already raised over \$250,000, which will help ensure the stability of this program in the future.

We remain excited about the impact our residents have on the people they care for around the globe, the relationships they form and the ways their lives are changed by these journeys.



2025 International Rotation:
western Kenya
Dillon Stull, MD

I first traveled to Kenya in 2013 with a pediatrician and group of pre-medical students from Baylor University, where I completed my undergraduate studies. Returning several times

to the same area, this Luo community on the Nyakach Plateau in western Kenya became dear to my heart. I had conducted interviews in this community for my undergraduate thesis research and had also returned at the end of medical school to start seeing some patients of my own. To return for a fifth time—but now as a graduated doctor in the midst of my residency training—was a revitalizing experience for me, and I believe it was also a blessing for this community that has welcomed me so warmly since the beginning of my long path of study.



From my first day on rotation, I was keenly aware of the value of my broad and rigorous training in Family Medicine. In the first morning, I rounded on several adults and pediatric patients admitted to the inpatient ward, saw people of all ages in clinic, and delivered a baby on the maternity unit. Thankfully, I have had days in South Bend where I am also balancing all these responsibilities! I was elated to see the full range of my Family Medicine skills being put to good use. The cherry on top was that the new mother decided to make me the namesake of her baby boy!

Rotating internationally allowed me to exercise my faculties of clinical reasoning in new ways. For one, most situations required me to make decisions independently, as my primary preceptor was responsible for the services offered by all the hospitals in the

county and was therefore traveling frequently. He was a phone call away for any questions or for difficult cases, but the majority of cases presented me with the chance to develop my own plan in conjunction with the patient, other support staff, and another resident also on rotation at the same hospital. It was a foretaste of life as an attending physician, and I grew immensely in this practice context.

Further, the decision-making landscape was very different from the way it is at Beacon, where we have support from many specialists and access to a multitude of tests and treatments. Bethlehem Home Hospital, built in 2015, is a small, rural hospital located 30 minutes from any larger facility with an operating room, CT scanner, or even a CBC and BMP. We had a few clinical officers (their training is most similar to PAs in the States), a few nurses, and one lab technician who could run about 10 lab tests, the most common being malaria blood smear, typhoid stool antigen, H. pylori stool antigen, H&H, and blood glucose. Thankfully, I had also brought my Butterfly Ultrasound, which I used in a few uncertain cases to stratify the acuity of patients whom I was referring for care elsewhere. But I recognized more than ever the value of a careful History and Physical as well as more “portable” skills such as POCUS and OMT.



When developing plans with my patients, treatments had to be feasible. My patients were very poor on the whole, so conservative management was appreciated when possible; it made me think twice before referring someone for a formal echocardiogram that would cost them multiple months' worth of wages. Good counseling, education, and expectant management were even more important there than they are here.



The international rotation was an invaluable addition to my training as a Family Medicine physician who is prepared to serve those in greatest need at home and around the world. I am grateful for the time and funding to be able to go during my residency training, and I plan to rotate abroad once more before I graduate!

Street Medicine South Bend (SMSB)

Memorial Family Medicine Residency (MFMR) is located in St. Joseph County, Indiana, which had 551 unhoused people in 2023. Those experiencing homelessness are among the most vulnerable members of our society. The underserved and unsheltered face significant barriers to obtaining quality health care, such as cost, accessibility and stigma in addition to lacking financial support and transportation to obtain medical care. A lack of trust in the healthcare system and a lack of professionals, creates obstacles to seeking timely aid. Even when this population seeks medical care, the care is often delivered in the emergency department (ED). This can result in fragmented and high-cost interventions without significant clinical benefit.

Under the leadership of Dr. Callaghan (Associate Director) and Dr. Drzyzga (Class of 2024), on Dec. 8, 2022, MFMR launched Street Medicine South Bend (SMSB) to provide care to individuals experiencing homelessness in the South Bend community. Teams of residents and faculty offer care every other week at Motels4Now, a housing-first, low-barrier shelter that offers housing to the chronically unsheltered. SMSB performs on-site evaluation as well as diagnostic testing and treatment. The team also works to connect patients to long-term primary care through one of the local federally qualified health centers, HealthLinc. The residency has invested significant grant funding into acquiring supplies for this project, and the Beacon Health System Foundation continues to raise funds to support the monthly budget of the initiative. Since its initiation in December of 2022, the SMSB patient base has steadily grown.

The Lucy Family Institute for Data and Society at the University of Notre Dame, awarded SMSB a grant to study emergency department utilization and hospitalization among SMSB patients in 2023. People experiencing homelessness often endure longer than average hospital stays or turn to the emergency department (ED) for care they could get elsewhere. The etiology for this is multifactorial including the decreased access to transportation and primary care that many of these individuals face as well as the increased rates of chronic health concerns and substance use disorders in this population. This study seeks to assess whether the interventions of SMSB have decreased ED visits and hospitalizations for SMSB patients in the greater South Bend area, and it seeks to contribute to the wider research surrounding the impacts of street medicine. Data collection is complete for the individuals seen by SMSB in its first year of operations. Preliminary findings have been presented locally at the Lucy Institute's Health Equity Data Forum in 2024, demonstrating a substantial, statistically significant reduction in ED utilization for participants in SMSB. We are currently working toward publishing this data.



While SMSB offers a wide variety of services to patients, during 2024, Health First St. Joseph County awarded SMSB a \$15,000 grant, making it possible to offer patients at Motels4Now hepatitis C virus (HCV) testing and treatment. According to 2020 data published by the Center for Disease Control (CDC), Indiana had the fifth highest rate of HCV in the country. A literature review conducted in 2019 found that HCV infections among people experiencing homelessness in the United States ranges from 9.8 to 52.5%. The United States Preventative Services Task Force recommends universal screening for all patients 18 to 79 years old without known liver disease. If a patient has increased risk factors, the CDC recommends routine, periodic testing. Since intravenous drug use and the experience of homelessness increase a person's risk for HCV, SMSB was in an ideal position to provide testing and treatment for HCV at Motels4Now to high-risk individuals. With this grant, 79 individuals were tested. Of those, 14 individuals tested positive, and nine of these individuals elected to pursue treatment.

Some individuals are still in treatment or haven't yet reached the time at which a test of cure can be performed, but the patients who have been tested 12 weeks after completing treatment thus far, have all been cured of their HCV. This program benefitted the residents at Motels4Now and the overall public health and safety of the South Bend community. It also provided a unique learning experience for resident physicians as they conducted the HCV treatment consultations for SMSB patients at the residency clinic.

Obstetrics care

Obstetrics Program

The Memorial Family Medicine Program has maintained a longstanding tradition of providing an exceptional obstetrics experience within the framework of a comprehensive family medicine residency. Many program graduates continue to incorporate obstetrics into their practices, utilizing these critical skills both domestically and internationally.

Memorial residents deliver 24-hour coverage at the Childbirth Center, which remains a high-volume unit, having facilitated over 2,300 deliveries in 2024. Residents play a central role in patient care, managing triage, performing vaginal deliveries, providing care for high-risk pregnancies and assisting in cesarean sections. As an unopposed program, residents remain at the forefront of inpatient obstetric care without competition from other learners, ensuring a robust hands-on experience.

Our OB hospitalist model has significantly enhanced both patient care and the educational experience of our residents. Beyond inpatient services, residents also manage approximately 400 obstetric patients annually at the E. Blair Warner Family Medicine Center, reinforcing continuity of care while serving the broader community.

Since 2021, several initiatives were started to improve access for marginalized patients, in collaboration with community partners. These projects are focused on addressing disparities in maternal, fetal and neonatal outcomes, with the goal of reducing mortality rates and improving overall health equity.

Family Medicine Obstetrics Fellowship

Program overview

Since its inception in 2003, the Memorial Family Medicine Obstetrics Fellowship has provided advanced, year-long training for family medicine physicians seeking to expand their expertise in obstetric care. Initially accommodating one fellow per year, the program builds upon foundational residency training, equipping fellows with advanced surgical obstetric skills, including cesarean sections, tubal ligations and specialized ultrasound techniques. This intensive experience with high-risk obstetrics ensures fellows graduate as valuable assets to their future communities.

Clinical and educational impact

The fellowship continues to offer a unique balance of comprehensive family medicine exposure and specialized obstetric training. Fellows play a crucial role in patient care and medical education, assisting in onboarding new residents and mentoring them in both hospital and clinic-based obstetric skills. This dual focus supports the development of well-rounded physicians capable of managing both routine and complex maternity care.

Program growth and expansion

In 2022, the fellowship underwent a significant expansion, welcoming two fellows annually. This growth has enhanced the program's capacity, enabling expanded patient care both in the clinic and hospital settings. With increased resources, the fellowship can now serve more high-risk patients within vulnerable populations, contributing to improved obstetric outcomes. As the program continues to evolve, further enhancements remain a priority in advancing maternal care and health equity.

Kerrie Kares Bags

The rate of Maternal and Infant Mortality statistics in the counties we serve remains concerning. We are one of the few clinics in our community serving some of the highest risk patients. In 2020, we lost a nurse whose passion was to serve this population. To honor her legacy, we started the Kerrie Kares Fund, which allows us to purchase essential newborn supplies to give to parents – diapers, wipes, safe sleep education, onesies, thermometers, infant fever reducer, along with a host of additional educational materials. We package the supplies in a reusable bag and give to the mom at her post-partum visit. These basic supplies help arm our patients with the tools needed to care for their new baby in their first few months, as well as educational materials that are useful as we interact with parents during well-child care visits.



Baby Buggy

Beacon Baby Buggy

Beacon Medical Group E. Blair Warner Family Medicine has partnered with Beacon Community Impact to provide home visits for OB patients who are unable to attend their prenatal or postnatal appointment. The Beacon Baby Buggy is a van equipped with home visit supplies such as a scale, fetal doppler, measuring tape and vitals equipment. Our care team also provides safe sleep and car seat education. If necessary, we can provide a car seat and/or pack-n-play during the home visit.

Our home visit care team is a select group of experienced associates – OB Coordinator, Community Health Worker, Nurse Practitioner, Registered Nurse and could include physicians. This program aims to decrease barriers to care by meeting patients where they are and in doing so, help reduce infant and maternal complications related to little or no prenatal care.



Health Services Management

Introduction

The Health Services Management (HSM) curriculum was developed in 1997 in partnership with Indiana University South Bend. Residents in this curriculum extend their residency by one year to allow time to complete a Master of Public Affairs in Health Services Management. During the HSM Fellowship year there is ample opportunity for electives, which has allowed graduates to tailor their curriculum to make their degree most useful for the practice opportunities they will pursue after graduation.

The residents in the HSM curriculum provide noon conferences on health system management topics once or twice in their third and fourth years of residency and contribute significantly to the overall teaching of health system management-related topics in the curriculum. These fourth-year residents function as junior faculty by staffing the E. Blair Warner Family Medicine Center, providing adjunct teaching support on the staff medicine service, and sharing results of system-based research they are doing as a part of their master's degree Capstone Project.

Accomplishments and successes of the HSM program

Twenty-two residents have graduated from the HSM program, and there are currently three residents enrolled in the HSM curriculum: Teresa (Tessa) Keiser, MD (PGY-3), Daniel Perry, MD (PGY-3), and Leah Blickensderfer, DO (PGY-2).

Many HSM graduates still practice in our community, where they share their expertise with the current resident physicians through a variety of teaching venues.

- Jason Marker, MD, was the inaugural graduate from this program in 2002 and, after 15 years in rural private practice, returned to Memorial Family Medicine Residency in 2017 as an Associate Director. He serves as the Clinic Director for the E. Blair Warner Family Medicine Center and as the faculty advisor to the HSM program. Dr. Marker is a past president of the IAFP, a past president of the AAFP Foundation, and a past director of the AAFP. He currently serves as the lead faculty for the AAFP Foundation's Emerging Leader Institute and as the general chair of the AAFP's "Leading Physician Wellbeing" certificate program.
- Brandon Zabukovic, MD, a 2006 HSM graduate, was honored as one of the first winners of the Pfizer Teacher Development Award given by the AAFP Foundation. From different practices within South Bend, he and HSM graduate Michael Kozak, MD, lead the way in modeling how family physicians can take care of large medically fragile populations within our community, including patients with HIV/AIDS, hepatitis C, substance use disorder, and significant co-morbid mental health conditions.
- Keyna Martinez, MD, practices at Beacon Medical Group Bremen – a site born out of the merger between Beacon Health System and Community Hospital of Bremen. She frequently lectures and hosts many residents on their rural family medicine rotations.
- Marion Mahone, MD, is one of Memorial Hospital's Academic Hospitalists who provides inpatient adult medicine. She teaches full time on the staff medicine service on an alternating basis with program alum Matt Reed, MD. She also has taken a leadership role at the residency and in Beacon Health System's work on Diversity, Equity and Inclusion.
- Leah Craft, MD, and Dyllan Tiburzi, MD, both at Beacon Medical Group–Cleveland Road, are amazing models for our residents in how compassionate relationship-building leads to great medical care.
- Rachel Schuster, DO, is a core faculty member at the Residency. She and Tucker Balam, DO, have helped our program achieve ACGME "Osteopathic Recognition" through the ACGME's Osteopathic Principles Committee. This designation is given to programs that demonstrate "a commitment to teaching and assessing osteopathic principles and practices at the graduate medical education level." Dr. Schuster also serves as an administrative leader in our program as the Senior Associate Director. As a new mom, she lives out the ways that physicians can gracefully balance all important roles in life.
- Kate Callaghan, MD, is a core faculty member at the Residency and teaches in the Center for Compassionate Care in Medicine at the University of Notre Dame. She continues to oversee the Care of the Underserved curriculum at the Residency and is the lead faculty for Street Medicine South Bend, our residency outreach program co- developed with recent HSM Fellow, Tori Drzyzga, MD.

Physician advocacy efforts

Physician advocacy remains an important topic in residency training. Our residents continue to “promote the social, economic, educational, and political changes that ameliorate suffering and threats to health and well-being.”¹

This year, our residents and faculty leaned into advocacy areas and implementation medicine.

- Drs. Armounfelder and Callaghan, and many others, participated in local city- and county-related decision-making tied to a low-barrier housing shelter and the medical impacts of being unhoused.
- Dr. Marker continues to be involved with his efforts through the Society of Teachers of Family Medicine, American Academy of Family Physicians and the Indiana Academy of Family Physicians in addition to his duties serving several organizations and boards locally. He is promoting further leadership in the area through his AAFP education on leadership as well as the AAFP on-the-go podcast.
- This year, Dr. Marker introduced our first-year resident Dr. Bawel as “Physician of the Day,” at the state house through the IAFP. They were able to have one-on-one discussions with Indiana state legislators on the decisions impacting our patients and our practice.
- The program also continued our tradition of representation for the Indiana State Medical Association Physician Advocacy Day at the statehouse, with Drs. Romo, Armounfelder, Keiser, Charlton, Mahone, Singh and DuPre. They represented the community and residency on this day dedicated to making a case firsthand for sound health policy in our state.
- Dr. DuPre presented at the STFM annual conference on education on advocacy in residency training.
- Finally, this May, Dr. Daniel Perry became our first resident to complete the ISMA Advocacy Leadership Training Program.

We continue to believe the diverse training our residents have and interaction with the healthcare system in multiple settings, make them the ideal people to be on the frontlines advocating and promoting change.



Dr. Jason Marker (faculty) and Dr. Victoria Bawel (PGY1)

Advocacy Day

The Indiana State Medical Association hosted an annual advocacy day at the state capitol Jan. 16, 2024. This is an opportunity for physicians to meet with state legislators and advocate for healthcare policy. The staff at the ISMA works with legislators to set up meetings between doctors and legislators to discuss important healthcare policy. Drs. Hansel (PGY1), George (PGY3), Drzyzga (PGY3), and DuPre (faculty) journeyed to the statehouse in subzero temps to spend the day advocating with approximately 90 other doctors from around the state. This year focused on thanking legislators for approving the increased Medicaid reimbursement rates in the budget last year. The parties also discussed the burden of increasing prior authorization demands by insurers and gave examples to the lawmakers of the impacts on patients, physicians and health systems.

Dr. DuPre serves as the ISMA District 13 president. He uses the advocacy day as an opportunity to get our resident doctors comfortable discussing healthcare policy with legislators. It is a great introduction on how to leverage the resources of the ISMA to advocate for our patients and the health of our state.

1. Earnest MA, Wong SL, Federico SG. *Perspective: Physician Advocacy: What Is It and How Do We Do It?* Academic Medicine. 2010;85(1):63-67.



Giving back at E. Blair Warner

E. Blair Warner food pantry

In partnership with the Food Bank of Northern Indiana, E. Blair Warner (EBW) continues to provide food staples through our pantry to our patients who experience food insecurity. Additionally, we provide basic hygiene supplies and have expanded our reach by delivering food staple bags to those who are unable to commute to our clinic. We are excited about the renovation of our food pantry and the addition of a freezer. We now offer frozen meals from our local partner, Cultivate Food Rescue, to give out with food bags.

Thanksgiving food drive and holiday giving tree

For many of our patients, the holiday season does not hold the magic that those of us in secure situations associate with this time of year. Each year, EBW associates identify needy patients and provide them with food and gifts. This year, through the generosity of our staff, residents and faculty, we provided Thanksgiving meals for 36 people. For the holidays, we enjoyed shopping for many families and provided gifts on the “wish list” of children and their parents.

Giving back to our patients and families has become a tradition for our program and provides an avenue to connect more fully with the patients and our mission. We remain grateful to our community, health system and foundation in supporting our efforts.



Leadership spotlight

Dr. Randall Suttor Celebrating 26 years of dedication to Memorial Family Medicine Residency

For over a quarter of a century, Dr. Randall Suttor has been a cornerstone of the Memorial Family Medicine Residency Program, shaping generations of family physicians through his steady leadership, clinical expertise and deep commitment to service. A tireless advocate for expanding the breadth of training available to residents, Dr. Suttor was instrumental in launching the residency's OB Fellowship, ensuring that future family physicians would be prepared to care for patients across the reproductive health spectrum with confidence and skill.

Dr. Suttor also championed the development of our international medicine rotation, recognizing the transformative value of global health experiences in shaping compassionate, adaptable physicians. Under his guidance, residents were able to broaden their cultural awareness, clinical perspective and dedication to health equity – both at home and abroad. He was instrumental

in setting up the Global Endowment Fund, which will help to provide financial support

for residents pursuing International educational experiences. This fund has been named in his honor and is now known as the Dr. Randall Suttor Global Endowment Fund.

Known for his humility, wisdom and quiet but powerful influence, Dr. Suttor's leadership has left a lasting legacy. His work has deepened the program's mission and expanded the horizons of every learner fortunate enough to work alongside him. We are grateful for his decades of service and celebrate the indelible mark he has left on our program and the community we serve.



The John Charles Bryant Fellowship

The John Charles Bryant Fellowship is a yearlong post-graduate service opportunity for Notre Dame pre-medical graduates, focusing on primary care and underserved medicine in the South Bend community through the E. Blair Warner Family Medicine Center. This fellowship embodies the values of unconditional service, respect for human dignity and social justice, reflecting the legacy of John Charles Bryant, a dedicated patient and advocate for physician training in South Bend.

Bryant, a descendant of one of South Bend's first African-American families, made significant contributions to the community and chose to receive care at E. Blair Warner clinic to support the education of future physicians. Through this fellowship, we honor his commitment to servant leadership.

The fellowship, which began in May 2023, allows a future physician to gain exposure to medically underserved populations while working in close collaboration with various healthcare professionals. The fellowship includes direct patient care, administrative support for residency projects, and involvement in population health initiatives. One key project is Street Medicine

South Bend (SMSB), where the fellow provides administrative support for outreach clinics and assists with research and grant proposals. The fellowship also supports our food pantry that provided over 930 bags of food to 2,727 individuals in 2024, including regular deliveries to over 20 families. Food drives organized by the fellow collected over 900 items, supplemented by a \$400 donation from a Notre Dame men's dorm and a \$10,000 grant from Wells Fargo.

Additionally, the fellow coordinates initial health screenings for refugees at E. Blair Warner, assisting 129 refugees in 2024 and 33 in early 2025. The fellow also oversees the Notre Dame Volunteer Rooming Assistant Program, training nearly 50 undergraduate volunteers annually. This initiative, funded for future continuation, enhances the clinic's capacity to serve marginalized patients and the South Bend community.



Meagan Moore
JCB Fellow
2024 - 2025

Memorial Family Medicine Residency Program Graduate Medical Education Committee Report

2024–2025 Highlights

Core Values

The program is guided by four foundational principles:

1. Provide the highest quality of education to family medicine residents
2. Provide the best possible medical care and service to patients
3. Improve the health of the community
4. Advance the specialty of family medicine

Accreditation & Recognition

- Fully accredited by the Accreditation Council of Graduate Medical Education (ACGME)
- Awarded continuous osteopathic recognition following a successful site visit in October 2024
- Awaiting notification for the next ACGME site visit under the new randomized schedule

Resident Excellence

- Residents consistently perform above the national average on in-training exams
- Strong evaluations across rotations
- Anticipated 100% board pass rate for PGY3 graduates
- Successfully matched a third class of 10 residents in March 2025
- 2025–2026 will mark the first year with 10 residents in each class

Clinical & Community Engagement

- Residents are integral to inpatient adult medicine, pediatrics and obstetrics teams
- Active participation in hospital committees and morbidity and mortality conferences
- No ACGME citations for patient care
- Outpatient clinic serves an underserved population with chronic conditions and social challenges
- Noon conference curriculum includes common outpatient diagnoses and simulation-based procedures
- Clinic food pantry led by residents, supported through partnerships with local food banks
- Development of a community kitchen to promote healthy, affordable eating

Outreach & Global Health

- Street medicine outreach led by Dr. Katharine Callaghan provides care to individuals experiencing homelessness
 - » Added point-of-care hepatitis C testing through grant support
 - » Collaboration with local FQHC for follow-up and longitudinal care
- Four residents participated in international rotations in Bolivia, Paraguay, Guatemala, Mexico and Kenya
 - » Returning residents present on global health topics during noon conferences

Wellness & Mentorship

- Wellness initiatives well received by residents as indicated by results on internal and ACGME surveys
- Integration of Flex Time (protected work time during inpatient rotations) and opt-out counseling for residents
- Faculty team leader framework supports mentorship and regular wellness check-ins

Medical Student Education

- Residents mentor students from Indiana University South Bend and other institutions
- Hosted 13 students for the “Family Medicine In-Depth” elective
- Launched the “Underrepresented in Medicine” elective, which includes mentorship from a community physician and financial support. Two medical students completed the rotation this year. We have room for three next year!
- Successfully matched one student from the Family Medicine In-Depth elective into the residency program

Faculty Development & Advocacy

- Monthly faculty development sessions on education, quality improvement, wellness and patient care
- Active advocacy at local, state and national levels through AAFP (Dr. Jason Marker) and ISMA (Dr. Matt DuPre)

Program Satisfaction

- Resident and alumni feedback remains highly positive
- Evaluation scores at or above national averages
- High evaluation completion rates reflect strong engagement
- Alumni continue to make meaningful impacts in their communities

Conclusion

The Memorial Hospital Family Medicine Residency Program continues to thrive, driven by the dedication of its residents, faculty and alumni. The program remains committed to excellence in education, patient care, community service and the advancement of family medicine.



Memorial FMR granted continuous osteopathic recognition

In the fall of 2024, Memorial Family Medicine Residency was visited by an Accreditation Council for Graduate Medical Education representative for the osteopathic recognition site visit. The representative spent the morning talking to the osteopathic faculty, residents and Memorial program director, reviewing the osteopathic recognition application, process for evaluating residents and faculty, and osteopathic curriculum.

The ACGME representative then reported back to the Osteopathic Recognition Review Committee who also evaluated numerous highly detailed documents about our osteopathic curriculum, implementation and evaluations. On Jan. 24, 2025, we were notified that Memorial was granted continued recognition! This indicates that our program meets substantial compliance with osteopathic recognition requirements (and we will not need another site

visit for 10 years!). This is an impressive accomplishment given we had just received initial recognition two years ago.

This osteopathic recognition has caught the attention of many medical students interested in continuing their osteopathic education after medical school. Since we received initial osteopathic recognition in 2022, we have graduated four residents with osteopathic recognition, will graduate three more in June, and have welcomed 10 osteopathic residents into the program.

Our osteopathic residents continue to evaluate and treat patients during our monthly Osteopathic Ambulatory Clinic (OAC) where they see on average 8-10 patients. They continue to score above the national average on the annual Clinical Osteopathic Recognition Training Examination (CORTEX).

We hope to attend the American Osteopathic Association-sponsored Osteopathic Medical Education Conference's first-ever residency fair this September in Nashville, where we will highlight our osteopathic curriculum and continue building a strong pipeline of osteopathic students, further embedding osteopathy into our residency culture.



Keith Barkow, MD*Class of 2000*

Dr. Barkow has completed 25 years in private practice. He's in his 23rd year of teaching medical students and approaching 1,000 deliveries. He also continues to do colonoscopies. Dr. Barkow is the proud father of three college graduates and a grandfather of two.

Sarah Davis, MD*Class of 2006*

Dr. Davis is still practicing in Maine, but changed practices this year. She is an Associate Medical Director at Maine Health Mid Coast Family Medicine in Brunswick, Maine.

Beau Dowden, MD*Class of 2006*

Dr. Dowden lives in Fort Gratiot, Michigan. In January 2024, he joined the McLaren Port Huron Family Medicine Residency Program as Core Faculty, and is the Medical Director for its clinic, the McLaren Port Huron Academic Center for Family Medicine. He also shares Pediatric Hospitalist duties with a pediatrician. For two years he was the acting president of the St. Clair County Medical Society and now serves as its Immediate Past President. Dr. Dowden will marry Emily in August and reports that his oldest child just finished her first year of college.

Stuart Black, MD*Class of 2007*

Dr. Black lives in beautiful Nampa, Idaho, has six children and is still practicing full-spectrum family medicine that includes outpatient at a community health center, inpatient medicine, OB and colonoscopies. He is the Medical Director for the St. Alphonsus Family Medicine Hospitalist group and an Associate Program Director of the brand new MSI-St. Alphonsus Family Medicine Residency!

Ryan Berns, MD*Class of 2021*

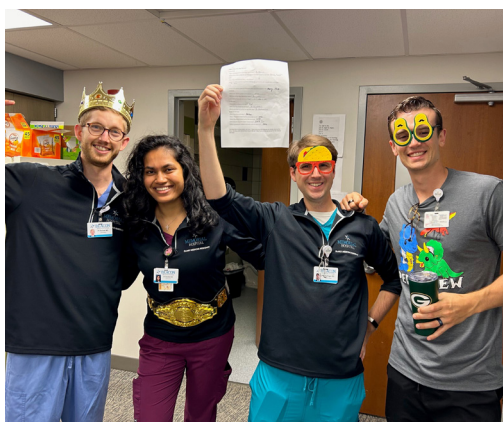
Ryan's mentor, Dr. Jim Ebben, recently retired which meant Ryan was subsequently promoted to Medical Director of Sports Medicine. He now helps oversee and manage the outreach athletic training program at nearly 40 local schools and partner organizations. Ryan's first big hire is sure to make a splash as they welcome Dr. Dan Brannen to the team this summer!

Ethan Schimmoeller, MD*Class of 2024*

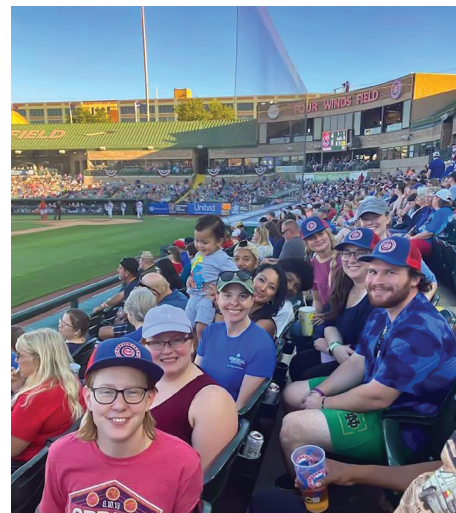
Following graduation, Dr. Schimmoeller moved to Columbus, Ohio, for a hospice and palliative care fellowship. He recently signed for his first job as a palliative care consultant at Riverside Methodist hospital in Columbus Ohio. He and his wife, Carol, welcomed Nina Marigold Schimmoeller as the latest baby into the family.

Alumni News



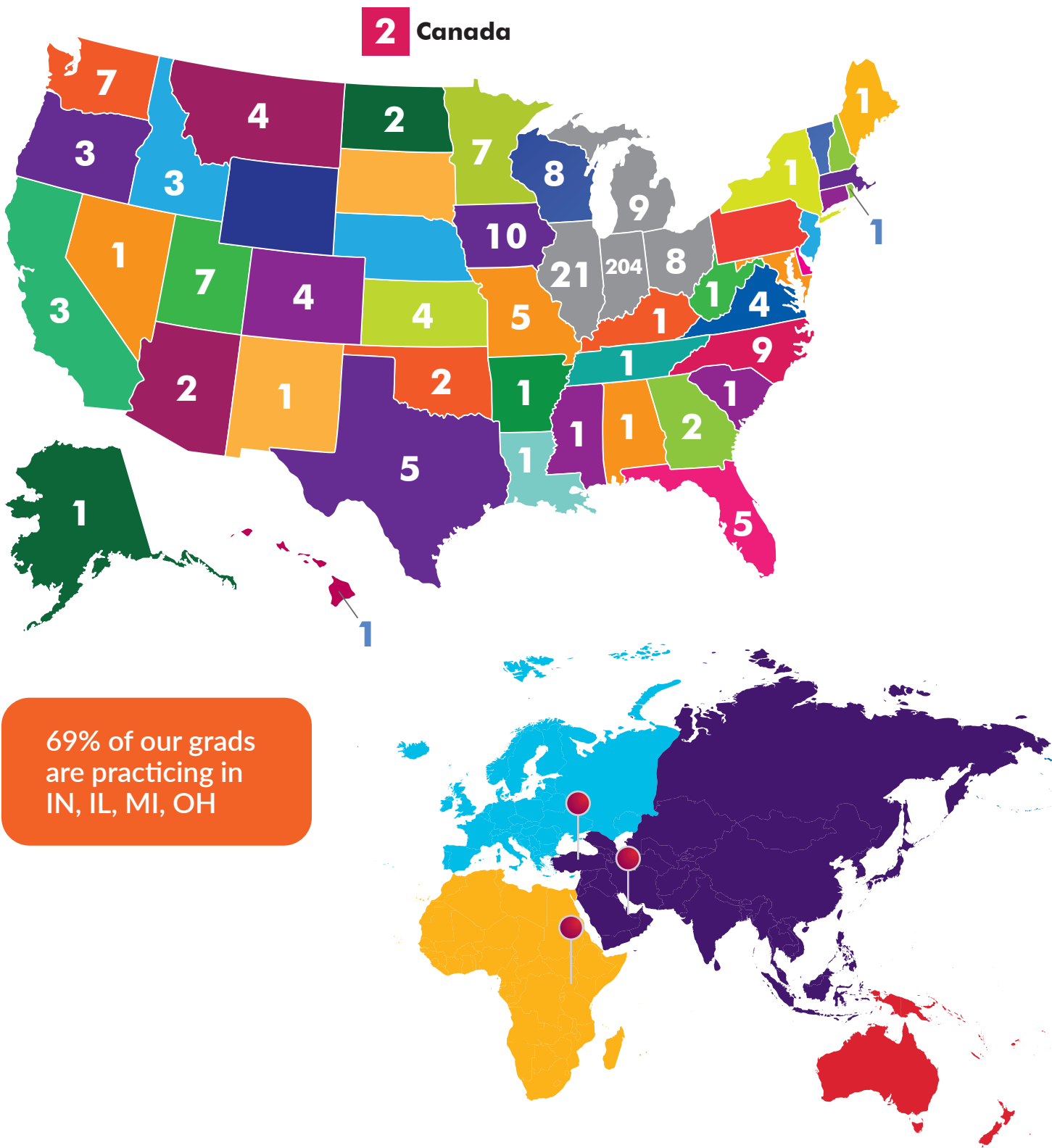


2024-2025 Highlights



Where are they now?

Memorial Family Medicine Residency program graduates





MISSION

**We deliver
outstanding care,
inspire health and
connect with heart.**

VALUES

**Trust
Respect
Integrity
Compassion**

The Family Medicine Residency Program of Memorial Hospital supports the mission of Beacon Health System, and in addition strives to:

- Provide the highest quality of education to family medicine residents
- Provide the best possible medical care and service to our patients
- Advance the specialty of family medicine
- Improve the health of our community